

INDIAN WEIGHTLIFTING FEDERATION

REPORT OF SECRETARY GENERAL **1ST JANUARY TO 30TH SEPTEMBER 2019**

1. INTRODUCTION:-

Year 2019 started with focus on earning maximum berths for 2020 Tokyo Olympic Games and accordingly National camps have been conducted at Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala w.e.f. 1st January 2019 onwards.

2. NATIONAL COACHING CAMPS:-

Senior (Men & Women):- The intensive and continuous training was held w.e.f. 1.1.2019 to till date with pruning of list from time to time.

The camps were stationed at Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala and Sports Authority of India, HATC, Shilaroo. The training and other logistic arrangements were of excellent nature at these centres.

Youth (Boys & Girls) and Junior (Men & Women):- The calendar of coaching camps was drawn based on the International Calendar of Events in 2019 and held w.e.f. 1.4.2019 to 6.7.2019 with pruning list from time to time.

3. INTERNATIONAL COMPETITIONS:-

The Indian athletes participated in following International Competitions during the period:-

Seniors (Men & Women):-

- (i) EGAT Cup [**Qualification Event for 2020 Tokyo Olympic Games**] held at Chiang Mai (Thailand) from 5-11 February 2019.
- (ii) 2019 AWF Senior (Men & Women) Asian Weightlifting Championships [**Qualification Event for 2020 Tokyo Olympic Games**] held at Ningbo (China) from 17-28 April 2019.
- (iii) 2019 Commonwealth Senior (Men & Women) Weightlifting Championships [**Qualification Event for 2020 Tokyo Olympic Games**] held at Apia (Samoa) from 6-15 July 2019.
- (iv) 2019 IWF Senior (Men & Women) World Weightlifting Championships [**Qualification Event for 2020 Tokyo Olympic Games**] held at Pattaya (Thailand) from 15-27 September 2019.

Youth (Boys & Girls) and Junior (Men & Women):-

- (i) 2019 Commonwealth Youth (Boys & Girls) Weightlifting Championships held at Apia (Samoa) from 6-15 July 2019.
- (ii) 2019 Commonwealth Junior (Men & Women) Weightlifting Championships held at Apia (Samoa) from 6-15 July 2019.
- (iii) 2019 Asian Youth (Boys & Girls) Weightlifting Championships being held at Pyongyang (DPR Korea) from 18-27 October 2019.

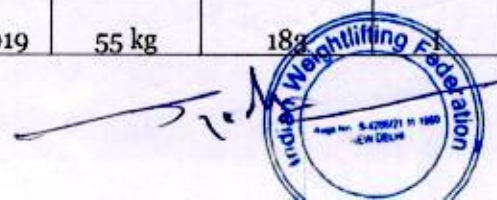


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- (iv) 2019 Asian Junior (Men & Women) Weightlifting Championships [Qualification Event for 2020 Tokyo Olympic Games] being held at Pyongyang (DPR Korea) from 18-27 October 2019.

4. PERFORMANCE OF INDIAN ATHLETES IN INTERNATIONAL EVENTS:-

S.No.	Name	Participation during Weightlifting Championships / Games	Wt. Cat.	Total	Place
1	Saikhom Mirabai Chanu	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	49 kg	192	I
2	Swati Singh	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	59 kg	195	VI
3	Kopparthi Shireesha	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	59 kg	189	IX
4	Jeremy Lalrinnunga	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	67 kg	288	II
5	Sivalingam Sathish Kumar	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	81 kg	200	IV
6	Vikas Thakur	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	96 kg	353	III
7	Ragala Venkat Rahul	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	96 kg	332	IV
8	Pardeep Singh	EGAT Cup - International Championships at Chiang Mai from 5-11 February 2019	109 kg	310	VI
9	Muthupandi Raja	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	61 kg	265	XIII
10	Jeremy Lalrinnunga	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	67 kg	297	IX
11	Achinta Sheuli	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	73 kg	297	XI
12	Ajay Singh	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	81 kg	320	VII
13	Vikas Thakur	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	96 kg	349	IV
14	Pardeep Singh	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	102 kg	351	VI
15	Gurdeep Singh	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	+109 kg	375	IX
16	Jhilli Dalabehera	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	45 kg	162	II
17	Saikhom Mirabai Chanu	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	49 kg	199	IV
18	Swati Singh	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	59 kg	196	VII
19	Rakhi Halder	2019 Senior Asian Championships at Ningbo from 17-28 April 2019	64 kg	212	VII
20	Jhilli Dalabehera	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	45 kg	164	I
21	Saikhom Mirabai Chanu	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	49 kg	191	I
22	S. Bindyarani Devi	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	55 kg	189	



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23	Matsa Santoshi	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	55 kg	182	II
24	Davinder Kaur	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	59 kg	184	I
25	Rakhi Halder	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	64 kg	214	I
26	Manpreet Kaur	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	76 kg	207	II
27	Pavunraj Anuradha	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	87 kg	221	I
28	Ch. Rishikanta Singh	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	55 kg	235	I
29	Muthupandi Raja	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	61 kg	Participated	
30	Jeremy Lalrinnunga	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	67 kg	Participated	
31	Achinta Sheuli	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	73 kg	305	I
32	Ajay Singh	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	81 kg	338	I
33	Papul Changmai	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	81 kg	313	II
34	Ragala Venkat Rahul	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	89 kg	325	II
35	Vikas Thakur	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	96 kg	338	II
36	Pardeep Singh	2019 Senior Commonwealth Championships at Apia from 6-15 July 2019	102 kg	350	I
37	Jacob Vanlaltluanga	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	61 kg	242	I
38	Muthupandi Raja	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	61 kg	Participated	
39	Jeremy Lalrinnunga	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	67 kg	Participated	
40	Gulam Navi	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	67 kg	275	I
41	Achinta Sheuli	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	73 kg	305	I
42	Leiphrakpam Sadananda Singh	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	73 kg	275	III
43	Adiboina Siva Rama Krishna Yadav	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	81 kg	264	II
44	Kalyan Singh	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	96 kg	287	II
45	Bornali Borah	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	45 kg	131	I
46	Sakshi Prakash Maske	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	45 kg	130	II
47	Sneha Soren	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	55 kg	169	I
48	Saloni Singh	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	55 kg	163	II

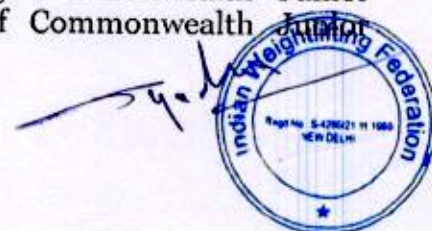


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49	Sukarna Adak	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	59 kg	178	I
50	Seram Nirupama Devi	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	64 kg	197	I
51	Ramasundara Pandi Arockiya Alish	2019 Junior Commonwealth Championships at Apia from 6-15 July 2019	76 kg	188	II
52	Bhaktaram Desti	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	49 kg	185	I
53	Jacob Vanlalthuanga	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	61 kg	242	I
54	Jeremy Lalrinnunga	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	67 kg	Participated	
55	L. Sadananda Singh	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	73 kg	275	I
56	Adiboina Siva Rama Krishna Yadav	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	81 kg	264	I
57	Soumya Dalvi	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	40 kg	109	I
58	Rekhamoni Gogoi	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	40 kg	106	III
59	Sukarna Adak	2019 Youth Commonwealth Championships at Apia from 6-15 July 2019	59 kg	178	I
60	Jhilli Dalabehera	2019 IWF Senior World Championships at Pattaya from 15-27 September 2019	45 kg	Participated	
61	Saikhom Mirabai Chanu	2019 IWF Senior World Championships at Pattaya from 15-27 September 2019	49 kg	201	IV
62	Sneha Soren	2019 IWF Senior World Championships at Pattaya from 15-27 September 2019	55 kg	173	XXX
63	Rakhi Halder	2019 IWF Senior World Championships at Pattaya from 15-27 September 2019	64 kg	214	XIV
64	Jeremy Lalrinnunga	2019 IWF Senior World Championships at Pattaya from 15-27 September 2019	67 kg	296	XXI
65	Achinta Sheuli	2019 IWF Senior World Championships at Pattaya from 15-27 September 2019	73 kg	301	XXV
66	Ajay Singh	2019 IWF Senior World Championships at Pattaya from 15-27 September 2019	81 kg	333	XIX

NUMEROUS RECORDS BROKEN BY INDIAN ATHLETES DURING INTERNATIONAL EVENTS IN 2019:-

- 28 new national records were broken during Ningbo Senior Asian Weightlifting Championships across Youth, Junior and Senior section by Indian athletes BESIDES 8 International records of Asian Youth and World Youth Championships by Jeremy Lalrinnunga.
- 12 new Senior national records were broken during Commonwealth Senior Championships BESIDES 7 International records of Commonwealth Senior Championships by various athletes.
- 6 new Junior national records were broken during Commonwealth Junior Championships BESIDES 10 International records of Commonwealth Junior Championships by various athletes.



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4. 2 new Youth national records were broken during Commonwealth Youth Championships BESIDES 3 Commonwealth Youth records, 1 Youth World record and 1 Youth Asian record were created during Commonwealth Youth Championships by various athletes.

5. INDIAN TECHNICAL OFFICIALS PARTICIPATION AT INTERNATIONAL EVENTS:-

The following Indian Technical Officials have participated during various International Events in the year 2019:-

- (i) Mr. Sahdev Yadav
- (ii) Mr. N.P.S. Chauhan
- (iii) Mrs. Hansa Sharma
- (iv) Mr. Bhabajyoti Goswami

6. NATIONAL WEIGHTLIFTING CHAMPIONSHIPS:-

- (i) 15th National Youth (Boys & Girls) Weightlifting Championships-2019-20 being held at Bodh Gaya (Bihar) from 14-22 October 2019.
- (ii) 56th Men and 33rd Women Junior National Weightlifting Championships-2019-20 being held at Bodh Gaya (Bihar) from 14-22 October 2019.
- (iii) 72nd Men's and 35th Women's Senior National Weightlifting Championships-2019-20 – will be held at Kolkata (West Bengal) from 2-7 February 2020.

7. DOPE CONTROL MEASURES:-

In the year 2019, National Anti-Doping Agency have collected approximately 150 samples, 21 lifters were tested positive in National Championships and Khelo India Games.

IWF / WADA have taken more than 60 samples of Indian team in the year 2019.

We continue to repeat our vow – ZERO TOLERANCE FOR DOPE IN WEIGHTLIFTING with concerted and continuous efforts to root out the monster of dope from this ancient sport.



[Sahdev Yadav]
Secretary General

Date: 30 September 2019
Place: New Delhi