

62ND MEN & 25TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS
UDAIPUR, RAJASTHAN FROM 21-25 FEB 2010

CATEGORY: 48 KGS (WOMEN)

DATE: 21.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Rajni Pandey	UP	1982	47.100	60	72	132	VII
2	Chandarani	CG	1984	46.940	44	E/T		
3	Kusum	PUN	1984	46.020	53	65	118	VIII
4	Sandhya Rani	POLICE	1980	47.460	71	91	162	III
5	N. Kunjarani Devi	MNP	1968	47.800	68	N/T		
6	Prema Siddi	KRN	1987	43.120	50	64	114	X
7	Soniya Chanu	POLICE	1980	47.490	75	100	175	I
8	Diksha Gaikwad	MHR	1990	47.720	66	82	148	V
9	Krishna Kumari Malik	ORS	1990	46.540	49	60	109	XI
10	Menu Tajo	ARN. P.	1993	47.750	50	65	115	IX
11	Kh. Sanjita Devi	MNP	1994	47.740	66	78	144	VI
12	Manisha	CG	1994	47.980	49	60	109	XII
13	M. Santoshi	IWF	1994	47.980	72	91	163	II
14	B. Usha	IWF	1991	47.220	67	86	153	IV

CATEGORY: 53 KGS (WOMEN)

DATE: 23.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Tangbi Devi	KRN	1992	51.900	65	86	151	IX
2	Sonia	PUN	1983	49.080	60	73	133	XII
3	Snehal Thorave	MHR	1991	51.780	57	68	125	XIV
4	H. Inao Devi	POLICE	1988	52.740	64	80	144	X
5	Sanamacha Chanu	JKD	1975	52.840	76	95	171	II
6	Madhu	HRN	1991	52.480	49	65	114	XV
7	Tikina Gopal	ORS	1978	51.240	73	90	163	V
8	H. Saya Devi	MNP	1982	52.300	74	90	164	IV
9	Swati Singh	RSPB	1987	52.340	E/T	94		
10	Kavita Kumari	U.P.	1987	53.000	61	E/T		
11	Sharada Siddi	KRN	1973	52.160	63	80	143	XI
12	Archana Gupta	U.P.	1992	49.160	55	71	126	XIII
13	Harkirat Kaur	PUN	1994	51.380	48	E/T		

14	Minati Sethi	ORS	1986	52.400	75	99	174	I
15	Preeti Rani	HRN	1982	52.240	69	90	159	VII
16	Piainu Chanu	ASM	1985	52.680	72	90	162	VI
17	K. Sandhya	A.P.	1990	51.820	65	87	152	VIII
18	N. Krishna Veni	IWF	1982	51.840	77	88	165	III

CATEGORY: 58 KGS (WOMEN)

DATE: 23.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	M. Sunibala Devi	MNP	1989	57.460	80	99	179	III
2	G. Laxmi Devi	KRN	1992	56.080	E/T	72		
3	Junumani Baruah	ASM	1983	53.560	E/T	70		
4	Renu Bala	RSPB	1986	57.580	90	109	199	I
5	K. Kalyani	FCI	1983	57.060	65	92	157	V
6	L. Premeswari Devi	MNP	1984	55.650	77	E/T		
7	P.C. Remlalliani	MIZ	1992	54.860	55	80	135	VI
8	Asaly M. Vavachan	KRL	1994	57.950	53	E/T		
9	Chandra Shouri D.	KRN	1980	56.420	88	108	196	II
10	Amandeep Kaur	PUN	1988	57.350	71	90	161	IV

CATEGORY: 63 KGS (WOMEN)

DATE: 24.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Arsana Boro	ASM	1988	59.520	63	76	139	IX
2	Laleshwari	CG	1987	62.400	55	E/T		
3	Sanjukta Sahu	ORS	1984	59.100	65	90	155	VI
4	Geetanjali Madrasi	MHR	1991	65.520	65	83	148	VIII
5	U. Ranjana Devi	ARN. P.	1988	60.160	63	75	138	X
6	H. Poireinganbi Chanu	POLICE	1980	62.400	85	101	186	I
7	S. Chandrakala	A.P.	1992	60.660	80	104	184	II
8	Reena Kadyan	HRN	1991	62.280	81	101	182	IV
9	Th. Memicha Chanu	MNP	1990	60.720	76	90	166	V
10	Dhanisa Davis	KRL	1989	58.980	60	75	135	XI
11	P.C. Vanlalawmpuii	MIZ	1990	61.360	65	88	153	VII
12	G. Aruna Rani	IWF	1991	62.060	80	102	182	III

CATEGORY: 69 KGS (WOMEN)

DATE: 24.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Rekhamoni Borah	ASM	1984	66.180	E/T	E/T		
2	W. Nandini Devi	POLICE	1976	63.640	81	101	182	II
3	B. Rajyalaxmi	A.P.	1984	68.280	75	95	170	VII
4	Seeta Jena	ORS	1987	63.050	80	101	181	III
5	K. Krishna Kumari	DEL	1976	68.080	80	100	180	IV
6	Lucky Rani Patro	ORS	1991	64.120	63	E/T		
7	Pratima Kumari	JKD	1976	67.480	83	96	179	V
8	Nansita Devi	POLICE	1974	67.960	84	102	186	I
9	Lalchhanhimi	MIZ	1992	64.240	60	80	140	IX
10	Anita Shinde	CG	1990	65.100	61	80	141	VIII
11	Paramjit Kaur	PUN	1986	67.620	81	98	179	VI

CATEGORY: 75 KGS (WOMEN)

DATE: 25.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Chanchal Yadav	U.P.	1986	71.660	84	98	182	V
2	Lalchhandami	MIZ	1990	72.020	70	90	160	VIII
3	Kh. Premila Devi	MNP	1990	71.480	83	102	185	II
4	Srishti Singh	RSPB	1990	73.760	84	105	189	I
5	Amanpreet Kaur	PUN	1988	73.780	83	101	184	III
6	Priyanka Yadav	RAJ	1992	74.860	60	E/T		
7	A. Janeshori Devi	BHR	1986	71.340	84	99	183	IV
8	M.P. Kom	DEL	1992	69.380	76	93	169	VII
10	P. Arudra	A.P.	1988	71.960	80	93	173	VI

CATEGORY: +75 KGS (WOMEN)

DATE: 25.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Renu Bhardwaj	DEL	1978	75.340	70	E/T		
2	Geeta Rani	POLICE	1981	113.760	103	132	235	I
3	Neelima Saraf	M.P.	1976	95.160	65	90	155	V
4	Binitha Devi	KRN	1989	84.740	73	90	163	IV
5	Simple Kaur Bhumrah	MHR	1986	90.100	101	111	212	II
6	Reena Kaintura	HRN	1992	78.620	75	90	165	III

CATEGORY: 56 KGS (MEN)**DATE: 21.02.2010**

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	V. Vinoth Kumar	IWF	1984	55.940	103	127	230	IV
2	Pradeep Kumar Sahu	ORS	1985	55.240	90	110	200	X
3	Sukhen Dey	SSCB	1989	55.680	108	135	243	II
4	E. Mahadevan	WB	1981	55.780	E/T	N/T		
5	Sukhwinder Singh	PUN	1990	55.160	98	117	215	VII
6	J. Durga Prasad	POLICE	1979	55.980	92	115	207	VIII
7	V. Srinivasa Rao	SSCB	1981	55.900	105	139	244	I
8	Swapnil Ghagare	MHR	1990	55.960	104	124	228	VI
9	Mayur Sinhasane	MHR	1983	55.600	107	125	232	III
10	Vinod	KRN	1985	54.620	93	111	204	IX
11	M. Tamil Selvan	TND	1986	55.860	106	123	229	V

CATEGORY: 62 KGS (MEN)**DATE: 22.02.2010**

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Naveen Chandra K.S.	KRN	1989	61.700	E/T	120		
2	Senthamizh Selvan	MHR	1987	61.400	115	148	263	IV
3	Th. Oken Singh	MNP	1992	61.640	100	130	230	XIV
4	Timlik Raji	ARN. P.	1994	61.760	95	120	215	XVIII
5	Manish Chevak	J&K	1986	61.440	E/T	E/T		
6	Sanjith C.G.	KRL	1986	61.240	99	E/T		
7	Nishanth E.S.	KRL	1991	61.940	93	133	226	XV
8	Rajesh Mittal	RAJ	1989	62.000	100	125	225	XVII
9	T. Kumar	POLICE	1977	61.980	105	120	225	XVI
10	Sathya Moorthy	KRN	1983	61.540	106	128	234	XII
11	K. Sankar	JKD	1980	61.520	110	130	240	IX
12	Gourav Seth	WB	1984	60.760	105	130	235	XI
13	Manjinder Singh	CHD	1989	61.720	105	140	245	VII
14	Omkar Otari	RSPB	1987	61.740	121	143	264	II
15	Yukar Sibi	ARN.P.	1992	61.720	109	144	253	VI
16	R. Kamal	FCI	1985	61.840	E/T	130		
17	Rustam Sarang	CG	1988	61.340	115	148	263	III
18	V. Ramesh Kumar	GOA	1987	61.540	114	130	244	VIII
19	N. Sunil Kumar	RSPB	1989	61.320	123	147	270	I

20	S. Deva Kumar	SSCB	1982	61.400	122	141	263	V
21	K. Kannayiram	UKD	1978	61.180	100	130	230	XIII
22	Gurpreet Singh	PUN	1988	61.700	105	135	240	X

CATEGORY: 69 KGS (MEN)

DATE: 22-02-2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Rotluanga	MIZ	1989	68.600	101	E/T		
2	Vipin A.P.	KRL	1985	65.120	104	123	227	XVIII
3	Th. Somen Singh	MNP	1989	68.480	100	130	230	XVII
4	Ganesh S.R.	KRN	1988	68.220	E/T	E/T		
5	Goverdhan Prasad	CG	1990	68.720	E/T	E/T		
6	Amit Sharma	RAJ	1979	67.600	103	130	233	XVI
7	Sunil Naik	MHR	1988	67.230	120	142	262	XI
8	M. Ramakrishna	A.P. State	1992	69.040	117	148	265	IX
9	K. Ravi Kumar	SSCB	1988	68.680	136	170	306	I
10	Gaurv Dubey	U.P.	1990	68.420	120	146	266	VI
11	Arul Das	MHR	1985	68.800	116	145	261	XII
12	S. Vijayaraj	TND	1986	68.860	123	145	268	V
13	K. Lalhanba Meitei	MNP	1991	68.660	115	144	259	XIV
14	S.K. Manikandan	TND	1988	67.860	117	146	263	X
15	Vikas Kumar	HRN	1991	68.780	122	144	266	VIII
16	Ankur Sharma	PUN	1987	68.040	115	145	260	XIII
17	G. Elumalai	RSPB	1984	68.760	135	160	295	II
18	R. Kalidas	RSPB	1981	68.500	115	151	266	VII
19	Kamaljit Singh	CHD	1979	68.120	108	138	246	XV
20	P. Rambabu	A.P. State	1983	68.320	125	147	272	III
21	S. Arunachalam	GOA	1985	68.860	100	E/T		
22	Prem Singh	DEL	1983	68.800	121	150	271	IV
23	Manoj Kumar	DEL	1989	68.540	98	E/T		

NEW NATIONAL RECORD IN CLEAN & JERK - 170 KGS BY K. RAVI KUMAR

NEW NATIONAL RECORD IN TOTAL - 306 KGS BY K. RAVI KUMAR

INTER-STATE CHAMPIONS

GAURAV DUBEY BRONZE MEDAL

S. VIJAYARAJ SILVER MEDAL

P. RAMBABU GOLD MEDAL

CATEGORY: 77 KGS (MEN)

DATE: 23.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	E. Kandan	GOA	1984	75.040	124	158	282	VIII
2	P. Velmurugan	TND	1989	76.440	126	148	274	XII
3	A. Vaadaniyan	GOA	1983	74.320	115	140	255	XVI
4	Savad M.	KRL	1989	75.420	110	136	246	XVII
5	Ronald Vegus	KRN	1987	74.640	E/T	E/T		
6	V. Prabhu	WB	1982	76.260	130	150	280	X
7	Anil Kumar	MHR	1976	76.660	120	145	265	XIII
8	Narasingh Sethi	ORS	1988	70.660	120	140	260	XIV
9	Jaswant Singh	U.P.	1990	75.940	E/T	E/T		
10	Kh. Santosh Singh	MNP	1983	72.160	105	130	235	XIX
11	Rinto C.A.	KRL	1987	76.140	110	130	240	XVIII
12	Sumit Paliwal	M.P.	1987	76.560	126	150	276	XI
13	G. Vadivelu	M.P.	1975	76.720	125	156	281	IX
14	S. Sathish Kumar	TND	1992	76.000	E/T	E/T		
15	Vipin Pandey	JKD	1982	75.700	120	140	260	XV
16	Th. Dinesh Singh	MNP	1988	76.100	125	E/T		
17	CPR Sudheer Kumar	SSCB	1979	74.860	137	164	301	II
18	Prem Narayan Saini	RAJ	1988	76.280	E/T	E/T		
19	Pradeep Sharma	POLICE	1978	76.040	132	167	299	III
20	Teeka Ram	HRN	1988	75.840	125	167	292	V
21	Falbir Singh	MGH	1981	75.720	E/T	E/T		
22	Anupdeo Toppo	ORS	1990	75.420	125	161	286	VI
23	L. Bishorjit Singh	SSCB	1986	76.540	137	165	302	I
24	D. Shrinivasan	RSPB	1982	76.560	130	155	285	VII
25	Gurcharan Singh	PUN	1981	76.620	136	160	296	IV

CATEGORY: 85 KGS (MEN)

DATE: 23.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Gobind Singh	J&K	1979	84.720	132	160	292	V

2	Paramjeet Singh	UKD	1980	84.920	120	140	260	IX
3	Pushpinder Singh	CHD	1988	84.480	WITHDRAWN			
4	Dharamendra Paliwal	M.P.	1987	84.580	120	140	260	VIII
5	Biswajit Pratihari	ORS	1986	82.400	115	140	255	X
6	K.S. Rao	A.P.	1988	80.140	124	E/T		
7	Deepak Yadav	U.P.	1991	80.720	115	137	252	XI
8	Pardeep Sharma	HRN	1990	84.700	E/T	E/T		
9	Parmanand Yadav	GOA	1974	80.120	125	145	270	VII
10	Shaqil Ahmed	RAJ	1978	84.400	WITHDRAWN			
11	Ng. Naba Singh	MNP	1984	84.000	133	160	293	III
12	Gursimranjeet Singh	DEL	1989	84.320	E/T	E/T		
13	Chandrakant Mali	MHR	1987	84.260	137	179	316	I
14	Mandeep Singh	CHD	1984	84.500	130	162	292	IV
15	Manjit Singh	JKD	1985	84.700	140	E/T		
16	J. Magesh	MHR	1986	79.500	131	156	287	VI
17	Harpreet Singh	POLICE	1977	84.120	128	E/T		
18	Inderjit Singh	PUN	1982	82.260	145	170	315	II

CATEGORY: 94 KGS (MEN)

DATE: 24.02.2010

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Deepak Sharma	U.P.	1987	90.420	115	140	255	XI
2	Santosh Kumar	M.P.	1978	93.300	133	160	293	IV
3	V.A. Christopher	RSPB	1986	92.420	142	175	317	I
4	Bhupinder Singh	PUN	1987	93.200	135	175	310	III
5	Gurjant Puri	CHD	1990	95.520	115	140	255	XII
6	Sourabh Mehta	RAJ	1987	93.980	119	160	279	V
7	Iqbal Singh	ASM	1981	93.780	E/T	173		
8	D. Delli Ganesh	TND	1988	92.620	122	156	278	VI
9	K. Karthikeyan	GUJ	1982	90.020	120	148	268	VIII
10	Vipin Kumar	UKD	1988	91.860	120	140	260	X
11	Vivek Kumar	U.P.	1992	91.540	125	150	275	VII
12	S. Saleem	GUJ	1977	93.020	120	148	268	IX
13	Bhagat Singh	M.P.	1981	92.940	137	179	316	II

CATEGORY: 105 KGS (MEN)**DATE: 24.02.2010**

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	B. Narendra	UKD	1984	101.000	125	167	292	IX
2	Gurmeet Singh	JKD	1974	103.260	139	172	311	III
3	T.G. Pandian	RSPB	1978	97.900	137	172	309	IV
4	Boota Singh	PUN	1987	103.480	137	166	303	V
5	M. Srinivasa Rao	IWF	1977	101.800	150	174	324	I
6	Bhagwan Singh	RAJ	1989	97.460	E/T	WITHDRAWN		
7	Surender Kumar Mavai	HRN	1974	102.460	138	156	294	VIII
8	Rathilal C.P.	KRL	1985	95.900	125	165	290	XI
9	Rakesh Kumar	J&K	1980	104.24	125	E/T		
10	S.K. Singh	GOA	1977	100.620	130	160	290	XII
11	Mohd. Arif	M.P.	1986	98.680	125	171	296	VI
12	Mandeep Singh	MGH	1988	98.700	135	160	295	VII
13	Pardeep Singh	SSCB	1982	104.040	140	177	317	II
14	Laljit Singh	POLICE	1982	94.220	131	160	291	X
15	Vikrant Mani Mishra	U.P.	1991	95.400	E/T	145		
16	K. Sathish	TND	1983	94.600	E/T	WITHDRAWN		

CATEGORY: +105 KGS (MEN)**DATE: 25.02.2010**

S.No.	Name	State	DOB	B.Wt	Snatch	Clean & Jerk	Total	
					Max	Max	Max	Position
1	Gurmeet Singh	CHD	1977	111.140	140	165	305	VII
2	Sandeep Kumar	SSCB	1980	117.920	141	192	333	II
3	Sarabjit Singh	POLICE	1983	138.900	162	193	355	I
4	Dharamendra Kumar	GUJ	1976	105.040	127	155	282	X
5	Darshan Chaudhary	RSPB	1988	115.180	145	181	326	V
6	Gurpreet Singh	PUN	1980	110.720	148	181	329	IV
7	Jitender Choudhary	U.P.	1990	106.940	130	155	285	IX
8	Arif Hussain	JKD	1983	105.800	125	157	282	XI
9	Rupinder Singh	JKD	1985	106.440	146	185	331	III
10	Taranbir Singh	MGH	1987	122.780	148	176	324	VI
11	V. Prabhakar	A.P.	1991	111.760	135	156	291	VIII

MEN SECTION

TEAM TROPHY
SSCB (605 POINTS)

RUNNERS-UP TROPHY
RAILWAYS (544 POINTS)

BEST LIFTER

K. RAVI KUMAR OF SERVICE SPORTS CONTROL BOARD - 69 KGS

WOMEN SECTION

TEAM TROPHY
ALL INDIA POLICE (518 POINTS)

RUNNERS-UP TROPHY
MANIPUR (370 POINTS)

BEST LIFTER

NG. SONIYA CHANU OF ALL INDIA POLICE SPORTS CONTROL BOARD - 48 KGS

INTER-STATE WINNER

PUNJAB (186 POINTS)

INTER-STATE RUNNER-UP

MAHARASHTRA (178 POINTS)