

**16TH NATIONAL YOUTH (BOYS & GIRLS) WEIGHTLIFTING CHAMPIONSHIPS-2020-21
HELD AT SPORTS AUTHORITY OF INDIA, NS NIS, PATIALA FROM 10-12 AUGUST 2021**

| S.No. | Lot | Name | Section | Gender | Cat. | B.W. | Team | Year of Birth | Snatch | | | | Clean&Jerk | | | | Total | Rank |
|-------|-----|-----------------------|---------|--------|-------|--------|------|---------------|--------|-------|-------|-----|------------|-------|-------|-----|-------|------|
| | | | | | | | | | 1 | 2 | 3 | Max | 1 | 2 | 3 | Max | | |
| 1 | 102 | N. Tomchou Meetei | Youth | Men | 49 kg | 49.000 | MNP | 2006 | (80) | 80 | 83 | 83 | 100 | (105) | 105 | 105 | 188 | 1 |
| 2 | 108 | Tadar Taging | Youth | Men | 49 kg | 48.300 | ARN | 2004 | 74 | (76) | 76 | 76 | 93 | 96 | 98 | 98 | 174 | 2 |
| 3 | 281 | Vijay Prajapati | Youth | Men | 49 kg | 48.900 | M.P. | 2005 | (77) | 77 | (79) | 77 | (95) | (95) | 95 | 95 | 172 | 3 |
| 4 | 58 | Vaibhav Swami | Youth | Men | 49 kg | 48.500 | U.P. | 2007 | 73 | 76 | 79 | 79 | (87) | 87 | 90 | 90 | 169 | 4 |
| 5 | 287 | D.G.Veeresh | Youth | Men | 49 kg | 48.800 | A.P. | 2005 | (73) | 73 | 77 | 77 | 88 | 92 | (94) | 92 | 169 | 5 |
| 6 | 44 | Vicky Nath | Youth | Men | 49 kg | 48.900 | M.P. | 2004 | (73) | 73 | 75 | 75 | 87 | (90) | (91) | 87 | 162 | 6 |
| 7 | 192 | S.Guru Naidu | Youth | Men | 55 kg | 54.700 | A.P. | 2006 | 90 | 94 | 98 | 98 | 115 | (120) | 120 | 120 | 218 | 1 |
| 8 | 286 | Mukund Aher | Youth | Men | 55 kg | 52.420 | MHR | 2003 | (93) | 93 | 96 | 96 | 115 | (118) | (118) | 115 | 211 | 2 |
| 9 | 37 | Golom Tinku | Youth | Men | 55 kg | 54.900 | ARN | 2006 | 85 | 87 | (91) | 87 | 110 | 117 | (123) | 117 | 204 | 3 |
| 10 | 165 | Himanshu Mahaswari | Youth | Men | 55 kg | 54.700 | U.P. | 2003 | (91) | 91 | 94 | 94 | (106) | 106 | (111) | 106 | 200 | 4 |
| 11 | 46 | Raja Bharti | Youth | Men | 55 kg | 53.850 | C.G. | 2003 | 83 | 86 | 90 | 90 | 103 | 107 | (115) | 107 | 197 | 5 |
| 12 | 272 | Chera Tania | Youth | Men | 55 kg | 54.560 | ARN | 2005 | (80) | (80) | 80 | 80 | 110 | 114 | (120) | 114 | 194 | 6 |
| 13 | 220 | K.Anil Kumar | Youth | Men | 55 kg | 54.900 | A.P. | 2005 | 75 | 82 | 85 | 85 | 105 | (108) | (108) | 105 | 190 | 7 |
| 14 | 129 | Krushna Chandra Nayak | Youth | Men | 55 kg | 54.850 | ORS | 2003 | 75 | 79 | 82 | 82 | 98 | (102) | (102) | 98 | 180 | 8 |
| 15 | 96 | Sushil | Youth | Men | 55 kg | 54.010 | GOA | 2005 | 75 | 80 | (84) | 80 | 96 | (99) | 99 | 99 | 179 | 9 |
| 16 | 27 | Sahil | Youth | Men | 55 kg | 54.900 | PUN | 2003 | 76 | 80 | 83 | 83 | 96 | (102) | (102) | 96 | 179 | 10 |
| 17 | 352 | Hansraj Markanday | Youth | Men | 55 kg | 52.900 | C.G. | 2005 | 75 | 78 | (80) | 78 | 96 | (98) | 98 | 98 | 176 | 11 |
| 18 | 74 | Vanlaruata | Youth | Men | 55 kg | 55.000 | MIZ | 2005 | 75 | 79 | (82) | 79 | 96 | (100) | (100) | 96 | 175 | 12 |
| 19 | 309 | Patta Mahesh | Youth | Men | 55 kg | 53.000 | PON | 2003 | 75 | 79 | (83) | 79 | 96 | (100) | (100) | 96 | 175 | 13 |
| 20 | 207 | Mukesh Wika | Youth | Men | 55 kg | 54.950 | ORS | 2006 | (75) | 75 | (77) | 75 | (96) | 96 | (102) | 96 | 171 | 14 |
| 21 | 16 | Md. Zulfequar Ali | Youth | Men | 55 kg | 54.040 | BHR | 2005 | (75) | 75 | (78) | 75 | (96) | (96) | - | - | - | - |
| 22 | 179 | D. Chiranjeevi | Youth | Men | 55 kg | 54.200 | TEL | 2006 | 75 | (78) | (78) | 75 | (96) | (96) | (96) | - | - | - |
| 23 | 157 | Bengia Tani | Youth | Men | 61 kg | 60.260 | ARN | 2004 | 98 | 102 | 105 | 105 | 128 | (133) | 135 | 135 | 240 | 1 |
| 24 | 256 | T.Madhavan | Youth | Men | 61 kg | 57.600 | TND | 2004 | 100 | 104 | 107 | 107 | 120 | 124 | 129 | 129 | 236 | 2 |
| 25 | 69 | Shankar Lapung | Youth | Men | 61 kg | 60.440 | ARN | 2004 | 101 | 105 | 109 | 109 | 126 | (133) | (133) | 126 | 235 | 3 |
| 26 | 100 | Probal Pratim Gogoi | Youth | Men | 61 kg | 60.800 | ASM | 2004 | 100 | (105) | (106) | 100 | 116 | 121 | (130) | 121 | 221 | 4 |
| 27 | 317 | Sachin Panwar | Youth | Men | 61 kg | 60.940 | M.P. | 2004 | 92 | 96 | (99) | 96 | 119 | 125 | (132) | 125 | 221 | 5 |
| 28 | 42 | Sadananda Bariha | Youth | Men | 61 kg | 60.390 | ORS | 2006 | (90) | 91 | (95) | 91 | 115 | (118) | (118) | 115 | 206 | 6 |
| 29 | 79 | Rishabh (WC) | Youth | Men | 61 kg | 59.300 | U.P. | 2004 | 72 | 77 | 82 | 82 | 90 | (95) | (97) | 90 | 172 | 7 |
| 30 | 15 | Harsh Vardhan (WC) | Youth | Men | 61 kg | 59.560 | JKD | 2007 | 68 | (72) | 74 | 74 | 78 | (84) | 87 | 87 | 161 | 8 |
| 31 | 316 | Aniruddha Nipane | Youth | Men | 67 kg | 66.420 | MHR | 2003 | 108 | 111 | (114) | 111 | 134 | 137 | 140 | 140 | 251 | 1 |
| 32 | 135 | B.Venkata Krishna | Youth | Men | 67 kg | 66.430 | A.P. | 2006 | 100 | 104 | 107 | 107 | 126 | 130 | 133 | 133 | 240 | 2 |
| 33 | 198 | Kuldeep Sahu | Youth | Men | 67 kg | 66.920 | ORS | 2004 | (105) | 105 | 108 | 108 | 126 | 130 | (135) | 130 | 238 | 3 |
| 34 | 106 | Silvan Beihrothatlo | Youth | Men | 67 kg | 63.900 | MIZ | 2004 | 95 | 101 | 103 | 103 | (130) | 132 | (138) | 132 | 235 | 4 |
| 35 | 329 | Prabhat Jhodia | Youth | Men | 67 kg | 66.000 | ORS | 2005 | (89) | 89 | 95 | 95 | 120 | 131 | (135) | 131 | 226 | 5 |
| 36 | 288 | R.Rambabu | Youth | Men | 67 kg | 66.400 | A.P. | 2003 | 91 | 96 | 100 | 100 | 120 | (125) | 125 | 125 | 225 | 6 |
| 37 | 19 | Kallol Mal | Youth | Men | 67 kg | 65.800 | WB | 2005 | 90 | 93 | (96) | 93 | (118) | 118 | (122) | 118 | 211 | 7 |
| 38 | 41 | Niraj Pradhan | Youth | Men | 67 kg | 66.300 | ASM | 2005 | (91) | (91) | 93 | 93 | (118) | (120) | (120) | - | - | - |
| 39 | 174 | V.Ramu | Youth | Men | 73 kg | 72.600 | A.P. | 2006 | 105 | 109 | 111 | 111 | 130 | 135 | (139) | 135 | 246 | 1 |
| 40 | 105 | Shiva Choudhary | Youth | Men | 73 kg | 72.000 | DEL | 2004 | 105 | 109 | 110 | 110 | 130 | (134) | 134 | 134 | 244 | 2 |
| 41 | 222 | Kush Choudhary | Youth | Men | 73 kg | 72.520 | M.P. | 2005 | 105 | (109) | (109) | 105 | 128 | (133) | 133 | 133 | 238 | 3 |
| 42 | 310 | Lalruatfela | Youth | Men | 73 kg | 71.700 | MIZ | 2006 | - | - | - | - | - | - | - | - | - | - |
| 43 | 187 | Valluri Ajaya Babu | Youth | Men | 81 kg | 77.940 | M.P. | 2004 | (118) | (118) | 118 | 118 | 146 | 152 | (157) | 152 | 270 | 1 |
| 44 | 51 | G.Ravi Sankar | Youth | Men | 81 kg | 79.550 | A.P. | 2004 | 105 | (110) | 110 | 110 | 135 | (144) | 144 | 144 | 254 | 2 |
| 45 | 195 | Siddhant Binde | Youth | Men | 81 kg | 80.120 | MHR | 2003 | 105 | 108 | 111 | 111 | 135 | 140 | (145) | 140 | 251 | 3 |
| 46 | 113 | Akash Kumar | Youth | Men | 81 kg | 79.920 | U.P. | 2004 | 100 | (105) | 105 | 105 | (122) | 122 | (126) | 122 | 227 | 4 |

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|-------|-----|--------------------------------|---------|--------|---------|---------|------|---------------|--------|-------|-------|-----|------------|-------|-------|-----|-------|------|
| | | | | | | | | | 1 | 2 | 3 | Max | 1 | 2 | 3 | Max | | |
| 47 | 31 | Sharwan | Youth | Men | 81 kg | 79.570 | M.P. | 2004 | 100 | 105 | 108 | 108 | (125) | (125) | (125) | - | - | |
| 48 | 302 | M.Ashok | Youth | Men | 81 kg | 79.820 | A.P. | 2003 | 110 | (116) | (116) | 110 | (140) | (140) | (140) | - | - | |
| 49 | 217 | Suditya Baruah | Youth | Men | 89 kg | 86.360 | ASM | 2004 | 112 | 116 | 120 | 120 | 151 | 158 | 163 | 163 | 283 | 1 |
| 50 | 219 | Sk.Lal.Basheer | Youth | Men | 89 kg | 88.700 | A.P. | 2004 | 110 | 114 | 118 | 118 | 135 | 145 | (154) | 145 | 263 | 2 |
| 51 | 311 | Sanover | Youth | Men | 89 kg | 85.400 | U.P. | 2003 | 103 | 106 | 108 | 108 | (133) | 133 | 137 | 137 | 245 | 3 |
| 52 | 265 | Sayan Mallick | Youth | Men | 89 kg | 84.300 | WB | 2003 | (96) | 96 | 101 | 101 | 125 | (130) | 130 | 130 | 231 | 4 |
| 53 | 115 | Abhay Kataria | Youth | Men | 89 kg | 82.200 | DEL | 2004 | 95 | 98 | (101) | 98 | 120 | 125 | 129 | 129 | 227 | 5 |
| 54 | 285 | Harsh | Youth | Men | 89 kg | 86.450 | HRN | 2004 | 97 | 102 | (106) | 102 | 118 | 123 | (130) | 123 | 225 | 6 |
| 55 | 59 | Vishwajeet Kumar | Youth | Men | 89 kg | 83.100 | BHR | 2003 | (95) | (95) | 95 | 95 | (116) | 116 | (120) | 116 | 211 | 7 |
| 56 | 92 | Priyanshu Raj | Youth | Men | 89 kg | 87.450 | BHR | 2006 | 90 | (93) | 93 | 93 | (116) | 116 | (120) | 116 | 209 | 8 |
| 57 | 337 | B.Harish | Youth | Men | 96 kg | 89.200 | TND | 2003 | 107 | 114 | (120) | 114 | 143 | 150 | 155 | 155 | 269 | 1 |
| 58 | 261 | Punit Chandra Sahu | Youth | Men | 96 kg | 92.450 | ORS | 2003 | (99) | 103 | (109) | 103 | 140 | 147 | 155 | 155 | 258 | 2 |
| 59 | 254 | Ritesh Mhaisale | Youth | Men | 96 kg | 94.100 | MHR | 2003 | (107) | 107 | (110) | 107 | (136) | 136 | 142 | 142 | 249 | 3 |
| 60 | 12 | Swayam | Youth | Men | 96 kg | 90.100 | M.P. | 2004 | 105 | 108 | 111 | 111 | 130 | 137 | (142) | 137 | 248 | 4 |
| 61 | 211 | Bhola Singh | Youth | Men | 96 kg | 94.880 | BHR | 2004 | 106 | 109 | (112) | 109 | 133 | (138) | (139) | 133 | 242 | 5 |
| 62 | 34 | Aryan | Youth | Men | 96 kg | 93.570 | HRN | 2006 | 103 | (107) | (107) | 103 | 123 | 127 | (130) | 127 | 230 | 6 |
| 63 | 164 | Harkaran Singh | Youth | Men | 96 kg | 92.130 | PUN | 2004 | (95) | 95 | 99 | 99 | 122 | 128 | (138) | 128 | 227 | 7 |
| 64 | 5 | Yogesh Sharma | Youth | Men | 96 kg | 90.720 | U.P. | 2003 | (100) | (100) | 100 | 100 | 110 | 115 | 123 | 123 | 223 | 8 |
| 65 | 144 | Keshav Bissa | Youth | Men | 96 kg | 94.640 | RAJ | 2005 | 97 | 102 | (105) | 102 | 111 | 116 | 120 | 120 | 222 | 9 |
| 66 | 353 | Kapil Sonowal | Youth | Men | 96 kg | 90.500 | ASM | 2006 | 97 | 102 | (106) | 102 | 117 | (122) | (122) | 117 | 219 | 10 |
| 67 | 2 | Suvansh Thakur | Youth | Men | 96 kg | 89.400 | H.P. | 2005 | (90) | 90 | 95 | 95 | 110 | 115 | 120 | 120 | 215 | 11 |
| 68 | 209 | Priyanshu | Youth | Men | 96 kg | 95.900 | DEL | 2004 | 91 | 95 | (97) | 95 | 110 | (116) | 118 | 118 | 213 | 12 |
| 69 | 263 | Tushar Panghel | Youth | Men | 96 kg | 95.380 | U.P. | 2005 | (90) | (91) | (91) | - | - | - | - | - | - | |
| 70 | 218 | Parshant Kumar Kailley | Youth | Men | 102 kg | 97.920 | PUN | 2004 | 110 | 115 | 118 | 118 | 140 | 145 | 148 | 148 | 266 | 1 |
| 71 | 141 | Prince | Youth | Men | 102 kg | 100.240 | CHD | 2003 | 108 | 115 | (120) | 115 | 136 | 142 | (154) | 142 | 257 | 2 |
| 72 | 49 | Gautam Singh | Youth | Men | 102 kg | 100.810 | U.P. | 2004 | 106 | 111 | 116 | 116 | 135 | 140 | (145) | 140 | 256 | 3 |
| 73 | 331 | Parwinder Singh | Youth | Men | 102 kg | 100.680 | CHD | 2003 | 105 | 109 | 112 | 112 | (140) | (140) | 140 | 140 | 252 | 4 |
| 74 | 320 | R.Sujith | Youth | Men | 102 kg | 100.160 | TND | 2003 | 105 | 110 | 113 | 113 | 127 | 135 | (145) | 135 | 248 | 5 |
| 75 | 131 | Gaurav Kumar Rana | Youth | Men | 102 kg | 96.510 | U.P. | 2004 | (105) | (105) | (105) | - | - | - | - | - | - | |
| 76 | 1 | Sandeep | Youth | Men | +102 kg | 116.760 | HRN | 2004 | 114 | 118 | 125 | 125 | 140 | 147 | (153) | 147 | 272 | 1 |
| 77 | 72 | Prithvi Raj Acharya | Youth | Men | +102 kg | 129.420 | RAJ | 2004 | 100 | (104) | 104 | 104 | 122 | 125 | (129) | 125 | 229 | 2 |
| 78 | 24 | Akhand Pratap Singh | Youth | Men | +102 kg | 109.100 | U.P. | 2004 | 99 | 102 | (105) | 102 | 121 | (125) | 126 | 126 | 228 | 3 |
| 79 | 267 | Jagannath Gouda | Youth | Men | +102 kg | 107.730 | ORS | 2003 | 98 | 101 | (103) | 101 | 121 | 125 | (128) | 125 | 226 | 4 |
| 80 | 77 | Ujjwal Kumar | Youth | Men | +102 kg | 117.340 | BHR | 2006 | 100 | (104) | (104) | 100 | 121 | 124 | (127) | 124 | 224 | 5 |
| 81 | 170 | Manmeet Singh | Youth | Men | +102 kg | 102.420 | PUN | 2004 | 98 | 102 | (105) | 102 | (114) | - | - | - | - | |
| 82 | 255 | Nilesh Yadav Mahendrapratap (W | Youth | Men | +102 kg | 111.720 | GUJ | 2004 | (98) | (98) | (98) | - | - | - | - | - | - | |
| 1 | 158 | Akanksha Vyavahare | Youth | Women | 40 kg | 39.100 | MHR | 2007 | 50 | 52 | 54 | 54 | 61 | 64 | 66 | 66 | 120 | 1 |
| 2 | 314 | Shivani Yadav | Youth | Women | 40 kg | 40.000 | U.P. | 2006 | (48) | 48 | 50 | 50 | 59 | 61 | 63 | 63 | 113 | 2 |
| 3 | 98 | Kajol Sargar | Youth | Women | 40 kg | 39.980 | MHR | 2005 | (50) | (50) | 50 | 50 | 62 | (65) | (67) | 62 | 112 | 3 |
| 4 | 196 | Mansi Chamunda | Youth | Women | 40 kg | 39.860 | U.P. | 2007 | 48 | (51) | (51) | 48 | 57 | (61) | 61 | 61 | 109 | 4 |
| 5 | 226 | Muskan | Youth | Women | 40 kg | 39.200 | HRN | 2003 | 43 | 46 | (49) | 46 | (53) | 55 | (60) | 55 | 101 | 5 |
| 6 | 363 | Rekhamoni Gogoi | Youth | Women | 40 kg | 39.320 | ASM | 2004 | 45 | (48) | (48) | 45 | 53 | (55) | (55) | 53 | 98 | 6 |
| 7 | 149 | A.Poshika | Youth | Women | 40 kg | 39.400 | TND | 2006 | (41) | 41 | 44 | 44 | 48 | (53) | 53 | 53 | 97 | 7 |
| 8 | 66 | Chitraprova Chetia | Youth | Women | 40 kg | 39.080 | ASM | 2004 | 42 | (45) | (45) | 42 | 53 | 55 | (57) | 55 | 97 | 8 |
| 9 | 38 | Laxmi Tiwari | Youth | Women | 40 kg | 39.460 | RAJ | 2006 | (40) | (41) | 41 | 41 | 50 | (53) | 53 | 53 | 94 | 9 |
| 10 | 17 | Sandiya Gungli | Youth | Women | 40 kg | 38.820 | ARN | 2004 | 39 | (41) | (41) | 39 | 48 | (52) | (53) | 48 | 87 | 10 |

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|-------|-----|---------------------------|---------|--------|-------|--------|------|---------------|--------|------|------|-----|------------|-------|------|-----|-------|------|
| | | | | | | | | | 1 | 2 | 3 | Max | 1 | 2 | 3 | Max | | |
| 11 | 184 | B.Neeraja | Youth | Women | 40 kg | 39.980 | A.P. | 2007 | (39) | (39) | (39) | - | - | - | - | - | - | - |
| 12 | 294 | P. Arathika | Youth | Women | 40 kg | 40.000 | TEL | 2004 | (39) | (39) | (39) | - | - | - | - | - | - | - |
| 13 | 425 | Rumana Khatun (WC) | Youth | Women | 40 kg | 39.880 | TR.I | 2003 | (25) | (25) | (25) | - | - | - | - | - | - | - |
| 14 | 424 | Kamini (WC) | Youth | Women | 40 kg | 38.810 | CHD | 2003 | (25) | (25) | (25) | - | - | - | - | - | - | - |
| 15 | 458 | Nisha (WC) | Youth | Women | 40 kg | 37.650 | M.P. | 2003 | (25) | (25) | (25) | - | - | - | - | - | - | - |
| 16 | 237 | K.V.L.Pavani Kumari | Youth | Women | 45 kg | 44.950 | A.P. | 2003 | 62 | 65 | 69 | 69 | 78 | 82 | (84) | 82 | 151 | 1 |
| 17 | 200 | Harshada Garud | Youth | Women | 45 kg | 44.220 | MHR | 2003 | 62 | 65 | (68) | 65 | 75 | 78 | (81) | 78 | 143 | 2 |
| 18 | 206 | Soumya Dalvi | Youth | Women | 45 kg | 44.170 | MHR | 2005 | 60 | 63 | (65) | 63 | 70 | 75 | (78) | 75 | 138 | 3 |
| 19 | 236 | E.Priyanka | Youth | Women | 45 kg | 42.890 | TND | 2005 | 50 | 53 | (55) | 53 | (65) | 65 | (68) | 65 | 118 | 4 |
| 20 | 14 | Tadar Neha | Youth | Women | 45 kg | 44.790 | ARN | 2004 | 50 | (52) | (52) | 50 | 64 | 67 | (70) | 67 | 117 | 5 |
| 21 | 80 | D.Hema Sri | Youth | Women | 45 kg | 42.520 | A.P. | 2006 | (50) | (50) | (50) | - | - | - | - | - | - | - |
| 22 | 103 | Nikita Kamlakar | Youth | Women | 49 kg | 48.200 | MHR | 2005 | 64 | (67) | 67 | 67 | (83) | 83 | 85 | 85 | 152 | 1 |
| 23 | 293 | Gyaneshwari Yadav | Youth | Women | 49 kg | 48.280 | C.G. | 2003 | 67 | (70) | (70) | 67 | 79 | 82 | 84 | 84 | 151 | 2 |
| 24 | 242 | V.Rithika | Youth | Women | 49 kg | 48.000 | TND | 2004 | 60 | 63 | (65) | 63 | 78 | 83 | (86) | 83 | 146 | 3 |
| 25 | 229 | Sapna Kumari | Youth | Women | 49 kg | 47.460 | BHR | 2003 | (62) | 62 | (64) | 62 | 76 | (80) | (80) | 76 | 138 | 4 |
| 26 | 9 | Sandhya Rani Nayak | Youth | Women | 49 kg | 47.640 | ORS | 2003 | 58 | 60 | 62 | 62 | 75 | (78) | (78) | 75 | 137 | 5 |
| 27 | 128 | Ramchhanchhuahi | Youth | Women | 49 kg | 47.940 | MIZ | 2006 | (58) | - | - | - | - | - | - | - | - | - |
| 28 | 61 | Sakshi Ranmale | Youth | Women | 55 kg | 54.400 | MHR | 2003 | 64 | 67 | 70 | 70 | (86) | 86 | 89 | 89 | 159 | 1 |
| 29 | 78 | Boni Mangkhyia | Youth | Women | 55 kg | 54.610 | ARN | 2004 | 63 | 65 | 67 | 67 | 83 | 85 | (93) | 85 | 152 | 2 |
| 30 | 362 | Usha | Youth | Women | 55 kg | 52.850 | HRN | 2003 | 63 | 65 | 67 | 67 | 75 | 80 | (84) | 80 | 147 | 3 |
| 31 | 210 | A.Yasasree | Youth | Women | 55 kg | 54.820 | A.P. | 2005 | 55 | (58) | (58) | 55 | 73 | (76) | 79 | 79 | 134 | 4 |
| 32 | 122 | Mina Santa (A) | Youth | Women | 55 kg | 54.190 | ORS | 2007 | 56 | (59) | 60 | 60 | (73) | (73) | 73 | 73 | 133 | 5 |
| 33 | 238 | Kumkum Yadav | Youth | Women | 55 kg | 54.250 | U.P. | 2004 | (56) | 56 | (59) | 56 | 73 | 76 | (79) | 76 | 132 | 6 |
| 34 | 181 | Khushi Kumari | Youth | Women | 55 kg | 54.230 | BHR | 2005 | 55 | (60) | (60) | 55 | 73 | 76 | (80) | 76 | 131 | 7 |
| 35 | 76 | B. Gangothi | Youth | Women | 55 kg | 54.610 | TEL | 2004 | (55) | (55) | 55 | 55 | (73) | (73) | (73) | - | - | - |
| 36 | 87 | Rijumoni Khatowal | Youth | Women | 55 kg | 54.180 | ASM | 2006 | 57 | 60 | (63) | 60 | (73) | (73) | (73) | - | - | - |
| 37 | 47 | Ditimoni Sonowal | Youth | Women | 59 kg | 57.800 | ASM | 2003 | 68 | (71) | (71) | 68 | (84) | (84) | 84 | 84 | 152 | 1 |
| 38 | 81 | Sonam Singh | Youth | Women | 59 kg | 57.800 | U.P. | 2004 | 63 | 66 | (68) | 66 | 81 | 84 | (88) | 84 | 150 | 2 |
| 39 | 133 | Balo Yalam | Youth | Women | 59 kg | 57.100 | ARN | 2004 | 61 | (63) | - | 61 | 79 | 84 | (91) | 84 | 145 | 3 |
| 40 | 86 | Shandrella Huyam | Youth | Women | 59 kg | 57.700 | MNP | 2005 | 61 | 63 | (65) | 63 | 75 | 77 | (80) | 77 | 140 | 4 |
| 41 | 228 | Archita Sidhant Shirodkar | Youth | Women | 59 kg | 58.400 | GOA | 2006 | (61) | (61) | (61) | - | - | - | - | - | - | - |
| 42 | 318 | S.Pallavi | Youth | Women | 64 kg | 63.000 | A.P. | 2003 | 74 | 78 | 81 | 81 | 94 | 98 | 101 | 101 | 182 | 1 |
| 43 | 193 | Shalini | Youth | Women | 64 kg | 61.140 | PUN | 2004 | 62 | (65) | (65) | 62 | (76) | 76 | (78) | 76 | 138 | 2 |
| 44 | 347 | Sangeeta Padhy | Youth | Women | 64 kg | 63.640 | ORS | 2003 | (65) | (66) | (66) | - | - | - | - | - | - | - |
| 45 | 116 | Navdeep Kaur | Youth | Women | 71 kg | 69.290 | PUN | 2003 | 64 | 68 | 70 | 70 | 84 | 88 | 91 | 91 | 161 | 1 |
| 46 | 212 | Sandhya Sarode | Youth | Women | 71 kg | 64.920 | MHR | 2005 | (63) | 63 | 66 | 66 | 76 | 79 | 82 | 82 | 148 | 2 |
| 47 | 356 | Sanjana | Youth | Women | 71 kg | 68.680 | HRN | 2007 | 61 | 64 | (66) | 64 | 78 | 82 | (85) | 82 | 146 | 3 |
| 48 | 351 | Srishti Yadav | Youth | Women | 71 kg | 64.400 | U.P. | 2005 | 60 | 63 | (66) | 63 | 75 | (77) | (77) | 75 | 138 | 4 |
| 49 | 336 | R. Harini | Youth | Women | 71 kg | 66.170 | PON | 2006 | 60 | 62 | (64) | 62 | (75) | 75 | (78) | 75 | 137 | 5 |
| 50 | 33 | P.Dhanamu | Youth | Women | 71 kg | 64.500 | A.P. | 2004 | 60 | (63) | (63) | 60 | 75 | (78) | (78) | 75 | 135 | 6 |
| 51 | 188 | Pragya Sharma(WC) | Youth | Women | 71 kg | 64.810 | H.P. | 2006 | 35 | 40 | (45) | 40 | 45 | 50 | 53 | 53 | 93 | 7 |
| 52 | 161 | Jyoti Yadav | Youth | Women | 76 kg | 72.000 | HRN | 2004 | 82 | (85) | 85 | 85 | 105 | (110) | 110 | 110 | 195 | 1 |
| 53 | 63 | P.Dhatri | Youth | Women | 76 kg | 74.840 | A.P. | 2003 | 75 | 79 | (85) | 79 | 90 | (96) | (96) | 90 | 169 | 2 |
| 54 | 137 | Monali Sahoo | Youth | Women | 76 kg | 73.170 | ORS | 2003 | 56 | 60 | 64 | 64 | 70 | 75 | 79 | 79 | 143 | 3 |

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|-------|-----|--------------------------|---------|--------|--------|--------|------|---------------|--------|----|------|-----|------------|------|-------|-----|-------|------|
| | | | | | | | | | 1 | 2 | 3 | Max | 1 | 2 | 3 | Max | | |
| 55 | 308 | Y.Chaitnya Kumari | Youth | Women | 76 kg | 75.820 | A.P. | 2006 | 60 | 65 | 68 | 68 | 74 | (78) | (78) | 74 | 142 | 4 |
| 56 | 90 | Dhanashri Bedade | Youth | Women | 76 kg | 74.190 | MHR | 2004 | 56 | 59 | (63) | 59 | (70) | 70 | 74 | 74 | 133 | 5 |
| 57 | 358 | Jyoti Yadav | Youth | Women | 76 kg | 71.220 | U.P. | 2005 | (56) | 56 | (60) | 56 | 64 | 67 | (72) | 67 | 123 | 6 |
| 58 | 321 | Ch.Srilakshmi | Youth | Women | 81 kg | 76.060 | A.P. | 2004 | 68 | 75 | 78 | 78 | 90 | 94 | (100) | 94 | 172 | 1 |
| 59 | 148 | Gajjar Aayushi Umeshbhai | Youth | Women | 81 kg | 77.280 | GUJ | 2003 | (56) | 56 | 60 | 60 | 75 | (81) | 81 | 81 | 141 | 2 |
| 60 | 82 | R.Rupavarshiini | Youth | Women | 81 kg | 77.260 | TND | 2003 | 56 | 60 | 63 | 63 | 69 | 74 | 77 | 77 | 140 | 3 |
| 61 | 346 | Vaishnavi Pawar | Youth | Women | 81 kg | 76.060 | MHR | 2004 | 58 | 62 | (66) | 62 | 68 | 72 | (75) | 72 | 134 | 4 |
| 62 | 56 | K.Abhishiktha | Youth | Women | 81 kg | 80.280 | ORS | 2004 | (55) | 55 | 59 | 59 | 73 | (78) | (78) | 73 | 132 | 5 |
| 63 | 244 | Priyanka | Youth | Women | 81 kg | 78.280 | DEL | 2003 | 53 | 56 | (59) | 56 | 65 | 71 | (74) | 71 | 127 | 6 |
| 64 | 26 | Amritha P.Suni | Youth | Women | +81 kg | 82.610 | KRL | 2007 | 65 | 70 | 73 | 73 | 75 | 80 | 84 | 84 | 157 | 1 |
| 65 | 364 | R.Gayathri | Youth | Women | +81 kg | 88.600 | A.P. | 2003 | (60) | 60 | 65 | 65 | 85 | 90 | 91 | 91 | 156 | 2 |
| 66 | 247 | Ichha Patel | Youth | Women | +81 kg | 91.060 | U.P. | 2004 | (62) | 62 | 65 | 65 | 82 | 87 | (93) | 87 | 152 | 3 |
| 67 | 143 | M. Martina Devi | Youth | Women | +81 kg | 99.670 | MNP | 2006 | 60 | 65 | 68 | 68 | 73 | (78) | 82 | 82 | 150 | 4 |
| 68 | 185 | Aditi | Youth | Women | +81 kg | 82.030 | U.P. | 2007 | 60 | 65 | 69 | 69 | 75 | 80 | (85) | 80 | 149 | 5 |
| 69 | 355 | Rimjhim Mengi | Youth | Women | +81 kg | 85.680 | C.G. | 2003 | 49 | 51 | (53) | 51 | 63 | (65) | 66 | 66 | 117 | 6 |
| 70 | 151 | Sona George | Youth | Women | +81 kg | 86.200 | KRL | 2004 | 48 | 51 | (54) | 51 | (63) | (63) | 63 | 63 | 114 | 7 |