भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation, Commonwealth Weightlifting Federation and Indian Olympic Association Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



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Date: 3 October 2018

File No.: IWLF-Cir./2018-19/**59**

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Sub.: Conduct of 71st Men & 34th Women Senior National Weightlifting Championships-2018-19 at Guwahati, Assam from 6th to 13th February 2019.

Dear All,

It is submitted that 71st Men & 34th Women Senior National Weightlifting Championships-2018-19 will be held at Guwahati, Assam from 6th to 13th February 2019 by Railway Sports Promotion Board.

The above Championships will be conducted in new body weight categories as under:-

Senior Men 10 nos.

55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg

Senior Women 10 nos.

45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg

Also refer our earlier circular no. IWLF-Cir./2018-19/49 dated 20th July 2018 regarding change of medal distribution which will be for TOTAL only (i.e. 3 medals for each body weight category).

Kindly take a note of it and plan the State Championships for Senior section accordingly.

The detailed circular along with rail travel concession forms will be sent to you shortly.

Yours Sincerely

Secretary General