भारतीय भारोत्तोलन संघ **Indian Weightlifting Federation**

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation, Commonwealth Weightlifting Federation and Indian Olympic Association Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



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'URGENT'

All affiliated States / Units and Executive Members of Indian Weightlifting Federation

Sub.: Registration of athletes, team officials (coaches & support staff) and technical officials of States & Departments for online motivational seminar by Dr. Anjuman Bains, Counselling Psychologist on REBUILDING PSYCHOLOGICAL STRENGTH DURING COVID-19 to be held on 23rd January 2021 at 5:00 p.m.

Dear All,

All State Associations and Departmental Boards are hereby informed that Indian Weightlifting Federation is conducting one online seminar on REBUILDING PSYCHOLOGICAL STRENGTH DURING COVID-19 by Dr. Anjuman Bains, Counselling Psychologist which will be held on 23rd January 2021 at 5:00 p.m.

The google online for registration of athletes, team officials and technical officials Seminar https://docs.google.com/forms/d/e/1FAIpQLSfc6qhFdQ-yAqzMfnbG-BYsfxJ peyhcIkQujak8H2ciIusqw/viewform?usp=sf link.

All States and Departments are hereby informed to register athletes, team officials and technical officials in large numbers.

The zoom id link will be share with you in due course of time.

Yours Sincerely,

Sahde Yada

Secretary General

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