

# **REPORT**

## **18<sup>TH</sup> ASIAN YOUTH (BOYS & GIRLS) WEIGHTLIFTING CHAMPIONSHIPS HELD AT TOKYO, JAPAN FROM 8-16 NOVEMBER, 2016**

**Competition:-** 18<sup>th</sup> Asian Youth (Boys & Girls) Weightlifting Championships was held at Tokyo, Japan from 8-16 November 2016 under the Technical and Competition rules of Asian Weightlifting Federation (AWF) and International Weightlifting Federation (IWF).

Indian team consisting of 5 Youth Boys + 7 Youth Girls + 4 Coaches + 2 Support Staff participated in these Championships.

The Weightlifting Championships held at Tokyo, Japan was a very well organized competition. The competition was held at Ota City General Gymnasium, Tokyo.

**Itinerary:** The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala on 8<sup>th</sup> November 2016 at 1200 hours for travel to Tokyo by flight no. AI306 on 8<sup>th</sup> November 2016 from Delhi and reached Tokyo at 0800 hours on 9<sup>th</sup> November 2016. The team returned in two groups, first group returned on 14<sup>th</sup> November 2016 whereas the second group returned on 16<sup>th</sup> November 2016.

**Accommodation:** The accommodation was provided at Hotel Sunroute Ariake, Tokyo.

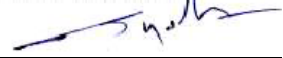
**Competition:** The verification of final entries was done on 9<sup>th</sup> November 2016 and after verification, Asian Weightlifting Federation confirmed the participation of 106 athletes with 67 Youth Boys + 39 Youth Girls from 27 Asian countries.

**Performance:-** The result of the Indian team is as under:-

<b>S.No.</b>	<b>Name</b>	<b>Wt. Cat.</b>	<b>Snatch</b>	<b>CI&amp;Jerk</b>	<b>Total</b>	<b>Place/ Medal</b>
1	Jeremy Lalrinnunga	56 kg	106 kg <b>Silver</b>	125 kg <b>Bronze</b>	<b>231 kg Silver</b>	<b>Silver Medal</b>
2	Muthupandi Raja	56 kg	95 kg <b>Bronze</b>	130 kg <b>Silver</b>	<b>225 kg Bronze</b>	<b>Bronze Medal</b>
3	Gulam Navi	62 kg	108 kg	140 kg <b>Silver</b>	<b>248 kg Bronze</b>	<b>Bronze Medal</b>
4	Ragala Varun	69 kg	117 kg	140 kg	<b>257 kg</b>	<b>6<sup>th</sup> place</b>
5	Abhishek Poonia	69 kg	109 kg	130 kg	<b>139 kg</b>	<b>10<sup>th</sup> place</b>
6	Shrabani Das	44 kg	56 kg <b>Bronze</b>	70 kg <b>Silver</b>	<b>126 kg Silver</b>	<b>Silver Medal</b>
7	Mohini Daryappa Chavan	48 kg	68 kg <b>Bronze</b>	85 kg <b>Bronze</b>	<b>153 kg Bronze</b>	<b>Bronze Medal</b>
8	Jhilli Dala Behera	48 kg	60 kg	81 kg	<b>141 kg</b>	<b>4<sup>th</sup> place</b>
9	Soroikhaibam Bindyarani Devi	53 kg	65 kg	89 kg	<b>154 kg</b>	<b>5<sup>th</sup> place</b>
10	Konjengbam Roshilata Devi	63 kg	75 kg <b>Silver</b>	94 kg <b>Silver</b>	<b>169 kg Silver</b>	<b>Silver Medal</b>
11	Seram Nirupama Devi	69 kg	74 kg	95 kg	<b>169 kg</b>	<b>4<sup>th</sup> place</b>
12	Purnima Pandey	+69 kg	78 kg <b>Bronze</b>	102 kg <b>Bronze</b>	<b>180 kg Bronze</b>	<b>Bronze Medal</b>

<b>Medals Won by:-</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>
Youth (Boys)	--	04	04	8 Medals
Youth (Girls)	--	05	07	12 Medals
<b><i>Total</i></b>	--	<b><i>09</i></b>	<b><i>11</i></b>	<b><i>20 Medals</i></b>

Indian Youth Girls won the Winners Team Trophy whereas Indian Youth Boys finished 5<sup>th</sup> place in overall team places.



**[Sahdev Yadav]**  
*Vice President*  
*Indian Weightlifting Federation*

Date: 14 December 2016  
Place: New Delhi.