

REPORT

20TH ASIAN YOUTH (BOYS & GIRLS) WEIGHTLIFTING CHAMPIONSHIPS HELD AT URGENCH, UZBEKISTAN FROM 20-30 APRIL 2018

Competition:- 20th Asian Youth (Boys & Girls) Weightlifting Championships was held at Urgench, Uzbekistan from 20-30 April, 2018 under the Technical and Competition rules of International Weightlifting Federation (IWF).

Indian team consisting of 8 Youth Boys + 8 Youth Girls + 6 Coaches participated in these Championships.

The Weightlifting Championships held at Urgench, Uzbekistan was a well organized competition. The competition was held at Yoshlik Sport Complex, Urgench City, Yoshlik Street 1, Uzbekistan under the Technical & Competition rules of IWF.

Itinerary: The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala in one group on 18th April 2018 at 4:00 p.m. and took flight from I.G.I. Airport New Delhi on 19th April 2018 at 00:45 a.m. reached Urgench at 5:10 p.m. on 19th April 2018 with 13 hours halt at Tashkent. The team has to go early due to the non availability of direct flights from New Delhi to Tashkent on other dates.

Accommodation: The accommodation to the Indian team members were provided at Urgench Palace Hotel, Al Beruni Street 2, Urgench City, Uzbekistan.

Competition: The verification of final entries was completed on 21st April 2018 and after verification, athletes from from 22 countries across the Asia will participate in the Event.

Performance:- The result of the Indian team is as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	CI&Jerk	Total	Place
1	Surajit Changmai	Y. Boys	50 kg	79 <i>Bronze</i>	87 <i>Bronze</i>	166 <i>Bronze</i>	III
2	Jeremy Lalrinnunga	Y. Boys	56 kg	114 <i>Silver</i>	136 <i>Silver</i>	250 <i>Silver</i>	II
3	Sidhant Gogoi	Y. Boys	56 kg	106 <i>Bronze</i>	137 <i>Bronze</i>	243 <i>Bronze</i>	III
4	Jacob Vanlalthuanga	Y. Boys	62 kg	108 <i>Silver</i>	131	239 <i>Bronze</i>	III
5	Achinta Sheuli	Y. Boys	69 kg	123 <i>Bronze</i>	151 <i>Silver</i>	274 <i>Silver</i>	II
6	Ankush Kumar	Y. Boys	85 kg	122	147	269	VI
7	Pradeep Kumar Yadav	Y. Boys	94 kg	117	145	262	VI
8	Jasveer Singh	Y. Boys	94 kg	103	135	238	VII
9	Konsam Ormila Devi	Y. Girls	44 kg	58	78 <i>Bronze</i>	136	V
10	Ep. Quasar Khanam	Y. Girls	48 kg	62	78	140	VI
11	Sneha Soren	Y. Girls	48 kg	63	82 <i>Bronze</i>	145 <i>Bronze</i>	III
12	Lamabam Nilam Devi	Y. Girls	53 kg	71	93	164	IV
13	Ananya Vijay Patil	Y. Girls	53 kg	71	80	151	VI
14	Arambam Anju Devi	Y. Girls	75 kg	70	97	167	IV

Medals Won by:-	Gold	Silver	Bronze	Total
Youth (Boys)	--	06	08	14 Medals
Youth (Girls)	--	--	06	6 Medals
<i>Total</i>	--	<i>06</i>	<i>14</i>	<i>20 Medals</i>

Youth Boys and Girls team earned 1 berth each for participation during 3rd Youth Olympic Games – Buenos Aires, Argentina in October 2018.

**Youth Boys team finished 2nd in team's ranking with 531 points
Youth Girls team finished 3rd in team's ranking with 510 points.**

The above team departed back from Urgench to Delhi on 2nd May 2018 at 9:35 a.m. and reached New Delhi at 10:45 p.m. from thereon the team travelled by road to the National camp at Patiala.

[Sahdev Yadav]
Secretary General
Indian Weightlifting Federation

Date: 30 May 2018
Place: New Delhi.

REPORT

25TH WOMEN AND 32ND MEN ASIAN WEIGHTLIFTING CHAMPIONSHIPS HELD AT URGENCH, UZBEKISTAN FROM 20-30 APRIL 2018

Competition:- 25th Women and 32nd Men Asian Weightlifting Championships was held at Urgench, Uzbekistan from 20-30 April, 2018 under the Technical and Competition rules of International Weightlifting Federation (IWF).

Indian team consisting of 8 Junior Men + 8 Junior Women + 6 Coaches participated in these Championships.

The Weightlifting Championships held at Urgench, Uzbekistan was a well organized competition. The competition was held at Yoshlik Sport Complex, Urgench City, Yoshlik Street 1, Uzbekistan under the Technical & Competition rules of IWF.

Itinerary: The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala in one group on 18th April 2018 at 4:00 p.m. and took flight from I.G.I. Airport New Delhi on 19th April 2018 at 00:45 a.m. reached Urgench at 5:10 p.m. on 19th April 2018 with 13 hours halt at Tashkent. The team has to go early due to the non availability of direct flights from New Delhi to Tashkent on other dates.

Accommodation: The accommodation to the Indian team members were provided at Urgench Palace Hotel, Al Beruni Street 2, Urgench City, Uzbekistan.

Competition: The verification of final entries was completed on 21st April 2018 and after verification, 20 countries across the Asia have participated.

Performance:- The result of the Indian team is as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	CI&Jerk	Total	Place
1	Jeremy Lalrinnunga	Jr. Men	56 kg	114 Bronze	136 Bronze	250 Bronze	III
2	Gulam Navi	Jr. Men	62 kg	114	145	259	VI
3	Achinta Sheuli	Jr. Men	69 kg	123	151	274	V
4	Karandeep Singh	Jr. Men	77 kg	120	145	265	IX
5	Ragala Varun	Jr. Men	77 kg	128	145	273	VIII
6	Kh. Jojo Meitei	Jr. Men	85 kg	131	162	293	VII
7	Harshit Sehrawat	Jr. Men	94 kg	125	145	270	IX
8	Tejpal Singh Sandhu	Jr. Men	+105 kg	135	169	304	V
9	Jhilli Dalabehera	J. Women	48 kg	73	93 Bronze	166 Silver	II
10	Pooja Gupta	J. Women	48 kg	60	84	144	IX
11	Gauri Pandey	J. Women	53 kg	68	98 Silver	166 Silver	II
12	Ph. Ranibala Devi	J. Women	53 kg	74 Silver	91 Bronze	165 Bronze	III
13	Rupa Hangandi	J. Women	58 kg	79 Silver	100 Bronze	179 Silver	II
14	Seram Nirupama Devi	J. Women	69 kg	77	105	182	IV
15	Anjali Joshi	J. Women	75 kg	74	92	166	VII
16	Ashwini Malage	J. Women	+90 kg	84	--	E/T	--

Medals Won by:-	Gold	Silver	Bronze	Total
Junior (Men)	--	--	03	3 Medals
Junior (Women)	--	06	09	15 Medals
Total	--	06	12	18 Medals

Junior Men team finished 6th in team's ranking with 467 points.

Junior Women team finished 3rd in team's ranking with 478 points.

The above team departed back from Urgench to Delhi on 2nd May 2018 at 9:35 a.m. and reached New Delhi at 10:45 p.m. from thereon the team travelled by road to the National camp at Patiala.

[Sahdev Yadav]
Secretary General
Indian Weightlifting Federation

Date: 30 May 2018

Place: New Delhi.