

**6th Youth (Boys & Girls) 47th Men & 23rd Women Junior  
NATIONAL WEIGHTLIFTING CHAMPIONSHIPS - 2010-2011 YAMUNA NAGAR**

**SCORE SHEET**

CAT. 50 KG (YOUTH BOYS)

DATE 02-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	TOTAL POINT	RANK
1	OM PRAKASH	CG	48.800	75	I	28	95	I	28	170	I	28	84	3.4836
2	L. AJIT SINGH	MNP	49.080	68	II	25	88	II	25	156	II	25	75	3.1785
3	PRAKASH TAYADE	MHR	49.640	65	III	23	83	III	23	148	III	23	69	2.9815
4	JAI NARAYAN	UKD	47.820	62	IV	22	82	IV	22	144	IV	22	66	3.0113
5	NIRAKAR MALLIK	ORS	48.100	60	V	21	80	VI	20	140	V	21	62	2.9106
6	N. GANESH BALA	PUND	48.560	60	VI	20	74	VIII	18	134	VI	20	58	2.7595
7	TINCHAT WANGSU	ANP	49.020	55	X	16	75	VII	19	130	VII	19	54	2.6520
8	MANJEET SINGH	HRN	49.320	60	VIII	18	65	IX	17	125	VIII	18	53	2.5345
9	NITU TAMULI	ASM	49.500	60	IX	17	ELEMINATED			-			17	
10	S. VEERAMANI	PUND	48.800	60	VII	19	ELEMINATED			-			19	
11	AKASH	CG	49.060	ELEMINATED			81	V	21	-			21	
12	PRADEEP KUMAR	M.P.	63.600	ELEMINATED			ELEMINATED			-			-	
13	V. BHARATM	TND	47.780	ELEMINATED			NTP			-			-	

CAT. 56 KG (YOUTH BOYS)

DATE 02-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	TOTAL POINT	RANK
1	GANESH MALI	MRH	55.320	96	D.P.		124	D.P.		220	D.P.			
2	APURBA CHETIA	ASM	54.820	92	I	28	112	I	28	204	I	28	84	3.7213
3	MAYUR JOSHI	M.P.	56.000	86	IV	22	105	II	25	191	II	25	72	3.4107
4	ARUN SANTA	ORS	54.920	88	III	23	100	III	23	188	III	23	69	3.4232
5	UMESH KOLI	MRH	55.420	72	V	21	92	IV	22	164	IV	22	65	2.9592
6	SHUHAIR K.A.	KRL	55.100	68	IX	17	80	XI	15	148	IX	17	49	2.6860
7	TBC LALCHHANHIMA	MZM	54.460	70	VIII	18	90	V	21	160	V	21	60	2.9379
8	LITHONGO	GOA	55.320	71	VI	20	88	VI	20	159	VI	20	60	2.8742
9	VIKAS	HRN	54.020	70	VII	19	85	VII	19	155	VII	19	57	2.8693
10	YOMHIN RUYI	ARN	54.200	65	X	16	83	VIII	18	148	VIII	18	52	2.7306
11	MANOJ SHARMA	M.P.	54.920	65	XI	15	80	X	16	145	X	16	47	2.6402
12	P.SATHEESH	PUND	53.320	62	XIII	13	80	IX	17	142	XI	15	45	2.6632
13	PRABIR NEOG	ASM	55.760	63	XII	14	78	XII	14	141	XII	14	42	2.5287
14	AJAY SINGH	RAJ	52.620	60	XIV	12	75	XIII	13	135	XIII	13	38	2.5656
15	ASHISH SHARMA	DEL	55.460	ELEMINATED			N/T			-			-	
16	MADHUSUPAN JANGHEL	CG	55.160	90	II	25	ELEMINATED			-			25	

## CAT. 62 KG (YOUTH BOYS)

DATE 03-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	DTAL POIN	RANK
1	SORAM HITLAR TAGRU	ARN	60.500	96	I	28	122	I	28	218	I	28	84	3.6033
2	ACHUTNANANDA SAHU	ORS	61.240	95	II	25	122	II	25	217	II	25	75	3.5434
3	JAGDISH VISHWAKARMA	CG	60.540	91	III	23	115	III	23	206	III	23	69	3.4027
4	SHASHIKANT KADAM	MRH	60.300	88	V	21	113	IV	22	201	IV	22	65	3.3333
5	RAVI TEJA	GOA	59.960	84	VIII	18	96	X	16	180	IX	17	51	3.0020
6	M. AKASH JANGAM	PUND	61.340	90	IV	22	108	V	21	198	V	21	64	3.2279
7	RAMESH KUMAR YADAV	U.P.	60.820	82	X	16	105	VI	20	187	VI	20	56	3.0746
8	ARJUN JOSHI	M.P.	59.900	85	VI	20	100	VII	19	185	VII	19	58	3.0885
9	JAGDEEP SINGH	DEL	61.500	85	VII	19	100	VIII	18	185	VIII	18	55	3.0081
10	ANKIT RANJAN	BHR	61.700	80	XI	15	100	IX	17	180	X	16	48	2.9173
11	JATIN BARUAH	ASM	57.940	82	IX	17	95	XI	15	177	XI	15	47	3.0549
12	NIKHIL TYAGI	U.P.	60.600	75	XII	14	95	XII	14	170	XII	14	42	2.8053
13	MALSAWM TLUNGA	MZM	61.520	70	XIV	12	90	XIII	13	160	XIII	13	38	2.6008
14	RAJATH NARAYANAN A.	KRL	60.700	72	XIII	13	85	XV	11	157	XIV	12	36	2.5865
15	MOINA BORGHAIN	ASM	58.120	65	XVI	10	85	XIV	12	150	XV	11	33	2.5809
16	KH. JOJO SINGH	MNP	60.500	67	XV	11	83	XVI	10	150	XVI	10	31	2.4793
17	RISHIKESH K.	KRL	60.060	65	XVII	9	ELEMINATED			-			9	
18	ROHIT KUMAR	BHR	60.900	ELEMINATED			N/T			-			-	

## CAT. 69 KG (YOUTH BOYS)

DATE 03-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	DTAL POIN	RANK
1	SAURAV GOGOI	ASM	67.700	101	II	25	119	II	25	220	I	28	78	3.2496
2	AJAY SIRKE	MRH	68.220	104	I	28	116	IV	22	220	II	25	75	3.2249
3	NARAYAN SINGH	DEL	68.320	92	III	23	121	I	28	213	III	23	74	3.1177
4	SAMBO LAPANG	ARN	63.300	90	IV	22	110	V	21	200	IV	22	65	3.1596
5	KNV NARENDRA	A.P.	66.120	75	IX	17	95	X	16	170	IX	17	50	2.5711
6	K. KRISHNA PRASAD	A.P.	63.700	80	VII	19	118	III	23	198	V	21	63	3.1083
7	KOJUM TABA	ARN	63.960	89	V	21	100	VIII	18	189	VI	20	59	2.9550
8	LOKESH ADHIKARI	UKD	68.600	86	VI	20	100	IX	17	186	VII	19	56	2.7114
9	VALI AHMED	GOA	66.660	75	X	16	105	VII	19	180	VIII	18	53	2.7003
10	N. THIRMULAMOORTHY	PUND	65.500	70	XII	14	90	XI	15	160	X	16	45	2.4427
11	RAFEEBH K K	KRL	67.200	70	XIII	13	90	XII	14	160	XI	15	42	2.3810
12	ARPIT PALIWAL	M.P.	66.000	72	XI	15	ELEMINATED			-			15	
13	ASHWANI CHOUDHRY	U.P.	68.440	ELEMINATED			N/T			-			-	
14	BIPUJI BISWAL	ORS	67.500	ELEMINATED			108	VI	20	-			20	
15	BISWAJIT MONDAL	W.B.	68.360	80	VIII	18	ELEMINATED			-			18	
16	DHARMENDAR SINGH	RAJ	67.800	70	XV	11	ELEMINATED			-			11	
17	SURAJ	HRN	67.670	70	XIV	12	N/T			-			12	
18	RAHUL V	KRL	67.320	ELEMINATED			90	XIII	13	-			13	

## CAT. 77 KG (YOUTH BOYS)

DATE 03-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	DTAL POIN	RANK
1	NEERAJ SHARMA	DEL	76.340	121	I	28	135	I	28	256	I	28	84	3.3534
2	R.V. RAHUL	A.P.	70.060	103	III	23	128	II	25	231	II	25	73	3.2972
3	IMRAN KHAN	M.P.	74.640	100	V	21	120	V	21	220	III	23	65	2.9475
4	MOHASIN KHAN	CG	72.840	95	VII	19	120	III	23	215	IV	22	64	2.9517
5	EBI VERGHEESE	KRL	74.440	80	XIII	13	95	X	16	175	IX	17	46	2.3509
6	SHUBAM KUMAR	U.P.	73.800	95	VIII	18	120	IV	22	215	V	21	61	2.9133
7	SAMRAT PAWAR	MRH	69.120	92	IX	17	112	VI	20	204	VI	20	57	2.9514
8	S. ANBAZHANGA	PUND	70.300	85	XI	15	100	VII	19	185	VII	19	53	2.6316
9	MAHESH KHELWAR	CG	76.860	82	XII	14	100	VIII	18	182	VIII	18	50	2.3679
10	NARESH KU	J&K	76.520	77	XIV	12	95	XIII	13	172	X	16	41	2.2478
11	A. THOUNGAMBA	MNP	74.240	75	XV	11	95	IX	17	170	XI	15	43	2.2899
12	SHIVAM SAINI	U.P.	74.560	75	XVI	10	95	XI	15	170	XII	14	39	2.2800
13	AMARINDER SINGH	CHD	74.700	75	XVII	9	95	XII	14	170	XIII	13	36	2.2758
14	AKASH VIRIDHY	J&K	76.340	ELEMINATED			-			-			0	
15	ASHUTOSH KU	UKD	76.400	100	VI	20	ELEMINATED			-			20	
16	DINESH	HRN	69.120	101	IV	22	ELEMINATED			-				
17	SHUBAM	HRN	74.500	90	X	16	ELEMINATED			-			16	
18	PRASAD MOHANTY	ORS	76.020	106	II	25	ELEMINATED			-			25	
19	ROMAN LALGPU	ARN	69.040	ELEMINATED			ELEMINATED			-			-	

## CAT. 85 KG (YOUTH BOYS)

DATE 03-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	DTAL POIN	RANK
1	JAMEER HUSSAIN	ASM	82.100	121	I	28	149	I	28	270	I	28	84	3.2887
2	M.R. CHAITANYA	A.P.	82.200	108	II	25	145	II	25	253	II	25	75	3.0779
3	RAJPAL SIDDHU	UTK	84.500	95	V	21	122	III	23	217	III	23	67	2.5680
4	LUCKY MARKAM	CG	79.340	100	III	23	110	IV	22	210	IV	22	67	2.6468
5	SHINKU THAKUR	M.P.	78.040	80	IX	17	100	IX	17	180	IX	17	51	2.3065
6	SUMIIT DAHIYA	DEL	77.160	95	IV	22	107	VI	20	202	V	21	63	2.6179
7	M. ROMANTA SINGH	MNP	77.400	92	VI	20	105	VIII	18	197	VI	20	58	2.5452
8	KRISHNA KUMAR C.A.	KRL	82.540	85	VII	19	108	V	21	193	VII	19	59	2.3383
9	BAIKISHTOMONI DEORA	ASM	83.200	84	VIII	18	107	VII	19	191	VIII	18	55	2.2957
10	LALREMRUTTA	MIZ	81.240	E/T			E/T			E/T			0	
11	MOHIT KUMAR	UTK	83.400	E/T			E/T			E/T			0	
12	SUNNY ARYA	HRN	83.620	118	D.P.		E/T			E/T			0	

**CAT. 94 KG (YOUTH BOYS)**

**DATE 03-01-2011**

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	TOTAL POINT	RANK
1	ASHISH KUMAR	UTK	93.240	E/T			E/T			E/T			0	
2	GAUTAM	HRN	90.100	97	I	28	110	I	28	207	I	28	84	2.2974

**CAT. +94 KG (YOUTH BOYS)**

**DATE 03-01-2011**

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	TOTAL POINT	RANK
1	PAWAN	DEL	103.740	112	D.P.		120	D.P.		232	D.P.		0	
2	VISHAL	HRN	100.320	95	II	25	119	I	28	214	I	28	81	2.1332
3	VIKAS RATHI	HRN	94.100	99	I	28	114	II	25	213	II	25	78	2.2635

**6th Youth (Boys & Girls) 47th Men & 23rd Women Junior  
NATIONAL WEIGHTLIFTING CHAMPIONSHIPS - 2010-2011 YAMUNA NAGAR  
SCORE SHEET**

**CAT. 44 KG (YOUTH GIRLS)**

**DATE 02-01-2011**

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	T.P.
1	POONAM	HRN	43.040	50	I	28	64	I	28	114	I	28	84
2	P. LAKSHMI PRIYA	TND	42.600	46	II	25	60	II	25	106	II	25	75
3	KU. SARALA SAHU	CG	41.540	43	III	23	55	III	23	98	III	23	69
4	SHASHI KUSHWAHA	UTK	43.400	42	V	21	55	IV	22	97	IV	22	65
5	RIYA SEN	BHR	42.300	42	IV	22	52	V	21	94	V	21	64
6	BAIDEHI MAJHI	ORS	42.700	40	VI	20	45	VIII	18	85	VI	20	58
7	SANDHYA PATEL	U.P.	41.660	37	VIII	18	45	VII	19	82	VII	19	56
8	KU. RAJNANDANI	CG	43.580	36	IX	17	44	IX	17	80	VIII	18	52
9	RANI	DEL	40.060	35	X	16	40	XI	15	75	IX	17	48
10	SHRUTI PARNA SETH	W.B.	37.340	30	XI	15	43	X	16	73	X	16	47
11	URMILA	HRN	39.300	30	XII	14	37	XII	14	67	XI	15	43
12	AISWARYA D.	KRL	36.440	25	XIV	12	34	XIII	13	59	XII	14	39
13	PUJA SABAT	ORS	43.200	ELEMINATED			48	VI	20	-			20
14	S. SANGEETHA	POND	43.240	40	VII	19	ELIMINATED			-			19
15	A. PRIYA	POND	41.800	30	XIII	13	ELIMINATED			-			13

**CAT. 48 KG (YOUTH GIRLS)**

**DATE 02-01-2011**

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	T.P.
1	KIRTI	U.P.	46.960	52	I	28	62	III	23	114	I	28	79
2	MINATI DAS	ORS	47.480	47	IV	22	64	II	25	111	II	25	72
3	JOTIMAL	W.B.	45.800	45	V	21	65	I	28	110	III	23	72
4	MANEESHA	CG	47.540	48	II	25	60	IV	22	108	IV	22	69
5	LALROPEKI	MIZ	47.780	40	X	16	50	IX	17	90	IX	17	50
6	A LOLITHA	A.P.	47.600	48	III	23	55	VII	19	103	V	21	63
7	BINASONOWAL	ASM	47.020	42	VII	19	55	VI	20	97	VI	20	59
8	SUSHILA MAJHI	ORS	45.600	41	VIII	18	55	V	21	96	VII	19	58
9	B MOUNIKA	A.P.	47.040	40	IX	17	52	VIII	18	92	VIII	18	53
10	N MURUGAVALLI	POND	47.300	35	XI	15	45	X	16	80	X	16	47
11	MUNEERA M.S.	KRL	47.380	32	XII	14	45	XI	15	77	XI	15	44
12	REENA	HRN	47.000	30	XIII	13	40	XII	14	70	XII	14	41
13	MONA	HRN	46.620	27	XIV	12	37	XIII	13	64	XIII	13	38
14	AMRUTHA KR	KRL	42.200	ELEMINATED			ELEMINATED			-			-
15	SHAMPA SETH	W.B.	47.500	45	VI	20	ELEMINATED			-			20

## CAT. 53 KG (YOUTH GIRLS)

DATE 03-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	T.P.
1	PRAMILA KRISHNI	ORS	51.720	69	I	28	87	I	28	156	I	28	84
2	K. VENKATALAKSHMI	A.P.	52.040	59	II	25	83	II	25	142	II	25	75
3	M. PURNIMA CHANU	MNP	51.400	56	III	23	76	III	23	132	III	23	69
4	E. OVIYA	TND	52.060	56	IV	22	70	IV	22	126	IV	22	66
5	RAFAT ILIYAS	U.P.	51.720	45	IX	17	55	IX	17	100	IX	17	51
6	Y. KHOMDONBI CHANU	MNP	52.380	53	V	21	68	V	21	121	V	21	63
7	G. SINDHU	A.P.	51.400	50	VI	20	63	VI	20	113	VI	20	60
8	PRIYANKA SINHA	CG	51.260	48	VII	19	55	VIII	18	103	VII	19	56
9	REKHA DEVI	ASM	52.000	46	VIII	18	57	VII	19	103	VIII	18	55
10	DIVYA K.P.	KRL	51.840	42	X	16	50	x	16	92	X	16	48
11	RENU RANI	U.P.	52.340	42	XI	15	45	XII	14	87	XI	15	44
12	NEELAM	HRN	51.200	32	XII	14	42	XIII	13	74	XII	14	41
13	SIYA A.J.	KRL	51.980	ELEMINATED			50	XI	15	-			15

REMARK:- SNATCH OLD RECORD OF PRAMILA KRISHNI- 68 KG  
SNATCH NEW RECORD CREAT OF PRAMILA KRISANI- ORISSA - 69 KG

## CAT. 58 KG (YOUTH GIRLS)

DATE 04-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	T.P.
1	DIGANTI GADAVE	MHR	56.840	62	D.P.		82	D.P.		144	D.P.		0
2	B. ASWANI	A.P.	56.400	60	I	28	81	I	28	141	I	28	84
3	TAKIO YANA	ARN	56.320	56	III	23	76	II	25	132	II	25	73
4	SARASWATI ROUT	ORS	57.060	57	II	25	65	VI	20	122	III	23	68
5	SWATHI KRISHNA	KRL	57.020	50	VII	19	70	IV	22	120	IV	22	63
6	JYOTI	DEL	56.200	40	X	16	52	X	16	92	IX	17	49
7	TH. THASANA CHANU	MNP	57.540	52	VI	20	68	V	21	120	V	21	62
8	KH. NANGSHITON CHANU	MNP	56.840	54	IV	22	63	VII	19	117	VI	20	61
9	KOMAL GUPTA	CG	56.160	45	IX	17	62	VIII	18	107	VII	19	54
10	PADMANI PADIA	ORS	55.840	45	VIII	18	60	IX	17	105	VIII	18	53
11	POONAM YADAV	U.P.	56.060	52	V	21	E/T			E/T			21
12	PUTUL SARKAR	BHR	56.100	E/T			70	III	23	E/T			23

## CAT. 63 KG (YOUTH GIRLS)

DATE 04-01-2011

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	T.P.
1	SWARUPA PURTY	ORS	60.720	69	I	28	87	I	28	156	I	28	84
2	N. VASAVI KUMARI	A.P.	59.120	68	II	25	78	II	25	146	II	25	75
3	ASHWINI CHARWEKAR	MHR	58.900	60	III	23	72	III	23	132	III	23	69
4	SUBHASHMITA MOHANTY	ORS	61.440	52	IV	22	71	IV	22	123	IV	22	66
5	SWAPNA PRIYA BARUAH	ASM	60.920	51	VI	21	67	V	21	118	V	21	63
6	A. ANANDI CHANU	MNP	62.500	48	VI	20	56	VI	20	104	VI	20	60

**CAT. 69 KG (YOUTH GIRLS)****DATE 04-01-2011**

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	T.P.
1	KIRAN KUMARI DIGAL	ORS	63.920	53	I	28	62	I	28	115	I	28	<b>84</b>
2	PREETI	HRN	63.100	N/T						E/T			<b>0</b>

**CAT. +69 KG (YOUTH GIRLS)****DATE 04-01-2011**

SL.NO.	NAME	STATE	BODY WT.	SNATCH	PLACE	POINT	CLN &JRK	PLACE	POINT	TOTAL	PLACE	POINT	T.P.
1	MUNNI	HRN	79.140	69	I	28	85	I	28	154	I	28	<b>84</b>
2	KALPANA MOHANTY	ORS	73.840	45	III	23	50	II	25	95	II	25	<b>73</b>
3	AIBUILALSANGMAWII	MIZ	69.660	50	II	25	E/T			E/T			<b>25</b>