



**73RD MEN & 36TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS-2020-21  
HELD AT SPORTS AUTHORITY OF INDIA, NS NIS, PATIALA FROM 10-12 AUGUST 2021**

S.No.	Lot	Name	Section	Gender	Cat.	B.W.	Team	Year of Birth	Snatch				Clean&Jerk				Total	Rank
									1	2	3	Max	1	2	3	Max		
45	388	Shamak Bharti (WC)	Senior	Men	89 kg	87.050	W.B.	1984	(80)	-	-	-	-	-	-	-	-	-
46	99	Gurmeet	Senior	Men	96 kg	95.270	HRN	2001	141	146	(150)	146	170	176	180	180	326	1
47	349	Jagadish Viswakarama	Senior	Men	96 kg	95.360	SSCB	1994	137	141	(146)	141	171	180	185	185	326	2
48	300	R.V.Rahul	Senior	Men	96 kg	91.900	RSPB	1997	130	135	138	138	165	170	173	173	311	3
49	306	Shivam Saini	Senior	Men	96 kg	95.300	U.P.	1996	130	136	140	140	165	(170)	170	170	310	4
50	50	Manish	Senior	Men	96 kg	95.600	HRN	1998	(135)	(135)	(135)	-	-	-	-	-	-	-
51	109	Vishal Panwar	Senior	Men	96 kg	89.820	UKD	1993	121	(124)	(124)	121	-	-	-	-	-	-
52	191	Siddhant Chaudhary	Senior	Men	96 kg	95.000	UKD	2000	(121)	(121)	(121)	-	-	-	-	-	-	-
53	324	Lucky Babu Markam	Senior	Men	96 kg	95.530	C.G.	1994	121	125	(128)	125	(165)	(165)	(165)	-	-	-
54	48	Vikas Thakur	Senior	Men	102 kg	98.000	SSCB	1993	142	146	151	151	180	-	-	180	331	1
55	223	Shubham Verma	Senior	Men	102 kg	99.000	HRN	1994	140	(145)	(145)	140	173	182	(190)	182	322	2
56	45	Harshit Sehrawat	Senior	Men	102 kg	101.000	RSPB	2000	(133)	133	(137)	133	168	172	(181)	172	305	3
57	150	Amritpal Singh	Senior	Men	102 kg	100.000	PUN	1998	131	(135)	(135)	131	(167)	167	171	171	302	4
58	213	T.T.V.L.Srikanth	Senior	Men	102 kg	99.010	A.P.	1993	75	-	-	75	100	-	-	100	175	5
59	65	Vikramjit Singh	Senior	Men	102 kg	96.420	AIPSCB	1992	-	-	-	-	-	-	-	-	-	-
60	173	Dharmendra Paliwal	Senior	Men	102 kg	100.000	M.P.	1984	130	(133)	(133)	130	(167)	(167)	(167)	-	-	-
61	233	Vishal Solanki	Senior	Men	109 kg	107.000	RSPB	1993	147	152	(155)	152	181	(184)	(184)	181	333	1
62	225	Lovepreet Singh	Senior	Men	109 kg	108.000	PUN	1997	145	(151)	(151)	151	172	(180)	181	181	332	2
63	330	Rajveer Singh	Senior	Men	109 kg	106.200	PUN	1999	138	138	141	141	164	170	(173)	170	311	3
64	70	Pradeep Kumar Yadav	Senior	Men	109 kg	108.900	U.P.	2001	133	137	(141)	137	165	(175)	(175)	165	302	4
65	194	Chandrakant Mali	Senior	Men	109 kg	106.000	SSCB	1987	144	(149)	(149)	144	(181)	(180)	(180)	-	-	-
66	54	Jaspreet Singh	Senior	Men	+109 kg	160.000	AIPSCB	1992	145	150	153	153	186	195	(201)	195	-	-
67	280	Vipan Kumar	Senior	Men	+109 kg	144.430	SSCB	1994	146	(152)	152	152	(183)	183	(191)	183	335	1
68	365	S.Rudramayan	Senior	Men	+109 kg	133.400	TND	2002	145	150	(153)	150	(181)	181	(186)	181	331	2
69	163	Gurpreet Singh	Senior	Men	+109 kg	138.600	GOA	1992	(141)	(141)	141	141	171	(180)	(180)	171	312	3
70	246	M.Rajendra Chaitanya (WC)	Senior	Men	+109 kg	117.770	TEL	1993	126	(131)	(131)	126	161	(170)	(170)	161	287	4
71	111	Hitesh Kumar	Senior	Men	+109 kg	113.000	HRN	1997	(141)	(141)	(141)	-	-	-	-	-	-	-
1	271	Dipali Gursale	Senior	Women	45 kg	44.860	MHR	1996	(67)	67	73	73	(83)	83	87	87	160	1
2	338	Sarika Shingare	Senior	Women	45 kg	44.940	MHR	1998	68	(72)	72	72	(87)	87	(90)	87	159	2
3	313	Jhilli Dalabehera	Senior	Women	45 kg	44.920	RSPB	1999	69	(72)	(72)	69	(88)	(88)	89	89	158	3
4	199	Komal Kohar	Senior	Women	45 kg	44.640	HRN	2002	63	67	70	70	83	(87)	(87)	83	153	4
5	278	Ku.Veena Thakur	Senior	Women	45 kg	43.890	C.G.	1998	(63)	(63)	63	63	(81)	(81)	(81)	-	-	-
6	327	Bornali Borah	Senior	Women	45 kg	44.360	ASM	2000	(63)	(63)	(63)	-	-	-	-	-	-	-
7	266	Heisnam Jinarani Devi	Senior	Women	45 kg	44.880	ARN	1996	(63)	(63)	(63)	(63)	-	-	-	-	-	-
8	401	Damyanti (WC)	Senior	Women	45 kg	43.850	A.P.	1992	(50)	(50)	(50)	-	-	-	-	-	-	-
9	121	Chetna Ghogage	Senior	Women	49 kg	48.340	MHR	1996	67	(70)	70	70	86	88	90	90	160	1
10	97	Pooja Gupta	Senior	Women	49 kg	48.820	RSPB	1998	66	69	(71)	69	87	(90)	(93)	87	156	2
11	29	Veerjeet Kaur	Senior	Women	49 kg	48.420	CHD	1999	66	(69)	69	69	(86)	(86)	(86)	-	-	-
12	404	Khushi	Senior	Women	49 kg	47.600	BHR	1989	(66)	(66)	(66)	-	-	-	-	-	-	-
13	400	Priya	Senior	Women	49 kg	48.050	DEL	1988	(66)	(66)	(66)	-	-	-	-	-	-	-
14	10	S. Bindyarani Devi	Senior	Women	55 kg	54.260	MNP	1999	75	78	(80)	78	100	103	107	107	185	1

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									1	2	3	Max	1	2	3	Max		
15	339	M.Santoshi	Senior	Women	55 kg	53.940	RSPB	1994	74	78	80	80	96	100	104	104	184	2
16	35	Sneha Soren	Senior	Women	55 kg	51.260	ORS	2001	73	75	(77)	75	(96)	96	100	100	175	3
17	126	Monalisa Sonowal	Senior	Women	55 kg	54.700	AIPSCB	1995	72	(75)	75	75	95	(98)	(98)	95	170	4
18	7	Shrabani Das	Senior	Women	55 kg	53.940	WB	2002	72	(75)	(75)	72	(95)	(95)	(95)	-	-	-
19	180	Harshdeep Kaur	Senior	Women	55 kg	54.420	CHD	1994	(72)	(72)	(72)	-	-	-	-	-	-	-
20	202	Lakshmi.B	Senior	Women	55 kg	54.620	KRN	1999	72	(74)	(74)	72	(95)	(95)	(95)	-	-	-
21	240	Mohimi	Senior	Women	59 kg	58.440	HRN	1999	81	(84)	84	84	104	107	110	110	194	1
22	55	Popy Hazarika	Senior	Women	59 kg	58.200	RSPB	1998	(80)	80	84	84	100	105	(108)	105	189	2
23	130	Swati Singh	Senior	Women	59 kg	58.220	RSPB	1987	78	(82)	82	82	(98)	100	(103)	100	182	3
24	304	Saloni Singh	Senior	Women	59 kg	58.420	U.P.	2001	82	(84)	(85)	82	96	99	(101)	99	181	4
25	18	Sneha	Senior	Women	59 kg	57.600	HRN	1999	(75)	75	(78)	75	(95)	(95)	95	95	170	5
26	235	Harjinder Kaur	Senior	Women	64 kg	63.410	PUN	1996	85	89	91	91	103	107	111	111	202	1
27	230	Komal Khan	Senior	Women	64 kg	63.500	U.P.	2001	80	84	88	88	96	101	(104)	101	189	2
28	30	Meena Kumari	Senior	Women	64 kg	60.000	PUN	1989	75	78	80	80	99	103	(110)	103	183	3
29	168	S.Nirupama Devi	Senior	Women	64 kg	63.470	RSPB	2000	75	80	(82)	80	97	102	(107)	102	182	4
30	264	Annu	Senior	Women	64 kg	63.620	UKD	1997	75	78	81	81	95	(98)	(101)	95	176	5
31	334	Sarswati Raut	Senior	Women	64 kg	63.980	RSPB	1995	(75)	75	(78)	75	(95)	95	(100)	95	170	6
32	245	Lalchhanhimi	Senior	Women	71 kg	70.820	MIZ	1992	85	88	(90)	88	110	(115)	115	115	203	1
33	307	Pooja Yadav	Senior	Women	71 kg	70.360	U.P.	1996	80	(85)	86	86	100	(104)	104	104	190	2
34	405	Pallavi Shyama (WC)	Senior	Women	71 kg	68.600	GUJ	1991	(60)	(60)	(60)	-	-	-	-	-	-	-
35	403	Chunimoni (WC)	Senior	Women	71 kg	69.160	JKD	1990	(60)	(60)	(60)	-	-	-	-	-	-	-
36	402	Manisha (WC)	Senior	Women	71 kg	70.080	J.K.	1992	(60)	(60)	(60)	-	-	-	-	-	-	-
37	227	Punam Yadav	Senior	Women	76 kg	74.600	RSPB	1995	90	93	96	96	110	113	116	116	212	1
38	239	R.Arockiya Alish	Senior	Women	76 kg	75.750	TND	2000	84	87	(90)	87	108	(113)	113	113	200	2
39	301	Renu Devi	Senior	Women	76 kg	71.140	HRN	1989	82	87	(90)	87	106	111	(115)	111	198	3
40	176	Vanshita Verma	Senior	Women	76 kg	74.860	CHD	2001	80	83	(86)	83	106	112	115	115	198	4
41	161	Jyoti Yadav	Senior	Women	76 kg	72.000	HRN	2004	82	(85)	85	85	105	(110)	110	110	195	5
42	312	Kh. Sarjubala Devi	Senior	Women	76 kg	73.400	MNP	1999	70	75	80	80	100	(106)	(106)	100	180	6
43	305	Anuya Gaonkar	Senior	Women	76 kg	72.700	MHR	1991	76	81	(87)	81	(97)	(97)	97	97	178	7
44	296	Vandna Gupta	Senior	Women	76 kg	72.390	U.P.	1994	72	75	77	77	90	(94)	94	94	171	8
45	322	M.Lekhamaalya	Senior	Women	76 kg	71.120	TND	2003	67	72	75	75	85	91	95	95	170	9
46	214	A. Tumina Devi	Senior	Women	76 kg	75.752	MNP	1999	67	70	72	72	85	90	95	95	167	10
47	360	Sonia Rani	Senior	Women	76 kg	75.990	PUN	1995	67	(70)	(70)	67	85	90	(95)	90	157	11
48	3	Swathi Kishor	Senior	Women	76 kg	74.080	KRL	1998	67	69	71	71	85	(88)	(88)	85	156	12
49	159	Kartigya	Senior	Women	81 kg	77.600	U.P.	1999	85	89	(92)	89	105	109	(115)	109	198	1
50	6	Rakhi	Senior	Women	81 kg	76.560	HRN	1996	81	84	(88)	84	103	108	114	114	198	2
51	88	Dimpi Dutta	Senior	Women	81 kg	80.160	ASM	1999	81	85	(89)	85	103	108	(114)	108	193	3
52	147	Mayuri Devare	Senior	Women	81 kg	80.780	MHR	1999	81	84	(87)	84	98	(105)	(105)	98	182	4
53	177	T.Dharshini	Senior	Women	81 kg	77.400	TND	1998	81	(83)	(83)	81	97	101	(104)	101	182	5
54	345	Anuradha P	Senior	Women	87 kg	86.860	AIPSCB	1992	83	87	(90)	87	98	103		103	190	1
55	319	Usha. S.R	Senior	Women	87 kg	84.940	KRN	2000	76	(81)	81	81	95	100	103	103	184	2
56	23	B.N.Usha	Senior	Women	87 kg	86.520	RSPB	1995	(79)	79	(84)	79	95	(102)	102	102	181	3
57	13	Modhusmrita Baruah	Senior	Women	87 kg	86.930	ASM	1993	(80)	80	(84)	80	100	(103)	(105)	100	180	4

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									1	2	3	Max	1	2	3	Max			
58	410	Rajini (WC)	Senior	Women	87 kg	85.220	M.P.	1992	(76)	(76)	(76)	-					-	-	-
59	412	Lakshmi S.V. (WC)	Senior	Women	87 kg	84.140	PON	1993	(76)	(76)	(76)	-					-	-	-
60	416	Tirumala P. (WC)	Senior	Women	87 kg	86.500	TEL	1994	(76)	(76)	(76)	-					-	-	-
61	418	Khatun Begum (WC)	Senior	Women	87 kg	85.420	TR.I	1991	(76)	(76)	(76)	-					-	-	-
62	215	Purnima Pandey	Senior	Women	+87 kg	100.700	U.P.	1997	91	96	101	101	112	119	122	122	<b>223</b>	<b>1</b>	
63	270	Manpreet Kaur	Senior	Women	+87 kg	101.040	PUN	1989	80	84	(86)	84	104	108	111	111	<b>195</b>	<b>2</b>	
64	341	Jasbir Kaur	Senior	Women	+87 kg	102.000	AIPSCB	1988	80	84	86	86	101	105	(108)	105	<b>191</b>	<b>3</b>	
65	250	Muskan Singh	Senior	Women	+87 kg	94.000	HRN	2002	77	81	84	84	100	105	(109)	105	<b>189</b>	<b>4</b>	
66	275	Ann Mariya M.T.	Senior	Women	+87 kg	111.200	KRL	1998	76	(79)	79	79	100	(105)	107	107	<b>186</b>	<b>5</b>	
67	361	Ashwini Malage	Senior	Women	+87 kg	116.300	MHR	1998	(75)	75	(78)	75	100	(105)	(105)	100	<b>175</b>	<b>6</b>	
68	186	Monika	Senior	Women	+87 kg	116.100	RSPB	1992	79	(85)	85	85	(100)	(100)	(100)	-	-	-	