## भारतीय भारोत्तोलन संघ

### **Indian Weightlifting Federation**

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation, Commonwealth Weightlifting Federation and Indian Olympic Association Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



President

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Date: 3 November 2021

File No.: IWLF-2021-2022/YJS/Nls/BBN

All affiliated States & Departmental Boards And Athlete Commission of Indian Weightlifting Federation

Sub.: Invitation for participation of your teams during IWLF Senior (Men & Women), Junior (Men & Women) and Youth (Sub-Junior Boys & Girls) National Weightlifting Championships-2021-22 held at Bhubaneswar, Odisha from 8-16 January 2022.

Dear All,

We are pleased to invite you to participate during IWLF Senior (Men & Women), Junior (Men & Women) and Youth (Sub-Junior Boys & Girls) National Weightlifting Championships-2021-22 held at Bhubaneswar, Odisha from 8-16 January 2022.

TERMS AND CONDITIONS FOR PARTICIPATION, UNDERTAKING (DOPE DECLARATION FORM) ARE APPENDED SEPARATELY. ENTRIES ARE TO BE SUBMITTED VIA EXCEL SHEET ATTACHED SEPARATELY AND ID CARDS VIA LINK - https://devstage.link/iwlf2/athletes/registration/.

You are invited to participate in the Championships. Kindly go through the terms and conditions for participation carefully. Entries of those States whose lifters have not paid the administrative dope penalty charges / other dues to the Federation will not be allowed to participate in above Championships. In case of any Department / State wanted to transfer the fees in the Savings bank account of Indian Weightlifting Federation, the entry has to be made from the bank account of State Association / Department only. No personal account transfers are allowed. It is mandatory to carry RT-PCR COVID-19 negative test report (WITH BARCODE) by participating athletes, team officials and technical officials, test to be carried out within 72-96 hours prior to the arrival at the venue. In absence of negative RT-PCR test report, no participant will be allowed to enter the venue at Bhubaneswar.

All participating States are requested to intimate their arrival / departure details to the Indian Weightlifting Federation via google form. In compliance with the resolutions adopted in Annual General Council Meeting dated 20<sup>th</sup> January 2021, all departmental boards have to arrange for their own boarding & lodging at Bhubaneswar.

Yours Since

[S.H. Anande Gowda]

Secretary General \*

Encl. as above

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# INDIAN WEIGHTLIFTING FEDERATION NOIDA

# TERMS AND CONDITIONS FOR PARTICIPATION IN IWLF SENIOR (MEN & WOMEN), JUNIOR (MEN & WOMEN) AND YOUTH (SUBJUNIOR BOYS & GIRLS) NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2021-22 AT BHUBANESWAR, ODISHA FROM 8-16 JANUARY 2022

1.	Dates	:	8-16 January 2022			
2.	Arrival at Bhubaneswar	:	8-1-2022 afternoon			
3.	Departure from Bhubaneswar	:	16-1-2022 night /	17-1-2022 morning		
				& Lodging facilities will be provided to pards (namely FCI, AIPSCB, RSPB & SSCB)		
4.	Verification of final entries and meeting of Technical Officials	:	5:00 p.m. on 8-1- 6:00 p.m. on 8-1-	-2022		
5.	Last date of receipt of entries and fees	:				
			From 9-12-2021 to 20-12-2021 @Rs. 2,000/- per athlete fo Rs. 1400/- per athlete for Youth and Junior, Team officia 2,000/- per person.  From 21-12-2021 to 31-12-2021 @Rs. 2,500/- per athlete for Youth and Junior, Team @ Rs. 2,500/- per person.			
			ID Card fee – Rs. 800 per card Inter-State transfer fee – Rs. 200 per athlete Anti-Doping fee – Rs. 300 per athlete			
6.	Annual renewal fee	:	Rs. 15,000/- (Rupees Fifteen Thousand only) for States and Rs. 50,000/- (Rupees Fifty Thousand only) for Departmental Boards with surcharge of Rs. 500/- per month from 1 <sup>st</sup> July 2021 onwards for those States who have not paid the annual renewal fee for the year 2021-22 upto 30.06.2021.			
7.	Weight Categories	:	Youth (Sub-Jr. Boys)	49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg and +102 kg		
			Youth (Sub-Jr. Girls)	40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg and +81 kg		
			Jr. (Men)	55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg		
			Jr. (Women)	45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg		
			Sr. (Men)	55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg		
			Sr. (Women)	45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg		
8.	Athlete's age for participation Youth (Sub-Jr. Boys & Girls)	:	along with Medical Age parameters between 13 to 17 years.			
	Junior (Men & Women)	ween 1 <sup>st</sup> January 2001 and 31 <sup>st</sup> December 2006 al Age parameters between 15 to 20 years.				
	Senior (Men & Women)		Aunetes born on o	or before 31 <sup>st</sup> December 2006.		



#### 9. MINIMUM QUALIFYING STANDARDS:-

Youth Boys	49	55	61	67	73	81	89	96	102	+102
Snatch	62	66	80	85	88	85	90	85	90	90
Clean & Jerk	85	96	103	118	115	110	110	110	115	116
Total	147	162	183	203	203	195	200	195	205	206
Youth Girls	40	45	49	55	59	64	71	76	81	+81
Snatch	27	35	50	52	50	45	43	46	48	48
Clean & Jerk	37	47	62	63	60	55	55	58	57	58
Total	64	82	112	115	110	100	98	104	105	106
Junior Men	55	61	67	73	81	89	96	102	109	+109
Snatch	84	90	95	100	105	106	106	100	100	100
Clean & Jerk	112	120	130	130	135	136	137	135	132	133
Total	196	210	225	230	240	242	243	235	232	233
Junior Women	45	49	55	59	64	71	76	81	87	+87
Snatch	47	51	55	58	60	58	59	61	55	57
Clean & Jerk	64	69	75	76	79	79	79	78	78	78
Total	111	120	130	134	139	137	138	139	133	135
Senior Men	55	61	67	73	81	89	96	102	109	+109
Snatch	88	93	98	103	107	110	115	117	120	125
Clean & Jerk	110	120	130	132	136	140	140	143	145	150
Total	198	213	228	235	243	250	255	260	265	275
Senior Women	45	49	55	59	64	71	76	81	87	+87
Snatch	52	56	62	66	68	72	75	76	77	78
Clean & Jerk	68	71	78	82	84	86	90	92	94	96
Total	120	127	140	148	152	158	165	168	171	174

Please note that 20 kg rule will be applicable above the minimum qualifying standard in each body weight category.

<u>N.B.:-</u> If any State Association does not qualify with the minimum starting weight in any weight category whatsoever, such State Associations will be allowed with 1 WILD Card Entry – 1 athlete in Senior Men, 1 athlete in Senior Women, 1 athlete in Junior Men, 1 athlete in Junior Women, 1 athletes in Youth Boys and 1 athlete in Youth Girls.

#### Maximum no. of entries from a participating State

Youth Boys
- 10 athletes + 2 Reserves
Youth Girls
- 10 athletes + 2 Reserves
Junior Men
- 10 athletes + 2 Reserves
Junior Women
- 10 athletes + 2 Reserves
Senior Men
- 10 athletes + 2 Reserves
Senior Women
- 10 athletes + 2 Reserves
Senior Women
- 10 athletes + 2 Reserves

<u>Team Officials</u> - Quota of maximum 6 team officials per team are allowed due to COVID-19 situation.

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 $10. \qquad Arrival \ / \ departure \ details \ to \ be \ submitted \ online \ via \ \underline{https://docs.google.com/forms/d/e/1FAIpQLScIIWU\_Gha3KjLEa3JSqKEdY4cHyQezPRmc1NjC8qr} \ \underline{bRpa53Q/viewform?usp=sf\_link}.$ 

11.	Venue of Championships	:	Kalinga Institute of Industrial Technology, KIIT Road, Patia, Bhubaneswar, Odisha 751024
12.	Accommodation		,
	For Women	:	Hostels and guest houses at Bhubaneswar
	For Men	:	Hostels and guest houses at Bhubaneswar
	For Officials	:	Hotels
13.	Catering	:	Central catering at the venue of the Competition
14.	Whereabout Information	:	To be submitted as per link – https://docs.google.com/forms/d/e/1FAIpQLSf0SsY7XVZ7SnH-Q-GFLUJd-Swub977qJMbaGo3w IDDMFGcA/viewform?usp=sf link
15.	Submission of Age Estimation Certificate along with Aadhar Card		As per Ministry of Youth Affairs & Sports, Government of India guidelines on Age Genuineness in sports, particularly for Youth & Junior athletes, it is mandatory to submit the Age Estimation Certificate in the prescribed proforma along with the Entry form from registered medical centre / hospital earmarked by Sports Authority of India across INDIA. Original Date of Birth Certificates and Aadhar cards will be submitted to the Federation office.  Those competitors already registered with the Federation and has been issued new I.D. Cards as per medical age will need not resubmit the Age Estimation Certificate. Copy of Aadhar card of athletes is mandatory to be submitted for issuance of fresh I.D. cards as per guidelines.
16.	DOPE TEST	:	The National Anti-Doping Agency (NADA) team will collect the samples for Dope Test
17.	UNDERTAKING / DOPE DECLARATION FORM	:	Undertaking / Dope Declaration form signed by the lifter mentioning I.D. Card no., complete address with pin code, telephone, email, fax, duly countersigned by the Coach & the State Secretary to be submitted at the time of weigh-in at the Competition.
18.	WEATHER / CLIMATE	:	Pleasant weather. Temperature ranging between 25 to 30 degrees.

#### 19. MISCELLANEOUS CONDITIONS:-

- (i) All participants must carry negative RT-PCR test report (with bar code) to be done 96-72 hours prior to their arrival at Bhubaneswar. No participant (athlete, team official or technical official or otherwise) will be allowed to enter the competition venue and accommodation place at Bhubaneswar.
- (ii) Those athletes with age between 18-20 years have won GOLD medals in Bodh Gaya and Patiala Junior National Weightlifting Championships are not eligible to participate in IWLF Junior (Men & Women) National Weightlifting Championships-2021-22, list attached separately.
- (iii) Entries to be submitted online via EXCEL SHEET file attached separately.
- (iv) It will be mandatory to mention in the Entry form the name of **COACH** of each lifter who has been training a lifter atleast for last 3 months. Remarks as "Self training" are untenable.
- (v) The <u>20 kg rule</u> will apply for both Men & Women. It is mandatory to mention minimum entry total in the Entry Forms.
- (vi) Wherever the athletes will participate in all 3 events, the minimum qualifying standard of Senior will apply whereas if the athlete will participate in both Senior & Junior, the minimum qualifying standard of Senior section will apply and if the athlete will participate in both Junior & Youth, the minimum qualifying standard of Junior section will apply.
- (vii) Incomplete entry forms in any regard will not be entertained.

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- (viii) It is the <u>responsibility of the Secretary</u> of each affiliated unit <u>to educate their respective lifters</u> about consequences of use of <u>banned / prohibited drugs</u> and the <u>sanctions set forth in the Anti-Doping Policy of Indian Weightlifting Federation</u>. The NADA / WADA rules for BAN are applicable for both out-of-competition and in-competition. BAN on <u>first offence is 4 years</u> and for <u>second offence 8 years / LIFE BAN</u>.
- (ix) For **re-admission to National Championships** / **activities** after the first offence, a lifter who has tested positive and has completed suspension period will have to submit his / her Whereabout Information to Indian Weightlifting Federation for 3 months immediately preceding and succeeding the expiry of suspension date, at least 45 days in advance preceding the expiry period of suspension date. No such provision for the second offence.
- (x) The **MEDALS** will be distributed for TOTAL event only.
- (xi) The <u>DIPLOMA</u> for first 3 places in total in each body weight category will only be distributed after the results and completion of dope test and Appeals by National Anti-Doping Agency, New Delhi is informed to the Federation.
- (xii) The <u>PARTICIPATION CERTIFICATE</u> will be awarded only to those athletes who will pass atleast 1 lift within 3 attempts of Snatch during the Championships and who are in possession of Athlete ID Cards of the Federation. Athletes failing all the lifts of Snatch will not be given the Participation Certificates for the Championships.
- (xiii) No <u>Inter-State transfers</u> are allowed except for competitors residing / employed in other States in above Championships, the name of the competitor must be registered with the Federation also from his / her native State or from the State where he / she has been residing / working for a period of atleast six months prior to the start of the Championships, along with stipulated fee otherwise he / she will not be eligible to participate. Application for such cases may be applied to office of the Federation latest by 8-12-2021 with transfer fee of Rs. 200/- in each case accompanied by "No *Objection Certificate*" from affiliated departmental Sports Boards. There will be no exception on this.
- (xiv) Application for issue of fresh I.D. Cards may be sent through respective Unit General Secretaries to be submitted online via <a href="https://devstage.link/iwlf2/athletes/registration/">https://devstage.link/iwlf2/athletes/registration/</a> as per prescribed format along with relevant documents and fee of Rs. 800/- per I.D. Card latest by 8-12-2021 ONLINE. The Age Certificate given by the designated Doctor will be treated as athlete's actual age parameter range. NO ATHLETE WILL BE ALLOWED TO PARTICIPATE WITHOUT POSSESSION OF ATHLETE ID CARDS ISSUED BY THE FEDERATION AT THE TIME OF BODY WEIGHT. Those athletes who will not submit their Age Estimation Forms (applicable to Junior and Youth section only) to the Federation office on or before 8.12.2021 are not allowed to participate.
- (xv) NO ON-THE-SPOT I.D. CARDS WILL BE ISSUED. There will be no exception on this.
- (xvi) For issue of <u>Duplicate I.D. Cards</u>, application may be sent to Indian Weightlifting Federation office latest by 8-12-2021 <u>accompanied by true copy of FIR lodged</u> with local Police Station mentioning old I.D. Card number and other details online. Duplicate card fee Rs. 800/-.
- (xvii) Any participant who has not competed from his earlier registered State for 2 years or more is entitled to seek affiliation from a new State with due process of registration and application for the adopting State Association without the formality of NOC from the previous State. All such registration will be entertained only if the concerned lifter is bonafide / employees in the borrowing State for more than 6 months before start of the Championships or his adopting State have NO OUTSTANDINGS.
- (xviii) <u>AFFILIATE UNITS WITH ANY OUTSTANDING ON DOPE PENALTY OR OTHERWISE WILL NOT BE ELIGIBLE FOR PARTICIPATION.</u>
- (xix) All affiliated units are advised to send the requisite fees through bank transfer from the designated bank accounts of their State Associations, no personal account transaction will be allowed and will be treated as NULL and VOID for participation during the Championships.

[S.H. ANANDE GOWDA]
Secretary General

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Indian Weightlifting Federation

## UNDERTAKING DOPE DECLARATION FORM

I,		representing _		
participating in (Men & Women)	kg weight category in and Youth (Sub-Junio	<u>IWLF Senio</u> r Boys & Gi	o <u>r (Men &amp; Wo</u> irls) National	<u>men), Junior</u> Weightlifting
<b>Championships-20</b>	<u>021-22 held at Bhubane</u>	eswar, Odish	<u>a from 8-16 J</u>	<u>anuary 2022</u>
LATEST WADA /	certify on oath that I am a NADA code and state	with full res	ponsibility that	at I have not
consumed any bar	nned substance and that	l am absolut	ely free from b	anned drugs.
same and shall be lia	e dope test at the above Cha ble for all consequences aris es / Policy of Indian Weigl	sing out of my	positive dope test	t as provided in
am responsible for to be present in i	duty to ensure that no property of the control of t	nce or its Mo y, it is not n	etabolites or M ecessary that	larkers found intent, fault,
	stand the contents of this u / Secretary of my State Asso			
Name (in Block letters)	Address	IWLF ID Card No.	Mobile / Tel / Fax	Email
Aadhar Card no.		Signature	of Athlete:	•••••
(Enclose copy)		State / Uni	it:	•••••
	<u>Certifie</u>	<u>d by:-</u>		
National Anti-Doping above trainee. I supp	regulations of Anti-Doping g Agency and is aware of the port and abide by the sanc l Anti-Doping Agency in case	Policy of Inc e consequences tions imposed	of use of banned on me by India	g Federation / l drug(s) by my n Weightlifting
Countersigned:	••••••			
Name of Coach:	•••••	Mol	oile no	•••••
true and correct. I v thereof. I undertake positive dope test ca of the State Associa	Verified & Control of the control of	this Undertakt discrepancy for discrepancy for e dope penalt ity within 30 co pation in any	found in this for y charges of Rs lays and accept t future Champio	rm and actions 5. 50,000/- per the suspension onship(s) as an
			•••••	[Secretary]
Dated:		State / With	<sup>/</sup> Unit seal	
<b>Duttu</b>	•••••	** 1411	SCHI	

#### **PAYMENT FORM**

(To be filled in as per actual)

ANNUAL RENEWAL FEE (2021-22) [STATES] ANNUAL RENEWAL FEE (2021-22) [BOARDS] SURCHARGE Rs. 15,000/-Rs. 50,000/-

Rs.

#### NAME OF STATE ASSOCIATION / DEPARTMENTAL BOARD

S.No.	Details	No. of Entries	Entry fee upto 8.12.21 @	Late Entry fee upto 20.12.21 @	Late Entry fee upto 31.12.21 @	Anti-Dopjng fee @	I. Card fee @	Inter-State tranfer fee @
1	YOUTH BOYS	X	Rs. 700	Rs. 1,400	Rs. 1,750	Rs. 300	Rs. 800	Rs. 200
2	YOUTH GIRLS	X	Rs. 700	Rs. 1,400	Rs. 1,750	Rs. 300	Rs. 800	Rs. 200
3	JUNIOR MEN	X	Rs. 700	Rs. 1,400	Rs. 1,750	Rs. 300	Rs. 800	Rs. 200
4	JUNIOR WOMEN	X	Rs. 700	Rs. 1,400	Rs. 1,750	Rs. 300	Rs. 800	Rs. 200
5	SENIOR MEN	X	Rs. 1,000	Rs. 2,000	Rs. 2,500	Rs. 300	Rs. 800	Rs. 200
6	SENIOR WOMEN	х	Rs. 1,000	Rs. 2,000	Rs. 2,500	Rs. 300	Rs. 800	Rs. 200
7	OFFICIALS	X	Rs. 1,000	Rs. 2,000	Rs. 2,500			

#### **PAYMENT DETAILS**

A	Total entry fee deposited	
В	Total Anti-Doping fee deposited	
С	Total I.Card / Duplicate I. Card fee deposited	
D	Annual renewal fee deposited	
Е	Surcharge on Annual renewal fee deposited	
F	Inter-State Transfer fee deposited	

Total Amount (A+B+C+D+E+F)

MODE OF PAYMENT

DEMAND DRAFT NO.	DRAWN ON	DATE

Name of General Secretary

Signature & Seal

#### Ineligible athletes for participation during IWLF Junior National Weightlifting

Championshisp at Bhubaneswar from 8-16 January 2022

S.No.	Name of athlete	Section	Gender	Wt. Cat.	State	Nationals
1	Ragala Varun	Junior	Men	71 kg	A.P.	Bodh Gaya
2	Charu Pesi	Junior	Men	61 kg	ARN	Patiala
3	Markio Tario	Junior	Men	67 kg	ARN	Bodh Gaya
4	Sidhanta Gogoi	Junior	Men	61 kg	ASM	Bodh Gaya
5	Subhash Lahre	Junior	Men	67 kg	C.G.	Patiala
6	Vanshita Verma	Junior	Women	76 kg	CHD	Patiala
7	Veerjet Kaur	Junior	Women	49 kg	CHD	Bodh Gaya
8	Nitesh Tanwar	Junior	Men	73 kg	HRN	Patiala
9	Komal Kohar	Junior	Women	45 kg	HRN	Patiala
10	Muskan Singh	Junior	Women	+87 kg	HRN	Patiala
11	Gurmeet	Junior	Men	96 kg	HRN	Bodh Gaya
12	Usha. S.R	Junior	Women	87 kg	KRN	Patiala
13	Akshata Kamati	Junior	Women	81 kg	KRN	Bodh Gaya
14	Sanket Sargar	Junior	Men	55 kg	MHR	Patiala
15	Abhishek Nipane	Junior	Men	81 kg	MHR	Patiala
16	Vaishnav Thakur	Junior	Men	96 kg	MHR	Patiala
17	Chirag Waghawale	Junior	Men	102 kg	MHR	Patiala
18	Snehal Bhongale	Junior	Women	+87 kg	MHR	Bodh Gaya
19	Y. Shilheinganbi	Junior	Women	64 kg	MNP	Bodh Gaya
20	Sneha Soren	Junior	Women	55 kg	ORS	Patiala
21	Muna Nayak	Junior	Men	55 kg	ORS	Bodh Gaya
22	Gagandeep Gill	Junior	Men	109 kg	PUN	Patiala
23	Avinash	Junior	Men	+109 kg	PUN	Bodh Gaya
24	Anjali Joshi	Junior	Women	76 kg	PUN	Bodh Gaya
25	N.Jamaludeen	Junior	Men	89 kg	TND	Patiala
26	S.Rudramayan	Junior	Men	+109 kg	TND	Patiala
27	S. Lokchand	Junior	Men	89 kg	TND	Bodh Gaya
28	Saloni Singh	Junior	Women	59 kg	U.P.	Patiala
29	Komal Khan	Junior	Women	64 kg	U.P.	Patiala
30	Pradeep Kumar Yadav	Junior	Men	102 kg	U.P.	Bodh Gaya
31	Abhishek	Junior	Men	109 kg	U.P.	Bodh Gaya
32	Shivangi Singh	Junior	Women	87 kg	U.P.	Bodh Gaya
33	Shrabani Das	Junior	Women	55 kg	W.B.	Bodh Gaya

[S.H. ANANDE GOWDA]

SECRETARY GENERAL Indian Weightlifting Federation