

**7th National Youth (Boys & Girls) Weightlifting Championships
Itanagar (Nirjuli), Arunachal Pradesh from 23-25 November 2011**

SCORE SHEET

CAT. 50 KG BOYS

S.NO.	NAME	STATE	B.WT.	DOB	SNATCH	PLACE	C&J	PLACE	TOTAL	PLACE
1	PRADEEP BOHARE	M.P.	43.440	11.10.94	55	XII	75	IX	130	IX
2	ANIL KUMAR	CG	48.920	2.11.95	60	XI	E/T			
3	KOLA SARATHI	ORS	45.260	6.12.97	E/T		E/T			
4	JIMJANG DERU	ARN	47.220	1.10.98	73	II	95	II	168	II
5	N. GANESHBALA	PON	48.060	3.1.95	60	IX	76	VIII	136	VIII
6	VIGEESH C.D.	KRL	49.140	8.5.95	54	XIII	E/T			
7	MANOHAR NAYAK	M.P.	48.620	3.4.94	60	X	E/T			
8	GAURAV	U.P.	49.060	7.9.95	72	IV	E/T			
9	UJJWAL RAJ	BHR	49.260	25.2.97	E/T		E/T			
10	KIPA CHAKU	ARN	49.220	9.1.97	68	VII	91	III	159	V
11	K. JAGAN	PON	49.400	6.3.95	66	VIII	87	VI	153	VI
12	S. TRINAD	A.P.	47.800	20.11.96	73	III	96	I	169	I
13	NIRAKAR MALLIK	ORS	49.420	6.5.95	70	V	90	IV	160	IV
14	O ROMEN SINGH	MNP	49.720	4.3.96	70	VI	81	VII	151	VII
15	HAPPY RATHI	DEL	49.880	3.11.96	E/T					
16	L.AJIT SINGH	MNP	49.820	6.9.94	74	I	90	V	164	III

CAT. 56 KG BOYS

S.NO.	NAME	STATE	B.WT.	DOB	SNATCH	PLACE	C&J	PLACE	TOTAL	PLACE
1	TAJINDER SINGH	DEL	54.780	29.6.94	70	X	85	X	155	X
2	MOINA BORGOHAIN	ASM	55.500	2.2.95	65	XVI	80	XVII	145	XIV
3	VANLALRINGA	MIZ	54.660	18.3.97	60	XX	80	XIII	140	XVII
4	VISHNU V.P.	KRL	53.080	12.8.94	60	XVIII	80	XI	140	XV
5	N.ROBIN SINGH	MNP	55.180	1.2.97	68	XII	80	XIV	148	XI
6	NILESH MASKEY	M.P.	53.880	27.6.95	60	XIX	80	XII	140	XVI
7	L.SUNDERJIT	MNP	55.420	1.3.98	66	XV	80	XVI	146	XIII
8	HARIKRISHAN K.	KRL	54.840	10.9.94	63	XVII	E/T			
9	NIRVAL SINGH	UKD	54.860	13.7.97	60	XXI	E/T			
10	MOHAN LAL	UKD	54.880	7.8.97	66	XIV	80	XV	146	XII
11	KANHAIYA RAM NAYAK	RAJ	51.060	1.7.94	67	XIII	E/T			
12	PRABHU SETH	WB	55.380	14.5.97	75	IX	97	VIII	172	VIII
13	LALU TAKU	ARN	55.060	8.12.98	80	V	101	V	181	V
14	L. PAIKHOMBA SINGH	MGH	53.880	19.6.95	75	VIII	97	VI	172	VII
15	ARUNA SANTA	ORS	55.500	10.3.96	90	II	115	II	205	I
16	SUMIT KADYAN	DEL	55.320	26.11.94	83	IV	E/T			
17	MAYUR JOSHI	M.P.	55.920	28.2.95	93	I	110	III	203	III
18	TBC. LALCHHANHIMA	MIZ	55.460	21.3.97	89	III	115	I	204	II
19	BIDIO MUDULI	ORS	54.520	15.4.97	68	XI	91	IX	159	IX
20	V. PURUSHOTHAMAN	PON	55.040	16.6.95	77	VII	97	VII	174	VI
21	YOUMIN RUYI	ARN	55.240	1.11.96	77	VI	105	IV	182	IV

CAT. 62 KG BOYS

S.NO.	NAME	STATE	B.WT.	DOB	SNATCH	PLACE	C&J	PLACE	TOTAL	PLACE
1	BALDEV VYAS	RAJ	4.1.94	61.940	65	XVI	85	XV	150	XV
2	TRILUSON BORSAIKIA	ASM	1.1.95	61.660	75	XIV	100	IX	175	X
3	BADAL BOR	WB	4.4.98	58.320	75	XII	95	XIII	170	XII
4	AJAYA SINGH	RAJ	17.4.97	61.700	85	IX	100	X	185	IX
5	RAJATH NARAYANAN	KRL	23.5.95	61.580	75	XIII	92	XIV	167	XIV
6	LAXMAN CHETTY	ORS	5.6.95	61.700	83	X	110	VI	193	VI
7	A ARJUN SINGH	MNP	1.2.92	61.160	73	XIV	97	XI	170	XIII
8	LALRAMZAUVA	MIZ	24.3.97	61.020	85	VIII	116	V	201	V

S.NO.	NAME	STATE	B.WT.	DOB	SNATCH	PLACE	C&J	PLACE	TOTAL	PLACE
1	MIRSHAD P.K.	KRL	73.520	5.4.94	79	XI	110	IX	189	IV
2	IMRAN KHAN	M.P.	75.100	6.4.94	105	IV	120	VI	225	V
3	SUDHANSHU TIWARI	UKD	74.440	6.6.95	E/T		104	XI		
4	S K VALIAHAMED	GOA	70.640	3.7.97	107	III	135	III	242	III
6	R.V.RAHUL	A.P.	71.460	16.3.97	121	III	140	II	261	II
7	NEERAJ SHARMA	DEL	76.860	10.5.94	130	I	154	I	284	I
8	AMARINDER SINGH	CHD	76.820	2.11.94	75	XIV	100	XIII	175	XII
9	ASHUTOSH SINGH	U.P.	76.460	17.12.95	105	V	134	IV	239	IV
10	BHARAT PATHROL	M.P.	71.360	10.3.95	80	VIII	117	VII	197	VII
11	RAMENGMANIA	MIZ	73.820	7.4.97	75	XIII	97	XIV	172	XIV
12	RAMSHAD A.R.	KRL	75.600	29.6.94	78	XII	95	XV	173	XIII
13	B. SRINU	A.P.	75.340	6.5.94	80	X	100	XII	180	XI
14	M. GOKULCHAND SINGH	ARN	73.320	1.3.95	85	VII	110	VIII	195	VIII
15	M. ROMANTA SINGH	MNP	76.560	7.3.97	100	VI	122	V	222	VI
16	BISWAJIT MONDAL	WB	73.700	28.5.94	80	IX	105	X	185	X

NEW NATIONAL RECORD

SNATCH

C&J

TOTAL

NEERAJ SHARMA OF DELHI LIFTED 130 KG

NEERAJ SHARMA OF DELHI LIFTED 154 KG

NEERAJ SHARMA OF DELHI LIFTED 284 KG

CAT. 85 KG BOYS

S.NO.	NAME	STATE	B.WT.	DOB	SNATCH	PLACE	C&J	PLACE	TOTAL	PLACE
1	RAJPAL SIDHU	UKD	84.320	2.8.94	115	I	140	I	255	I
2	BHUPINDER SINGH	CHD	84.540	13.3.94	105	II				
3	BOIKHISTOMONI DEORI	ASM	83.800	10.11.94	89	V	103	VIII	192	VII
4	S. ANBALAGAN	PON	77.320	16.2.94	97	IV	115	V	212	III
5	KARTIK SHUKLA	CHD	84.640	12.8.94	80	XI				
6	VINOD NATH	M.P.	78.720	12.4.94			105	VII		
7	B.S.D. VISHNU VARDHAN	A.P.	79.900	14.6.98	80	IX	100	IX	180	VIII
8	S.THANGMINLAL KOM	MNP	77.260	3.3.97	88	VI	117	III	205	IV
9	SHIVAM SAINI	U.P.	80.800	25.5.96	104	III	126	II	230	II
10	SHINKU THAKUR	M.P.	81.400	4.11.95	85	VII	117	IV	202	V
11	VISHAL RAJWAR	UKD	81.500	4.7.95	85	VIII	110	VI	195	VI
12	PUNEETH E.	KRL	81.900	21.5.94	80	X	100	X	180	IX

CAT. 94 KG BOYS

S.NO.	NAME	STATE	B.WT.	DOB	SNATCH	PLACE	C&J	PLACE	TOTAL	PLACE
1	AK. NANAObI SINGH	MNP	87.000	17.3.97	88	V	105	VI	193	VI
2	DEEPAK	DEL	87.600	10.12.95	100	I	115	II	215	II
3	PRAVEEN SHARMA	M.P.	85.700	5.10.94	98	II	123	I	221	I
4	SAPUN BAURAH	ASM	89.360	8.9.95	88	VI	107	V	195	V
5	KRISHNAKUMAR C.R	KRL	88.300	17.5.94	95	IV	113	III	208	III
6	A.THOUNGAMBA	MNP	85.400	5.2.97	95	III	112	IV	207	IV

NEW NATIONAL RECORDS

SNATCH PRAVEEN SHARMA OF M.P. CREATED NEW RECORD IN SNATCH WITH LIFT OF 98 KG
DEEPAK OF DELHI BETTERED THE RECORD IN SNATCH WITH LIFT OF 100 KG

C&J A. THOUNGANBA OF MNP CREATED NEW RECORD IN C&J WITH LIFT OF 112 KG
KRISHNA KUMAR OF KERALA BETTERED THE RECORD WITH LIFT OF 113 KG
PRAVEEN SHARMA OF M.P. CREATED NEW RECORD IN C&J WITH LIFT OF 115 KG
PRAVEEN SHARMA OF M.P. CREATED NEW RECORD IN C&J WITH LIFT OF 120 KG
PRAVEEN SHARMA OF M.P. CREATED NEW RECORD IN C&J WITH LIFT OF 123 KG

TOTAL KRISHNA KUMAR OF KERALA CREATED THE RECORD IN TOTAL WITH LIFT OF 208 KG
PRAVEEN SHARMA OF M.P. BETTERED THE RECORD WITH TOTAL OF 213 KG
DEEPAK OF DELHI BETTERED THE RECORD IN TOTAL WITH TOTAL LIFT OF 215 KG
PRAVEEN SHARMA OF M.P. BETTERED THE RECORD WITH TOTAL OF 218 KG
PRAVEEN SHARMA OF M.P. BETTERED HIS OWN RECORD WITH TOTAL OF 221 KG

CAT. +94 KG BOYS

S.NO.	NAME	STATE	B.WT.	DOB	SNATCH	PLACE	C&J	PLACE	TOTAL	PLACE
1	SAHIL DALAL	CHD	105.400	10.12.95	90	II	115	I	205	II
2	BHIM SONKAR	M.P.	131.320	12.3.94	96	I	110	II	206	I
3	DAYANANDA HANDIGUE	ASM	101.560	1.2.94	D/N		D/N			