

REPORT

2019 COMMONWEALTH YOUTH (BOYS & GIRLS) WEIGHTLIFTING CHAMPIONSHIPS HELD AT APIA, SAMOA FROM 6-15 JULY, 2019

Competition:- 2019 Commonwealth Youth (Boys & Girls) Weightlifting Championships was held at Apia, Samoa from 6-15 July, 2019 under the Technical and Competition rules of International Weightlifting Federation (IWF) and Commonwealth Weightlifting Federation (CWF).

Indian team consisting of 5 Men + 3 Women participated in these Championships.

The Weightlifting Championships held at Apia, Samoa was a well organized competition. The competition was held at Tuanaimato Sports Complex, Apia.

Itinerary: The Indian team travelled in 2 groups – first group from Melbourne training camp by flight no. VA 865 on 5.7.2019 at 4:45 p.m. via Sydney and reached Apia on 6.7.2019 at 05:55 a.m. and second group from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala by road on 5.7.2019 enroute New Delhi by flight no. SQ403 to Singapore-Brisbane and reached Apia on 7.7.2019 at 5:10 a.m. On return from Apia, the team left in 2 groups – first group by flight no. VA 78 on 14.7.2019 at 6:10 a.m. via Sydney – Singapore and reached New Delhi on 15.7.2019 at 11:35 a.m. and second group by flight no. OL843 from Apia on 14.7.2019 at 6:55 p.m. via Brisbane – Singapore and reached New Delhi on 15.7.2019 at 8:10 p.m.

Accommodation: The accommodation to the Indian team members were provided at Hotel Pasefika Inn, Apia, Samoa.

Competition: The verification of final entries was completed on 7th July 2019 and after verification, Commonwealth Weightlifting Federation confirmed the participation of 56 athletes (26 Men + 30 Women) from 10 countries across the Commonwealth countries.

Performance:- The result of the Indian team is as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	C&J	Total	Medal
1.	Bhaktaram Desti	Boys	49 kg	77 kg	108 kg	185 kg	Gold
2.	Jacob Vanlaltruanga	Boys	61 kg	112 kg	130 kg	242 kg	Gold
3.	Jeremy Lalrinnunga	Boys	67 kg	136 kg	--	E/T	--
4.	L. Sadananda Singh	Boys	73 kg	124 kg	151 kg	275 kg	Gold
5.	Adiboina Siva Rama Krishna Yadav	Boys	81 kg	118 kg	146 kg	264 kg	Gold
6.	Soumya Dalvi	Girls	40 kg	51 kg	58 kg	109 kg	Gold
7.	Rekhamoni Gogoi	Girls	40 kg	47 kg	59 kg	106 kg	Bronze
8.	Sukarna Adak	Girls	59 kg	77 kg	101 kg	178 kg	Gold

New Youth National Weightlifting records - 2 New records

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	Bhaktaram Desti	49 kg	Clean & Jerk	108 kg	107 kg –

					Bhaktaram Desti
2.	Jeremy Lalrinnunga	67 kg	Snatch	136 kg	134 kg – Jeremy Lalrinnunga

New Youth Commonwealth Weightlifting Record - 3 New records

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	Jacob Vanlaltluanga	61 kg	Snatch	112 kg	109 kg – CW Standard
2.	Jacob Vanlaltluanga	61 kg	Total	242 kg	241 kg – CW Standard
3.	Jeremy Lalrinnunga	67 kg	Snatch	136 kg	134 kg – Jeremy Lalrinnunga

New Youth World Weightlifting Record - 1 New record

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	Jeremy Lalrinnunga	67 kg	Snatch	136 kg	134 kg – Jeremy Lalrinnunga

New Youth Asian Weightlifting Record - 1 New record

S.No.	New record created by	Wt. Cat.	Event	Record Lift	Earlier record
1.	Jeremy Lalrinnunga	67 kg	Snatch	136 kg	134 kg – Jeremy Lalrinnunga

Medals Won by:-	Gold	Silver	Bronze	Total
Youth (Boys)	04	--	--	4 Medals
Youth (Girls)	02	--	01	3 Medals
Total	06	--	01	7 Medals

[Sahdev Yadav]
Secretary General
Indian Weightlifting Federation

Date: 15 July 2019
Place: New Delhi.