

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



File No.: IWLF-2020-2021/YJS/NIs/PATIALA

Date: 6 July 2021

*All affiliated States & Departmental Boards of
Indian Weightlifting Federation*

Sub.: Invitation for participation of your teams during 73rd Men & 36th Women Senior National Weightlifting Championships-2020-21 / 57th Men & 33rd Women Junior National Weightlifting Championships-2020-21 / 16th Youth (Sub-Junior Boys and Girls) National Weightlifting Championships-2020-21 held at Patiala, Punjab from 9-12 August 2021.

73rd Men & 36th Women Senior National Weightlifting Championships-2020-21 / 57th Men & 33rd Women Junior National Weightlifting Championships-2020-21 / 16th Youth (Sub-Junior Boys and Girls) National Weightlifting Championships-2020-21 will be held at Patiala, Punjab from 9-12 August 2021, being organized by Indian Weightlifting Federation **TERMS AND CONDITIONS FOR PARTICIPATION, RAIL TRAVEL CONCESSION FORM, UNDERTAKING (DOPE DECLARATION FORM) ARE APPENDED SEPARATELY. ENTRIES TO BE SUBMITTED VIA EXCEL SHEET ATTACHED SEPARATELY AND ID CARDS VIA GOOGLE FORM.**

You are invited to participate in the Championships. Kindly go through the terms and conditions for participation carefully. Entries of those States whose lifters have not paid the administrative dope penalty charges / other dues to the Federation will not be allowed to participate in above Championships. **It is mandatory to carry RT-PCR COVID-19 negative test report by participating athletes, team officials and technical officials, test to be carried out within 72 hours prior to the arrival at the venue. In absence of negative RT-PCR test report or Vaccination certificate (of 2 doses), no participant will be allowed to enter the venue at Patiala.**

All participating States are requested to intimate their arrival / departure details to the Indian Weightlifting Federation. **In compliance with the resolutions adopted in Annual General Council Meeting dated 20th January 2021, all departmental boards have to arrange for their own boarding & lodging at Patiala.**

Yours Sincerely,


[Sahdev Yadav]
Secretary General



Encl. as above

Copy for information to:-

1. Shri L.S. Bishnoi, Executive Director (Academics), Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala.
2. Shri Shiv Sharma, Regional Director (Ops), Sports Authority of India, East Gate, JN Stadium Complex, Lodhi Road, New Delhi.

INDIAN WEIGHTLIFTING FEDERATION

NEW DELHI

TERMS AND CONDITIONS FOR PARTICIPATION IN

1. 73rd Men & 36th Women Senior National Weightlifting Championships-2020-21.
 2. 57th Men & 33rd Women Junior National Weightlifting Championships-2020-21
 3. 16th Youth (Sub-Junior Boys and Girls) National Weightlifting Championships-2020-21
- AT SPORTS AUTHORITY OF INDIA, NETAJI SUBHASH NATIONAL INSTITUTE
OF SPORTS, PATIALA FROM 9-13 AUGUST 2021

1.	Dates	:	9-13 August 2021												
2.	Arrival at Patiala	:	9-8-2021 afternoon												
3.	Departure from Patiala	:	12-8-2021 night / 13-8-2021 morning No meals except ' Dinner ' will be served to all participants on 9 th August 2021. Breakfast, Lunch & Dinner will be provided to all participants from 10-12 August 2021. No Boarding & Lodging facilities will be provided to Departmental Boards (namely FCI, AIPSCB, RSPB & SSCB) at Patiala from Indian Weightlifting Federation.												
4.	Verification of final entries and meeting of Technical Officials	:	5:00 p.m. on 9-8-2021 6:00 p.m. on 9-8-2021												
5.	Last date of receipt of entries	:	31-7-2021												
6.	Fee for the Championships (i) Entry fee for Athletes For Officials (Coach, Manager, Support Staff) (ii) I.D. Card fee (iii) Inter-State Transfer (iv) Anti-Doping fee	:	Rs. 1000/- per head for Senior Rs. 700/- per head of Youth and Junior Rs. 1000/- per head Rs. 800/- per card Rs. 200/- per athlete Rs. 300/- per athlete												
7.	Annual renewal fee	:	Rs. 15,000/- (Rupees Fifteen Thousand only) for States and Rs. 50,000/- (Rupees Fifty Thousand only) for Departmental Boards with surcharge of Rs. 500/- per month from 1 st July 2021 onwards for those States who have not paid the annual renewal fee for the year 2021-22 upto 30.06.2021.												
8.	Weight Categories	:	<table border="1" style="width: 100%;"> <tr> <td>Youth (Boys)</td> <td>49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg and +102 kg</td> </tr> <tr> <td>Youth (Girls)</td> <td>40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg and +81 kg</td> </tr> <tr> <td>Jr. (Men)</td> <td>55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg</td> </tr> <tr> <td>Jr. (Women)</td> <td>45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg</td> </tr> <tr> <td>Sr. (Men)</td> <td>55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg</td> </tr> <tr> <td>Sr. (Women)</td> <td>45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg</td> </tr> </table>	Youth (Boys)	49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg and +102 kg	Youth (Girls)	40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg and +81 kg	Jr. (Men)	55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg	Jr. (Women)	45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg	Sr. (Men)	55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg	Sr. (Women)	45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg
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9.	Athlete's age for participation Youth (Boys & Girls) Junior (Men & Women) Senior (Men & Women)	:	Athletes born between 1 st January 2003 and 31 st December 2007 along with Medical Age parameters between 13 to 17 years. Athletes born between 1 st January 2000 and 31 st December 2005 along with Medical Age parameters between 15 to 20 years. Athletes born after 1 st January 2000 onwards												



MINIMUM QUALIFYING STANDARDS:-

Youth Boys	49	55	61	67	73	81	89	96	102	+102
Snatch	73	75	90	89	105	95	90	90	96	98
Clean & Jerk	87	96	115	118	128	121	116	110	120	121
Total	160	171	205	207	233	216	206	200	216	219
Youth Girls	40	45	49	55	59	64	71	76	81	+81
Snatch	39	50	58	55	61	62	60	56	48	48
Clean & Jerk	48	64	72	73	75	76	75	62	65	63
Total	87	114	130	128	136	138	135	118	113	111
Junior Men	55	61	67	73	81	89	96	102	109	+109
Snatch	95	100	106	108	117	106	115	106	104	125
Clean & Jerk	115	121	133	136	145	140	145	135	132	159
Total	210	221	239	244	262	246	260	241	236	284
Junior Women	45	49	55	59	64	71	76	81	87	+87
Snatch	58	62	63	63	65	74	69	63	71	62
Clean & Jerk	67	76	83	84	85	95	85	81	89	78
Total	125	138	146	147	150	169	154	144	160	140
Senior Men	55	61	67	73	81	89	96	102	109	+109
Snatch	97	110	115	125	125	130	121	130	133	141
Clean & Jerk	116	131	141	155	160	168	165	167	164	162
Total	213	241	256	280	285	298	286	297	297	303
Senior Women	45	49	55	59	64	71	76	81	87	+87
Snatch	63	66	72	75	75	76	67	81	68	75
Clean & Jerk	81	86	95	95	95	100	85	96	95	100
Total	144	152	167	170	170	176	152	177	163	175

Please note that 20 kg rule will be applicable above the minimum qualifying standard in each body weight category.

N.B.:- If any State Association does not qualify with the minimum starting weight in any weight category whatsoever, such State Associations will be allowed with 1 WILD Card Entry, meaning they can enter with maximum of 1 athlete each in Men and Women section.

Maximum no. of entries from a participating State

Youth Boys	-	10 athletes
Youth Girls	-	10 athletes
Junior Men	-	10 athletes
Junior Women	-	10 athletes
Senior Men	-	10 athletes
Senior Women	-	10 athletes

Team Officials - Quota of 2 team officials per team are allowed due to COVID-19 situation.

11. Entry forms and arrival / departure details to be submitted online via EXCEL SHEET FILE attached separately.



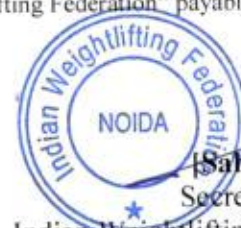
12.	Venue of Championships	:	Sports Authority of India, Netaji Subhash National Institute of Sports, Moti Bagh Palace, Patiala 147001.
13.	Accommodation	:	
	For Women	:	Hostels and guest houses at Patiala
	For Men	:	Hostels and guest houses at Patiala
	For Officials	:	Hotels
14.	Catering	:	Central catering at the venue of the Competition
15.	Rail Travel Concession	:	3 Rail Travel Concession forms are enclosed
16.	Submission of Age Estimation Certificate along with Aadhar Card	:	As per Ministry of Youth Affairs & Sports, Government of India guidelines on Age Genuineness in sports, particularly for Youth & Junior athletes, it is mandatory to submit the Age Estimation Certificate in the prescribed proforma along with the Entry form from registered medical centre / hospital earmarked by Sports Authority of India across INDIA. Original Date of Birth Certificates and Aadhar cards will be submitted to the Federation office. Those competitors already registered with the Federation and has been issued new I.D. Cards as per medical age will need not re-submit the Age Estimation Certificate. Copy of Aadhar card of athletes is mandatory to be submitted for issuance of fresh I.D. cards as per guidelines.
17.	DOPE TEST	:	The National Anti-Doping Agency (NADA) team will collect the samples for Dope Test
18.	UNDERTAKING / DOPE DECLARATION FORM	:	Undertaking / Dope Declaration form signed by the lifter mentioning I.D. Card no., complete address with pin code, telephone, email, fax, duly countersigned by the Coach & the State Secretary to be submitted at the time of weigh-in at the Competition.
19.	WEATHER / CLIMATE	:	Hot and humid weather. Temperature ranging between 35 to 40 degrees.

20. MISCELLANEOUS CONDITIONS:-

- (i) Upon receipt of final entry on 31st July 2021, each State will be notified about their stay at respective places by the Federation.
- (ii) All participants have to arrange for their own transportation from Airport (Chandigarh) / Railway Station / Bus Stand (Patiala) to the hotel / guest house and venue during the competition.
- (iii) Entries to be submitted online via EXCEL SHEET – file attached separately.
- (iv) The tentative schedule / time table of the competition is attached separately. All participants are requested to leave back for their hometown stations immediately on completion of their respective competitions due to venerable COVID-19 situation in the Country.
- (v) It will be mandatory to mention in the Entry form the name of **COACH** of each lifter who has been training a lifter atleast for last 3 months. Remarks as “*Self training*” are untenable.
- (vi) The **20 kg rule** will apply for both Men & Women. It is mandatory to mention minimum entry total in the Entry Forms.
- (vii) Wherever the athletes will participate in all 3 events, the minimum qualifying standard of Senior will apply whereas if the athlete will participate in both Senior & Junior, the minimum qualifying standard of Senior section will apply and if the athlete will participate in both Junior & Youth, the minimum qualifying standard of Junior section will apply.
- (viii) Incomplete entry forms in any regard will not be entertained.
- (ix) It is the **responsibility of the Secretary** of each affiliated unit **to educate their respective lifters** about consequences of use of **banned / prohibited drugs** and the **sanctions set forth in the Anti-Doping Policy of Indian Weightlifting Federation**. The NADA / WADA rules for BAN are applicable for both out-of-competition and in-competition. BAN on **first offence is 4 years** and for **second offence – 8 years / LIFE BAN.**



- (x) For **re-admission to National Championships / activities** after the first offence, a lifter who has tested positive and has completed suspension period will have to submit his / her Whereabout Information to Indian Weightlifting Federation for 3 months immediately preceding and succeeding the expiry of suspension date, atleast 45 days in advance preceding the expiry period of suspension date. No such provision for the second offence.
- (xi) The **MEDALS** will be distributed for TOTAL event only.
- (xii) The **DIPLOMA** for first 3 places in total in each body weight category will only be distributed after the results and completion of dope test and Appeals by National Anti-Doping Agency, New Delhi is informed to the Federation.
- (xiii) The **PARTICIPATION CERTIFICATE** will be awarded only to those athletes who will pass atleast 1 lift within 3 attempts of Snatch during the Championships and who are in possession of Athlete ID Cards of the Federation. Athletes failing all the lifts of Snatch will not be given the Participation Certificates for the Championships.
- (xiv) No **Inter-State transfers** are allowed except for competitors residing / employed in other States in above Championships, the name of the competitor must be registered with the Federation also from his / her native State or from the State where he / she has been residing / working for a period of atleast six months prior to the start of the Championships, along with stipulated fee otherwise he / she will not be eligible to participate. Application for such cases may be applied to office of the Federation latest by 31-7-2021 with transfer fee of Rs. 200/- in each case accompanied by "**No Objection Certificate**" from affiliated departmental Sports Boards. There will be no exception on this.
- (xv) **Application** for issue of **fresh I.D. Cards** may be sent through respective Unit General Secretaries to be submitted online via google form as per prescribed format **along with relevant documents** and fee of Rs. 800/- per I.D. Card latest by 31-7-2021 ONLINE. **The Age Certificate given by the designated Doctor will be treated as athlete's actual age parameter range. NO ATHLETE WILL BE ALLOWED TO PARTICIPATE WITHOUT POSSESSION OF ATHLETE ID CARDS ISSUED BY THE FEDERATION AT THE TIME OF BODY WEIGHT.** Those athletes who will not submit their Age Estimation Forms (applicable to Junior and Youth-section only) to the Federation office on or before 31.7.2021 are not allowed to participate.
- (xvi) **NO ON-THE-SPOT I.D. CARDS WILL BE ISSUED.** There will be no exception on this.
- (xvii) For issue of **Duplicate I.D. Cards**, application may be sent to Indian Weightlifting Federation office latest by 31-7-2021 **accompanied by true copy of FIR lodged** with local Police Station mentioning old I.D. Card number and other details online. Duplicate card fee – Rs. 800/-.
- (xviii) Any participant who has not competed from his earlier registered State for 2 years or more is entitled to seek affiliation from a new State with due process of registration and application for the adopting State Association without the formality of NOC from the previous State. All such registration will be entertained only if the concerned lifter is bonafide / employees in the borrowing State for more than 6 months before start of the Championships or his adopting State have NO OUTSTANDINGS.
- (xix) **AFFILIATE UNITS WITH ANY OUTSTANDING ON DOPE PENALTY OR OTHERWISE WILL NOT BE ELIGIBLE FOR PARTICIPATION.**
- (xx) **ALL RELEVANT FEE LIKE ENTRY FEE, ANNUAL RENEWAL FEE, ANTI-DOPING FEE, INTER-STATE TRANSFER FEE, I.D. CARD FEE & DUPLICATE I.D. CARD FEE** will be paid by a Demand Draft favouring "Indian Weightlifting Federation" payable at New Delhi on or before 31-7-2021.



[Sandeep Yadav]
Secretary General
Indian Weightlifting Federation

UNDERTAKING DOPE DECLARATION FORM

I, _____ representing _____ participating in _____ kg weight category in **73rd Men & 36th Women Senior National Weightlifting Championships-2020-21 / 57th Men & 33rd Women Junior National Weightlifting Championships-2020-21 / 16th Youth (Sub-Junior Boys and Girls) National Weightlifting Championships-2020-21 held at Patiala, Punjab from 9-12 August 2021** hereby declare and certify on oath that I am aware of names of banned drugs under LATEST WADA / NADA code and state with full responsibility that I have not consumed any banned substance and that I am absolutely free from banned drugs.

In case of my positive dope test at the above Championships I shall solely be responsible for the same and shall be liable for all consequences arising out of my positive dope test as provided in the Anti-Doping Rules / Policy of Indian Weightlifting Federation and National Anti-Doping Agency.

It is my personal duty to ensure that no Prohibited Substance enters my body. I am responsible for any Prohibited Substance or its Metabolites or Markers found to be present in my sample. Accordingly, it is not necessary that intent, fault, negligence or knowing Use on my part be demonstrated in order to establish an anti-doping violation.

I certify that I understand the contents of this undertaking which has been explained to me by my Coach / Manager / Secretary of my State Association in the language known to me.

Name (in Block letters)	Address	IWLF ID Card No.	Mobile / Tel / Fax	Email

Aadhar Card no. _____
(Enclose copy)

Signature of Athlete:
State / Unit:

Certified by:-

I, _____, coach of above athlete agree to abide by rules and regulations of Anti-Doping Policy of Indian Weightlifting Federation / National Anti-Doping Agency and is aware of the consequences of use of banned drug(s) by my above trainee. I support and abide by the sanctions imposed on me by Indian Weightlifting Federation / National Anti-Doping Agency in case of above athlete being testing positive.

Countersigned:

Name of Coach:

Mobile no.

Verified & Certified by:-

I hereby certify that information provided in this Undertaking / Dope Declaration form is true and correct. I will be responsible for any discrepancy found in this form and actions thereof. I undertake to pay the administrative dope penalty charges of Rs. 50,000/- per positive dope test case as the State / Unit liability within 30 days and accept the suspension of the State Association / forfeiture of participation in any future Championship(s) as an affiliate Unit / as individual lifter till such time this financial outstanding is cleared.

.....
[Secretary]

State / Unit
With seal

Dated: