

PRESS RELEASE - OPENING DAY RESULTS OF YOUTH AND JUNIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

15th Youth (Boys & Girls), 56th Men & 32nd Women Junior National Weightlifting Championships-2019-20 started at Kal Chakra Maidan, Bodh Gaya on 15th October 2019. Total number of participation consists of 468 athletes + 120 team officials + 55 technical officials and 100 volunteer workforce.

The results of first day (15.10.2019) events are as follows:-

40 kg Youth Girls

Soumya Dalvi of Maharashtra won Gold Medal with a total of 115 kg
Aarati Tatgunti of Maharashtra won Silver Medal with a total of 114 kg
Rekhamoni Gogoi of Assam won Bronze medal with a total of 107 kg

3 new National records were broken in 40 kg Youth Girls weight category

45 kg Youth Girls

K.V.L. Pavani Kumari of Andhra Pradesh won Gold medal with a lift of 145 kg
Harshada Garud of Maharashtra won Silver medal with a lift of 137 kg
Komal Kohar of Haryana won Bronze medal with a lift of 135 kg

12 new National records were broken in 45 kg Youth Girls weight category

45 kg Junior Women

K.V.L. Pavani Kumari of Andhra Pradesh won Gold medal with a lift of 145 kg
Bornali Borah of Assam won Silver medal with a total of 145 kg
Harshada Garud of Maharashtra won Bronze medal with a lift of 137 kg

49 kg Youth Boys

S. Guru Naidu of Andhra Pradesh won Gold medal with a total of 191 kg
Mukund Aher of Maharashtra won Silver medal with a total of 187 kg
P. Balaji of Tamil Nadu won Bronze medal with a total of 185 kg

4 new National records were broken in 49 kg Youth Boys weight category