

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation

Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India



President
B.P. Baishya, M.P.
Mob.: +918130459789

Secretary General
Sahdev Yadav
Mob.: +918130621444

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*All affiliated States
and Executive Members
of Indian Weightlifting Federation*

Sub.: Suggestions / Comments on introduction of 5 zonal competitions namely North Zone, East Zone, West Zone, South Zone and North Eastern Zone and 1 Inter-Zonal competition from the year 2021-22 onwards.

Dear All,

In pursuance to Sports Authority of India meeting on 9th October 2020 for revising the national competition structure by introduction of zonal competitions in weightlifting, Indian Weightlifting Federation has called a technical meeting on 12th October 2020 at 12:00 noon for thorough discussions on introduction and implementation of drawing out zonal competitions from 2021-22 onwards. The Technical Committee consisting of 6 eminent members deliberated on various aspects:-

1. Shri Sahdev Yadav, Secretary General, Indian Weightlifting Federation.
2. Shri Pal Singh Sandhu, Dronacharya Awardee
3. Shri Badeti Venkatramaiah, Hony. Secretary, Indian Weightlifting Federation.
4. Shri Sunil Singh Elangbam, Vice President, Indian Weightlifting Federation.
5. Shri Arun Kumar Kesri, President, Bihar Weightlifter's Association.
6. Shri Vijay Sharma, Dronacharya Awardee, National Coach.

After through discussion, the following has been proposed unanimously by all the members:-

- (a) The entire Nation will be divided into 5 Zones –
- (i) North Zone consisting of 10 States and UTs namely Chandigarh, Delhi, Haryana, Punjab, Himachal Pradesh, Uttarakhand, Uttar Pradesh, Jammu & Kashmir, Ladakh and Rajasthan.
 - (ii) East Zone consisting of 5 States namely Bihar, Jharkhand, Odisha, West Bengal and Chhattisgarh.
 - (iii) West Zone consisting of 4 States namely Gujarat, Goa, Maharashtra and Madhya Pradesh.
 - (iv) South Zone consisting of 6 States and UTs namely Andhra Pradesh, Telangana, Karnataka, Kerala, Tamil Nadu and Puducherry.
 - (v) North Eastern Zone consisting of 8 States and UTs namely Assam, Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Tripura and Sikkim.

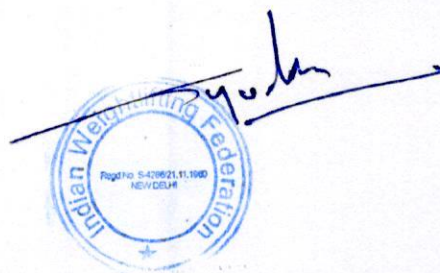
C-2/18, Sector-31, Noida, Uttar Pradesh-201301 (India)
Ph. No.: 0120-4541605
Email: iwlf2008@gmail.com Website: www.iwlf.in



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- (b) The entire year will be divided in 2 Semesters, each of 6 months and Zonal Competitions to be completed in Semester 1 and National Championships to be completed in Semester 2.
- (c) 5 Zonal Competitions will be conducted together for Youth, Junior and Senior section and results will be published separately.
- (d) 1 Inter-Zonal Competition will be conducted in Semester 1 from all Zones with category restriction of 15 athletes per body weight category.
- (e) Drawing of advance calendar of State, Zonal and National Championships from the year 2021-22 by Indian Weightlifting Federation which should be strictly followed by State Associations. In case, some State Associations wishes to conduct the State Championships in Semester 2 before National Championships, it is mandatory for them to conduct selection trials for sending team's entries to zonal competition. Such selection trials should be widely publicized amongst their district associations and athletes. All States should devise a mechanism for widely publicising conduct of selection trials amongst all registered athletes of its States.
- (f) Only State athletes who are unemployed are eligible to participate in the Zonal / Inter-Zonal Competitions held every year.
- (g) No athlete will be allowed to participate in the zonal competitions without proper ID card issued by Indian Weightlifting Federation.
- (h) There will be a minimum qualification system for participation of athletes during zonal competitions.
- (i) There will be an Observer from Indian Weightlifting Federation for zonal competitions and inter-zonal competitions held every year.
- (j) Dope test will mandatorily be conducted in all zonal and inter-zonal competitions.
- (k) All athletes to be verified by Indian Weightlifting Federation whether they have earlier participated in State level Championships before entering into the zonal competitions. No athlete will be allowed direct entry in zonal competitions.
- (l) Inter-Zonal competition will figure only those athletes who have participated in respective zonal competitions held in that particular semester, no direct entries will be allowed during inter-zonal competitions.
- (m) Number of entries will be restricted for team officials participating in zonal competitions.
- (n) The host State of Zonal competitions will be on rotation basis every year.
- (o) Entries for zonal competitions should be sent online in digital mode.
- (p) Category wise ranking system to be developed for National ranking based on performance of athletes participating in any weightlifting event namely State Selection trials, district, state, departmental, Khelo India Youth Games, Khelo India University Games, Senior National, Junior National, Youth National Weightlifting Championships and Selection trials for International competitions and International Championships.

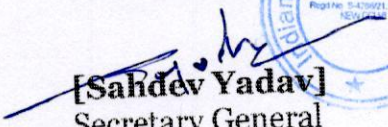


All affiliated States and Executive Committee members are requested to send their suggestions / comments **on or before 30th October 2020** on email on following points or any other they feel to submit:-

- (I) How many athletes will be allowed in Senior, Junior & Youth section during zonal competitions from each State?
- (II) How many team officials will be allowed from each State during zonal competitions?
- (III) How many athletes will be allowed to participate in Inter-Zonal Weightlifting Championships?
- (IV) How many team officials will be allowed from each State during Inter-Zonal Weightlifting Championships?
- (V) What will be the suggested budget / cost on boarding & lodging per person per day, transportation cost, venue cost, hiring of equipments and TSR system for zonal competitions and Inter-Zonal Championships?
- (VI) What is the opinion of the States on not allowing the athletes who are employed with departments like RSPB, SSCB, AIPSCB, FCI, Bank etc. during zonal competitions and inter-zonal championships?
- (VII) What mechanism the States will adopt to widely publicize the conduct of Selection trials for sending the entries for Zonal competitions?

After getting suggestions / comments of the State Associations and Executive Members, the Technical Committee of Indian Weightlifting Federation will finalize the regulations for conducting zonal competitions and inter-zonal championships from the year 2021-22.

Yours Sincerely,


[Sahdev Yadav]
Secretary General

