

**ANTI-DOPING POLICY OF  
INDIAN WEIGHTLIFTING FEDERATION**  
(effective 01.12.2016)

**1. INTRODUCTION**

The World Anti-Doping Code (WADA) and the National Anti-Doping Code (NADA) are such documents upon which the Anti-Doping programme in sports is based. Implementation of the codes to achieve the desired purpose is mandatory. Whereas the codes provide details of sanctions against the individuals committed Anti-Doping rule violations at International level and National level respectively yet nothing in the aforesaid code(s) precludes the SIGNATORY or the National Federation or the Government to enforce its own rules for the purpose of imposing sanctions on its affiliated / recognized bodies over which the signatory or the National Federation or the Government has the authority. Therefore sanctions are imposed on individuals and affiliated National unit, i.e. Indian Weightlifting Federation (IWLF) against any anti-doping violation in International events by the International Weightlifting Federation (IWF) and in National events in and out of Competitions by NADA. Hence the following rules have been formulated:-

**2. RULES**

After the sanctions by the IWF or NADA on an Athlete, Registered with IWLF Affiliated Member States or All India Bodies or Union Territories, the IWLF shall impose the following sanctions and fines on the Athlete, Coach, Member State and Member Board in addition in the sanctions imposed by IWF or NADA.

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| a) Positive Dope test in Olympic, Asian Games, Commonwealth Games, Youth Commonwealth Games, Youth Olympic Games, South Asian Games, Afro-Asian Games, and all International Competitions                                    | Sanctions as per IWF rules, the fine imposed by IWF (in USD) and monetary fine of Rs. 50,000/- imposed by IWLF on individual Athlete becomes the responsibility of his / her parent and within the period prescribed by IWF / IWLF. |
| b) Positive Dope test at National Senior, Junior or Youth Championships, in or out of the Competitions including Selection trials for participation in International events and on induction of athlete in the coaching camp | Sanctions as per norms of NADA, the IWLF will impose a fine of Rs. 50,000/- to be paid by the Athlete through his / her parent unit.                                                                                                |
| c) Positive Dope test in the State Championships, Departmental Championships, Regional Championships, Zonal Championships, Unit Championships, or selection trials for National Championships                                | A fine of Rs. 25,000/- shall be imposed on the athlete found dope positive recoverable through respective units. He / She shall remain banned till the fine is deposited. Sanctions as per norms of NADA.                           |

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- d) Two or more than two individual positive tests in one calendar year (starting from 1<sup>st</sup> January to 31<sup>st</sup> December) in National (Senior, Junior or Youth) Championships, All International Championships, and Games or Olympics, or on induction of athletes in National camps or coaching camps, Selection trials, in and out of competitions

The IWLF shall impose a fine of **Rs. 50,000/-** on the affiliated State / Board and shall ban them from taking part in any activity / competition / meeting / seminar from date of second offence **for one year.**

The ban shall be lifted immediately on payment of fine of Rs. 1 lacs. The fine shall however be reduced to Rs. 50,000/- in case it is deposited after one year and the ban will continue as long as the fine is not paid.

- e) The Coaches / Coaches In-charge of the particular National State / Board contingent shall be banned to the extent of ban imposed by IWF / NADA / IWLF on the Athlete.

- f) The Manager of the team shall be banned from Managerial job for one year in case any Athlete from the team for International Competition is found dope positive.

- g) Athlete(s) of the defaulting or banned Member State / Board cannot participate from other units except in the case of lifter getting employment and has not tested positive.

- h) Technical Officials of IWLF shall not be deputed to the erring Member State / Board for assistance in its domestic activities. Defaulting Technical Officials shall not be nominate for any National / Zonal / All India Championships for one year from the date of default, or till the ban is lifted from the concerned Member State / Board which may be earlier.

- i) The State / Board should send a dope declaration form along with the entry form duly signed by the Athlete, Coach and the Secretary of the Member State Board which is mandatory for the participation in the National (Senior, Junior & Youth) Championships. The ban of two years shall be imposed on the Coach who signs the declaration form of the Athlete found dope positive. The Unit Coach shall be responsible for the dope offence of the Athlete(s) in and out of the competition.

**3. Notes:**

- (i) It is mandatory for the affiliated members to inform the IWLF forty five days in advance regarding the conduct of their State / Board Championships vis-a-vis date and venue. The Athlete should be registered with the particular Member State / Board they represent. The list of participants should be sent to IWLF 15 days in advance.
- (ii) Doping control is part of competition. The host affiliated members unit will have to arrange required equipment, board and lodging for the dope control team of NADA during the course of National (Senior, Junior & Youth) and State and other domestic Championships.

- (iii) The sample taking is performed by a doctor(s) appointed by NADA and they carry out and coordinate the collection and transportation of the sample to the NADA lab at New Delhi. They ensure safe keeping of the samples, perform the technical work, fill out the relevant documents and keep the records.
- (iv) It is mandatory for the IWLF to control dope violations throughout the year in and out of competitions.
- (v) The Athlete for dope test must report to the concerned in the doping control room. Taking of samples must be carried out according to the anti-doping rules in vogue at International (National) level. Absence or refusal shall have the same disciplinary consequences as if found dope offensive.
- (vi) When the result is found positive, the NADA lab must indicate on the report the name of the substance(s) detected with a written report to IWLF. The Athlete can ask for analysis of 'B' sample. For this, members State / Board concerned must send a written application to IWLF within the period prescribed in the NADA rules.
- (vii) For re-admission / reinstatement in National and International weightlifting activities, after expiry of suspension period of the Athlete, he / she has to submit his / her WHEREABOUT INFORMATION as per proforma for a period of 3 months immediately succeeding the expiry of suspension date, atleast 45 days in advance preceding the expiry period of suspension date. To elaborate, Athlete 'A' is serving suspension till the period 31st January 2017 – now in order to be eligible for re-instatement in weightlifting activities, 'A' has to submit his / her WHEREABOUT INFORMATION latest by 17th December 2016 to Indian Weightlifting Federation for a period from 1st February to 30th April 2017.

**‘Whereabouts Information’ of athlete for three months  
(For Reinstatement Purpose)**

**Personal Information:-**

Name of athlete	Mr./Ms.
Date of Birth	
Permanent Address	
Mobile number	
Email address	
<b>1. Training/Accommodation</b>	<b>details (One Hour Slot)*</b>
<b>Training location</b>	
<b>Accommodation location</b>	
<b>One Hour Slot (between 06 am to 11 pm)</b>	<input type="checkbox"/> Training
	<input type="checkbox"/> Accommodation
	One Hour Slot ___ To ___ AM/PM
<b>Period</b>	<b>dd/mm/yyyy to dd/mm/yyyy</b>
<b>2. In case of any change in Training/Accommodation (One Hour Slot)</b>	
<b>Accommodation location</b>	
<b>One Hour Slot (between 06 am to 11 pm)</b>	<input type="checkbox"/> Training
	<input type="checkbox"/> Accommodation
	One Hour Slot ___ To ___ AM/PM
<b>Period</b>	<b>dd/mm/yyyy to dd/mm/yyyy</b>

(Signature of athlete)

*In case of any change in training/accommodation details after the submission of your  
‘Whereabouts Information’, kindly inform IWLF Office at fax or email address:-*

[lwlf2008@gmail.com](mailto:lwlf2008@gmail.com) or at Fax No. 011-25845460

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