

# भारतीय भारोत्तोलन संघ Indian Weightlifting Federation



Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,  
Commonwealth Weightlifting Federation and Indian Olympic Association  
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

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File No.: IWLFF-Cir./2019-20/95

Date: 10 June 2019

*All affiliated States / Units  
and Executive Members  
of Indian Weightlifting Federation*

**Sub.: Submission of Weigh-in sheet after conclusion of Senior, Junior & Youth State Weightlifting Championships-2018-19 to the Federation office as per format.**

Dear All,

All State Associations are advised to submit the Weigh-in Sheet of respective Senior, Junior & Youth State Weightlifting Championships-2018-19 to the Federation office as per format below:-

### **WEIGH-IN SHEET FORMAT**

**Name of State Championships – Date & Venue**

**Competition Date & Time  
Weight Category**


**Weigh-in Date & Time**

No.	Lot No.	Name	District	DOB	ID Card No.	B.Wt.	Entry	Snatch	C&J

All State Associations are required to print weigh-in sheet as per above format and send the same to Federation office 10 days after conclusion of Senior, Junior and Youth State Weightlifting Championships.

Kindly take a note of it and adhere compliance.

Yours Sincerely,

  
[Sahdev Yadav]  
Secretary General

