<u>Tuesday, 9th July 2019:</u> Indian athletes began their Medal Hunt on the opening day of 2019 Commonwealth Senior (Men & Women), Junior (Men & Women) and Youth (Boys & Girls) Weightlifting Championships <u>[Qualification Event for 2020 Tokyo Olympic Games]</u> at Apia (Samoa).

8 Gold + 3 Silver + 2 Bronze Medals won by Indian athletes on the opening day. The results of the Championships concluded so far are as under:-

S.No.	Name	Section	Wt. Cat.	Snatch	C&J	Total	Place
1	Jhilli Dalabehera	Senior	45 kg	70 kg	94 kg	164 kg	1 st
		(Women)		(Gold)	(Gold)	(Gold)	
2	Bornali Borah	Junior	45 kg	55 kg	76 kg	131 kg	1^{st}
		(Women)		(Silver)	(Gold)	(Gold)	
3	Sakshi Maske	Junior	45 kg	58 kg	72 kg	130 kg	2 nd
		(Women)		(Gold)	(Silver)	(Silver)	
4	Soumya Dalvi	Youth	40 kg	51 kg	58 kg	109 kg	1^{st}
		(Girls)		(Gold)	(Bronze)	(Gold)	
5	Rekhamoni Gogoi	Youth	40 kg	47 kg	59 kg	106 kg	$3^{ m rd}$
		(Girls)		(Bronze)	(Silver)	(Bronze)	
6	Saikhom Mirabai	Senior	49 kg	84 kg	107 kg	191 kg	1^{st}
	Chanu	(Women)		(Gold)	(Gold)	(Gold)	
7	Bhaktaram Desti	Junior	49 kg	77 kg	108 kg	185 kg	1^{st}
		(Men)		(Gold)	(Gold)	(Gold)	
8	Bhaktaram Desti	Youth	49 kg	77 kg	108 kg	185 kg	1 st
		(Boys)		(Gold)	(Gold)	(Gold)	
9	Ch. Rishikanta	Senior	55 kg	105 kg	130 kg	235 kg	1 st
	Singh	(Men)		(Gold)	(Gold)	(Gold)	
10	Soroikhaibam	Senior	55 kg	78 kg	105 kg	183 kg	1^{st}
	Bindyarani Devi	(Women)		(Silver)	(Gold)	(Gold)	
11	Matsa Santoshi	Senior	55 kg	80 kg	102 kg	182 kg	2 nd
		(Women)		(Gold)	(Silver)	(Silver)	
12	Sneha Soren	Junior	55 kg	73 kg	96 kg	169 kg	2 nd
		(Women)		(Bronze)	(Gold)	(Silver)	
13	Saloni Singh	Junior	55 kg	75 kg	88 kg	163 kg	$3^{ m rd}$
		(Women)		(Silver)	(Bronze)	(Bronze)	