

REPORT

EGAT'S CUP - INTERNATIONAL WEIGHTLIFTING CHAMPIONSHIPS **[QUALIFICATION EVENT FOR TOKYO 2020]** **5-11 FEBRUARY 2019, CHIANG MAI, THAILAND**

Itinerary: The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala consisting of 13 members on 4th February 2019 by flight no. TG-332 departed New Delhi on 3:30 a.m. on 5th February 2019 and reached Chiang Mai at 2:25 p.m. enroute Bangkok.

Competition:- EGAT Cup International Weightlifting Championships **[Qualification Event for 2020 Tokyo Olympic Games]** was held at Chiang Mai, Thailand from 5-11 February 2019 under the Technical and Competition rules of International Weightlifting Federation (IWF).

Indian team consisting of 5 Men + 3 Women + 3 Coaches + 2 support staff participated in these Championships. The Weightlifting Championships held at **Chiang Mai (Thailand)** was a well organized competition. The competition was held at Chiang Mai International Exhibition and Convention Centre.

Accommodation: The accommodation to the Indian team members were provided at Green Lake Resort, 230 Moo 2 Cholprathan Rd. Chang Puek, Chiang Mai, Thailand.

Competition: The verification of final entries was completed on 5th February 2019 and after verification, the Organizers confirmed the participation of 98 athletes from 24 countries across the World.

Performance:- The result of the Indian team is as under:-

| S.No. | Name | Section | Wt. Cat. | Snatch | C&J | Total | Result |
|--------------|--------------------------|----------------|-----------------|---------------|----------------|--------------|-----------------------|
| 1. | Saikhom Mirabai Chanu | Women | 49 kg | 82 kg | 110 kg | 192 kg | 1 st place |
| 2. | Swati Singh | Women | 59 kg | 86 kg | 109 kg | 195 kg | 6 th place |
| 3. | Kopparthi Shireesha | Women | 59 kg | 79 kg | 110 kg | 189 kg | 9 th place |
| 4. | Jeremy Lalrinnunga | Men | 67 kg | 131 kg | 157 kg | 288 kg | 2 nd place |
| 5. | Sivalingam Sathish Kumar | Men | 81 kg | 90 kg | 110 kg | 200 kg | 4 th place |
| 6. | Vikas Thakur | Men | 96 kg | 157 kg | 196 kg | 353 kg | 3 rd place |
| 7. | Ragala Venkat Rahul | Men | 96 kg | 149 kg | 183 kg | 332 kg | 4 th place |
| 8. | Pardeep Singh | Men | 109 kg | 140 kg | 170 kg | 310 kg | 6 th place |

The above team departed back from Chiang Mai by flight no. TG-111 on 11th February at 3:20 p.m. and reached New Delhi at 11:00 p.m. enroute Bangkok, from thereon the team travelled by road to the National camp at Patiala.

[Sahdev Yadav]
Secretary General
Indian Weightlifting Federation

Date: 14 February 2019
Place: New Delhi.