

REPORT

30TH MEN & 23RD WOMEN ASIAN JUNIOR WEIGHTLIFTING CHAMPIONSHIPS HELD AT TOKYO, JAPAN FROM 8-16 NOVEMBER, 2016

Competition:- 30th Men & 23rd Women Asian Junior Weightlifting Championships was held at Tokyo, Japan from 8-16 November 2016 under the Technical and Competition rules of Asian Weightlifting Federation (AWF) and International Weightlifting Federation (IWF).

Indian team consisting of 8 Junior Men + 7 Junior Women + 4 Coaches + 2 Support Staff participated in these Championships.

The Weightlifting Championships held at Tokyo, Japan was a very well organized competition. The competition was held at Ota City General Gymnasium, Tokyo.

Itinerary: The Indian team travelled from Sports Authority of India, Netaji Subhash National Institute of Sports, Patiala on 8th November 2016 at 1200 hours for travel to Tokyo by flight no. AI306 on 8th November 2016 from Delhi and reached Tokyo at 0800 hours on 9th November 2016. The team returned in two groups, first group returned on 14th November 2016 whereas the second group returned on 16th November 2016.

Accommodation: The accommodation was provided at Hotel Sunroute Ariake, Tokyo.

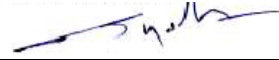
Competition: The verification of final entries was done on 9th November 2016 and after verification, Asian Weightlifting Federation confirmed the participation of 143 athletes with 93 Junior Men + 50 Junior Women from 30 Asian countries.

Performance:- The result of the Indian team is as under:-

S.No.	Name	Wt. Cat.	Snatch	Cl&Jerk	Total	Place/ Medal
1	Ch. Rishikanta Singh	56 kg	99 kg	128 kg	227 kg	11th place
2	Muthupandi Raja	56 kg	95 kg	130 kg	225 kg	12th place
3	Gulam Navi	62 kg	108 kg	140 kg	248 kg	6th place
4	Ragala Varun	69 kg	117 kg	140 kg	257 kg	9th place
5	Ajay Singh	77 kg	135 kg	160 kg	295 kg	9th place
6	Kojum Taba	85 kg	Bronze	144 kg 184 kg	328 kg	4th place
7	Shivam Sainia	94 kg	134 kg	170 kg	304 kg	8th place
8	Gurbhinder Singh	105 kg	135 kg	150 kg	285 kg	11th place
9	Mohini Daryappa Chavan	48 kg	68 kg	85 kg	153 kg	6th place
10	Jhilli Dala Behera	48 kg	60 kg	81 kg	141 kg	7th place
11	Joti Mal	53 kg	76 kg	103 kg	179 kg	5th place
12	Soroikhaibam Bindyarani Devi	53 kg	65 kg	89 kg	154 kg	8th place
13	Konjengbam Roshilata Devi	63 kg	Bronze	75 kg 94 kg	169 kg	Bronze Medal
14	Muneera Manikkal Shamsudheen	69 kg	77 kg	100 kg	177 kg	7th place
15	Purnima Pandey	+75 kg	78 kg	102 kg	180 kg	6th place

Medals Won by:-	Gold	Silver	Bronze	Total
Junior (Men)	--	--	01	1 Medal
Junior (Women)	--	--	02	2 Medals
<i>Total</i>	--	--	<i>03</i>	<i>3 Medals</i>

Indian Junior Women finished 3rd place in the Overall team places whereas Indian Junior Men finished 5th place in overall team places.



[Sahdev Yadav]
Vice President
Indian Weightlifting Federation

Date: 14 December 2016
Place: New Delhi.