

## **REPORT**

### **21<sup>ST</sup> ASIAN YOUTH (BOYS & GIRLS) / 26<sup>TH</sup> ASIAN JUNIOR WOMEN AND 33<sup>RD</sup> ASIAN JUNIOR MEN WEIGHTLIFTING CHAMPIONSHIPS [QUALIFICATION EVENT FOR 2020 TOKYO OLYMPIC GAMES] HELD AT PYONGYANG (DPR KOREA) FROM 19-27 OCTOBER 2019**

**Itinerary:** The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala on 17<sup>th</sup> October 2019 by flight no. TG-324 departed New Delhi on 11:40 a.m. via Bangkok-Beijing and reached Pyongyang on 18<sup>th</sup> October 2019 at 4:20 p.m. and return by flight no. JS 151 from Pyongyang to New Delhi on 25<sup>th</sup> October 2019 at 8:50 a.m. via Beijing-Bangkok and reached New Delhi on 26<sup>th</sup> October 2019 at 02:15 a.m.

**Competition:-** 2019 AWF Youth (Boys & Girls) and Junior (Men & Women) Weightlifting Championships [**Qualification Event for 2020 Tokyo Olympic Games**] was held at Pyongyang, DPR Korea from 17- 27 October 2019 under the Technical and Competition rules of Asian Weightlifting Federation (AWF). Indian team consisting of 3 Men + 3 Women + 3 Coaches + 1 referee participated in these Championships. The Weightlifting Championships held at Weightlifting Hall in Chongchun Street, Chukjon Dong 2, Mangyongdae District, Pyongyang, DPR Korea.

**Accommodation:** The accommodation to the Indian team members were provided at Sosan Hotel, Chukjon Dong 2, Mangyongdae District, Pyongyang, DPR Korea.

**Competition:** Asian Weightlifting Federation confirmed the participation of 219 athletes (121 Men + 98 Women) from 28 countries across Asia.

**Performance:-** The result of the Indian team is as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	C&J	Total	Result
1.	Jeremy Lalrinnunga	Youth Boy	67 kg	134 kg	165 kg	299 kg	Gold Medal
2.	L. Sadananda Singh	Youth Boy	73 kg	125 kg	158 kg	283 kg	4 <sup>th</sup> place
3.	Jeremy Lalrinnunga	Junior Men	67 kg	134 kg	165 kg	299 kg	Silver Medal
4.	Achinta Sheuli	Junior Men	73 kg	133 kg	170 kg	303 kg	5 <sup>th</sup> place
5.	L. Sadananda Singh	Junior Men	73 kg	125 kg	158 kg	283 kg	9 <sup>th</sup> place
6.	Jhilli Dalabehera	Junior Women	45 kg	67 kg	89 kg	156 kg	Bronze Medal
7.	S. Bindyarani Devi	Junior Women	55 kg	81 kg	104 kg	185 kg	4 <sup>th</sup> place
8.	Sneha Soren	Junior Women	55 kg	69 kg	97 kg	166 kg	5 <sup>th</sup> place

#### **New Records:-**

S.No.	Name	Section	Wt. Cat.	Lift	Remarks
1.	Jeremy Lalrinnunga	Youth Boy	67 kg	Clean & Jerk - 165 kg	World Record
2.	Jeremy Lalrinnunga	Youth Boy	67 kg	Clean & Jerk - 165 kg	Asian Record
3.	Jeremy Lalrinnunga	Youth Boy	67 kg	Clean & Jerk - 165 kg	National Records (Sr. Jr. & Youth)
4.	Jeremy Lalrinnunga	Youth Boy	67 kg	Total - 299 kg	World Record
5.	Jeremy Lalrinnunga	Youth Boy	67 kg	Total - 299 kg	Asian Record
6.	Jeremy Lalrinnunga	Youth Boy	67 kg	Total - 299 kg	National Records (Sr. Jr. & Youth)
7.	Jeremy Lalrinnunga	Junior Men	67 kg	Clean & Jerk - 165 kg	World Record
8.	Jeremy Lalrinnunga	Junior Men	67 kg	Clean & Jerk - 165 kg	Asian Record
9.	Jeremy Lalrinnunga	Junior Men	67 kg	Clean & Jerk - 165 kg	National Records (Sr. Jr. & Youth)
10.	Jeremy Lalrinnunga	Junior Men	67 kg	Total - 299 kg	World Record
11.	Jeremy Lalrinnunga	Junior Men	67 kg	Total - 299 kg	Asian Record
12.	Jeremy Lalrinnunga	Junior Men	67 kg	Total - 299 kg	National Records (Sr. Jr. & Youth)
13.	Achinta Sheuli	Junior Men	73 kg	Clean & Jerk - 170 kg	National Records (Sr. & Jr.)

**[Sahdev Yadav]**  
Secretary General  
Indian Weightlifting Federation

Date: 25 November 2019  
Place: New Delhi.

