

# **REPORT**

## **19<sup>TH</sup> ASIAN YOUTH (BOYS & GIRLS) AND 24<sup>TH</sup> WOMEN AND 31<sup>ST</sup> MEN ASIAN WEIGHTLIFTING CHAMPIONSHIPS HELD AT KATHMANDU, NEPAL FROM 21-29 JULY, 2017**

**Competition:-** 19<sup>th</sup> Asian Youth (Boys & Girls) and 24<sup>th</sup> Women and 31<sup>st</sup> Men Asian Weightlifting Championships was held at Kathmandu, Nepal from 21-29 July, 2017 under the Technical and Competition rules of International Weightlifting Federation (IWF).

Indian team consisting of 4 Youth Girls + 5 Junior Men + 5 Junior Women + 4 Coaches participated in these Championships.

The Weightlifting Championships held at Kathmandu, Nepal was a well organized competition. The competition was held at Army Physical Training and Sports Centre, Lagankhel, Nepal under the Technical & Competition rules of IWF.

**Itinerary:** The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala in one group on 22<sup>nd</sup> July 2017 at 7:50 a.m. from New Delhi and reached Kathmandu at 0940 a.m.

**Accommodation:** The accommodation to the Indian team members were provided at HOTEL RADISSION, LAZIMPAT, Kathmandu, NEPAL.

**Competition:** The verification of final entries was completed on 22<sup>nd</sup> July 2017 and after verification, Asian Weightlifting Federation confirmed the participation of 288 athletes (175 Men + 113 Women) from 29 countries across the Asia.

**Performance:-** The result of the Indian team is as under:-

<b>S.No.</b>	<b>Name</b>	<b>Wt. Cat.</b>	<b>Snatch</b>	<b>CI&amp;Jerk</b>	<b>Total</b>	<b>Place/ Medal</b>
1	K. Ormila Devi – Youth Girl	44 kg	55 kg Gold	72 kg Gold	<b>127 kg Gold</b>	<b>1<sup>st</sup> place (Gold)</b>
2	P. Umeshwori Devi – Youth Girl	63 kg	71 kg	91 kg	<b>162 kg</b>	<b>9<sup>th</sup> place</b>
3	S. Nirupama Devi – Youth Girl	69 kg	79 kg Bronze	99 kg Bronze	<b>178 kg Bronze</b>	<b>3<sup>rd</sup> place (Bronze)</b>
4	A. Anju Devi – Youth Girl	75 kg	71 kg	90 kg	<b>161 kg</b>	4 <sup>th</sup> place
5	Muthupandi Raja – Jr. Men	62 kg	111 kg	148 kg	<b>259 kg</b>	6 <sup>th</sup> place
6	Lalu Taku – Jr. Men	69 kg	124 kg	155 kg	<b>279 kg</b>	6 <sup>th</sup> place
7	Ajay Singh – Jr. Men	77 kg	143 kg Bronze	172 kg Bronze	<b>315 kg Bronze</b>	<b>3<sup>rd</sup> place (Bronze)</b>
8	Kojum Taba – Jr. Men	85 kg	135 kg	170 kg	<b>305 kg</b>	<b>7<sup>th</sup> place</b>
9	Lovepreet Singh – Jr. Men	105 kg	151 kg Bronze	180 kg Bronze	<b>331 kg Bronze</b>	<b>3<sup>rd</sup> place (Bronze)</b>
10	Jhilli Dalabehera – Jr. Women	48 kg	69 kg	89 kg	<b>158 kg</b>	<b>5<sup>th</sup> place</b>
11	M. Purnima Chanu – Jr. Women	53 kg	68 kg	91 kg	<b>159 kg</b>	<b>4<sup>th</sup> place</b>
12	Erra Deexitha – Jr. Women	58 kg	72 kg	92 kg	<b>164 kg</b>	<b>7<sup>th</sup> place</b>
13	P. Umeshwori Devi – Jr. Women	63 kg	71 kg	91 kg	<b>162 kg</b>	<b>10<sup>th</sup> place</b>
14	S. Nirupama Devi – Jr. Women	69 kg	79 kg	99 kg	<b>178 kg</b>	<b>5<sup>th</sup> place</b>

<b>Medals Won by:-</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>
Youth (Girls)	03	--	03	6 Medals
Junior (Men)	--	--	06	6 Medals
<b><i>Total</i></b>	<b><i>03</i></b>	<b><i>--</i></b>	<b><i>09</i></b>	<b><i>12 Medals</i></b>

**Youth Girls team finished 6<sup>th</sup> in team's ranking with 270 points.**

**Junior Men team finished 8<sup>th</sup> in team's ranking with 313 points.**

**Junior Women team finished 5<sup>th</sup> in team's ranking with 295 points.**

The above team departed back from Kathmandu to Delhi in two groups, first on 26<sup>th</sup> July 2017 at 4:50 pm and second on 29<sup>th</sup> July 2017 at 12:05 pm, from thereon the team travelled by road to the National camp at Patiala.

**[Sahdev Yadav]**

*Vice President*

*Indian Weightlifting Federation*

Date: 17 August 2017

Place: New Delhi.