## भारतीय भारोत्तोलन संघ

## **Indian Weightlifting Federation**

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation, Commonwealth Weightlifting Federation and Indian Olympic Association Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



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All affiliated States / Units of Indian Weightlifting Federation

Sub.: Conduct of 14<sup>th</sup> Youth (Sub-Junior Boys & Girls) / 55<sup>th</sup> Men & 31<sup>st</sup> Women Junior National Weightlifting Championships-2018-19 at Nagpur, Maharashtra from 14<sup>th</sup> to 22<sup>nd</sup> December 2018.

Dear All,

It is submitted that 14<sup>th</sup> Youth (Sub-Junior Boys & Girls) / 55<sup>th</sup> Men & 31<sup>st</sup> Women Junior National Weightlifting Championships-2018-19 will be held at Nagpur, Maharashtra from 14<sup>th</sup> to 22<sup>nd</sup> December 2018.

The above Championships will be conducted in new body weight categories as under:-

Youth Boys 10 nos.

49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg and +102 kg

Youth Girls 10 nos.

40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg and +81 kg.

Junior Men 10 nos.

55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg

Iunior Women 10 nos.

45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg

Also refer our earlier circular no. IWLF-Cir./2018-19/49 dated 20<sup>th</sup> July 2018 regarding change of medal distribution which will be for TOTAL only (i.e. 3 medals for each body weight category).

Kindly take a note of it and plan the State Championships for Youth and Junior section accordingly.

The detailed circular along with rail travel concession forms will be sent to you shortly.

Yours Sincerely

[Sahdev Yadav] Secretary General

P.S.- Please note that dope test will be mandatory to be conducted in State Champion. Ships.

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