

# INDIAN WEIGHTLIFTING FEDERATION

## NATIONAL RECORDS (SENIOR MEN) as on 28.6.2018

### 56.0 Kg Class

Snatch	Vicky Batta	PSCB	119	5-Aug-05 Bangalore
Jerk	A.K. Pandian	Railways	147	17-Jan-01 Visakhapatnam
Total	A.K. Pandian	Railways	262	17-Jan-01 Visakhapatnam

### 62.0 Kg Class

Snatch	Deepak Lather	Haryana	126	25-Dec-15 Patiala
Jerk	Jimjang Deru	SSCB	153	27-Dec-16 Nagercoil
Total	Indian Standard		275	

### 69.0 Kg Class

Snatch	K. Ravi Kumar	SSCB	146	6-Oct-10 Delhi
Jerk	K. Ravi Kumar	SSCB	175	6-Oct-10 Delhi
Total	K. Ravi Kumar	SSCB	321	6-Oct-10 Delhi

### 77.0 Kg Class

Snatch	S. Sathish Kumar	RSPB	152	14-Aug-15 Patiala
Jerk	S. Sathish Kumar	RSPB	187	14-Aug-15 Patiala
Total	S. Sathish Kumar	RSPB	339	14-Aug-15 Patiala

### 85.0 Kg Class

Snatch	R.V. Rahul	RSPB	156	7-Sep-17 Gold Coast
Jerk	R.V. Rahul	RSPB	195	7-Sep-17 Gold Coast
Total	R.V. Rahul	RSPB	351	7-Sep-17 Gold Coast

### 94.0 Kg Class

Snatch	Vikas Thakur	SSCB	159	8-Apr-18 Gold Coast
Jerk	Vikas Thakur	SSCB	196	3-Dec-17 Anaheim (USA)
Total	Vikas Thakur	SSCB	351	3-Dec-17 Anaheim (USA)

### 105.0 Kg Class

Snatch	Mohanlal Syamlal	SSCB	161	1-Apr-14 Nagpur
Jerk	Pardeep Singh	RSPB	200	9-Apr-18 Gold Coast
Total	Pardeep Singh	RSPB	352	9-Apr-18 Gold Coast

### +105.0 Kg Class

Snatch	Gurdeep Singh	RSPB	175	9-Apr-18 Gold Coast
Jerk	Gurdeep Singh	RSPB	217	25-Jan-18 Moodbidri
Total	Gurdeep Singh	RSPB	390	25-Jan-18 Moodbidri

# INDIAN WEIGHTLIFTING FEDERATION

## NATIONAL RECORDS (SENIOR WOMEN) as on 28.6.2018

### 48.0 Kg Class

Snatch	Saikhom Mirabai Chanu	RSPB	86	5-Apr-18 Gold Coast
Jerk	Saikhom Mirabai Chanu	RSPB	110	5-Apr-18 Gold Coast
Total	Saikhom Mirabai Chanu	RSPB	196	5-Apr-18 Gold Coast

### 53.0 Kg Class

Snatch	W. Nandini Devi	AIPSCB	90	19-Jul-03 Patiala
Jerk	W. Nandini Devi	AIPSCB	115	19-Jul-03 Patiala
Total	W. Nandini Devi	AIPSCB	205	19-Jul-03 Patiala

### 58.0 Kg Class

Snatch	Renu Bala	U.P.	93	27-Dec-05 Yamuna Nagar
Jerk	Renu Bala	Assam	119	20-Dec-07 Bhubaneswar
Total	Renu Bala	Assam	209	20-Dec-07 Bhubaneswar

### 63.0 Kg Class

Snatch	K. Malleswari	FCI	105	10-Dec-98 Bangkok
Jerk	Rakhi Halder	RSPB	128	23-Jan-18 Moodbidri
Total	K. Malleswari	FCI	230	10-Dec-98 Bangkok

### 69.0 Kg Class

Snatch	K. Malleswari	FCI	110	19-Sep-00 Sydney
Jerk	K. Malleswari	FCI	130	19-Sep-00 Sydney
Total	K. Malleswari	FCI	240	19-Sep-00 Sydney

### 75.0 Kg Class

Snatch	P. Sailaja	Andhra Pradesh	111	1-Sep-05 Bangalore
Jerk	P. Sailaja	Andhra Pradesh	138	1-Sep-05 Bangalore
Total	P. Sailaja	Andhra Pradesh	249	1-Sep-05 Bangalore

### 90.0 Kg Class

Snatch	Anuratha	AIPSCB	97	24-Jan-18 Moodbidri
Jerk	Anuratha	AIPSCB	115	24-Jan-18 Moodbidri
Total	Anuratha	AIPSCB	212	24-Jan-18 Moodbidri

### +90.0 Kg Class

Snatch	Simple Kaur	Maharashtra	112	16-Jan-04 New Delhi
Jerk	Simple Kaur	Maharashtra	147	20-Feb-05 Guwahati
Total	Simple Kaur	Maharashtra	255	20-Feb-05 Guwahati

**INDIAN WEIGHTLIFTING FEDERATION  
NEW DELHI**

**NATIONAL RECORDS  
YOUTH (SUB-JUNIOR BOYS)**

*Updated upto 8.8.2018*

<b>50 kg Class</b>					
<b>Snatch</b>	Jeremy Lalrinnunga	Mizoram	90	22/02/16	Patna
<b>Jerk</b>	Jamjang Deru	Arunachal Pradesh	113	28/05/13	Doha, Qatar
<b>Total</b>	Jamjang Deru	Arunachal Pradesh	200	28/05/13	Doha, Qatar
<b>56 kg Class</b>					
<b>Snatch</b>	Jeremy Lalrinnunga	Mizoram	115	21/2/18	Visakhapatnam
<b>Jerk</b>	Jamjang Deru	Arunachal Pradesh	141	01/01/15	Doha, Qatar
<b>Total</b>	Jeremy Lalrinnunga	Mizoram	250	25/4/18	Urgench
<b>62 kg Class</b>					
<b>Snatch</b>	Jeremy Lalrinnunga	Mizoram	126	08/08/18	Patiala
<b>Jerk</b>	M. Raja	Tamil Nadu	150	05/09/17	Gold Coast
<b>Total</b>	Jeremy Lalrinnunga	Mizoram	273	08/08/18	Patiala
<b>69 kg Class</b>					
<b>Snatch</b>	Deepak Lather	SSCB	138	05/09/17	Gold Coast
<b>Jerk</b>	Achinta Sheuli	West Bengal	158	23/2/18	Visakhapatnam
<b>Total</b>	Deepak Lather	SSCB	295	05/09/17	Gold Coast
<b>77 kg Class</b>					
<b>Snatch</b>	R.V. Rahul	Andhra Pradesh	142	21/08/13	Nanjing, China
<b>Jerk</b>	R.V. Rahul	Andhra Pradesh	168	21/08/13	Nanjing, China
<b>Total</b>	R.V. Rahul	Andhra Pradesh	310	21/08/13	Nanjing, China
<b>85 kg Class</b>					
<b>Snatch</b>	Harpreet Singh*	ASI	128	01/09/07	Bangalore
<b>Jerk</b>	Manbeer Singh	Delhi	162	24/11/07	Imphal
<b>Total</b>	Harpreet Singh*	ASI	288	01/09/07	Bangalore
<b>94 kg Class</b>					
<b>Snatch</b>	Bablu Singh	Uttarakhand	131	24/1/18	Moodbidri
<b>Jerk</b>	Bablu Singh	Uttarakhand	167	24/1/18	Moodbidri
<b>Total</b>	Bablu Singh	Uttarakhand	298	24/1/18	Moodbidri
<b>+94 kg Class</b>					
<b>Snatch</b>	Mohd. Javed	Uttar Pradesh	124	24/12/13	Guwahati
<b>Jerk</b>	Mohd. Javed	Uttar Pradesh	156	24/12/13	Guwahati
<b>Total</b>	Mohd. Javed	Uttar Pradesh	280	24/12/13	Guwahati

**INDIAN WEIGHTLIFTING FEDERATION  
NEW DELHI**

**NATIONAL RECORDS  
YOUTH (SUB-JUNIOR GIRLS)**

*Updated upto 8.8.2018*

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**44 kg Class**

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<b>Snatch</b>	M. Sivarani	Andhra Pradesh	60	16/12/03	Kozhikode
<b>Jerk</b>	M. Sivarani	Andhra Pradesh	82	16/12/03	Kozhikode
<b>Total</b>	M. Sivarani	Andhra Pradesh	142	16/12/03	Kozhikode

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**48 kg Class**

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<b>Snatch</b>	Sneha Soren	Orissa	67	8/8/18	Patiala
<b>Jerk</b>	Jhilli Dalabehera	Orissa	89	21/1/18	Moodbidri
<b>Total</b>	Jhilli Dalabehera	Orissa	154	21/1/18	Moodbidri

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**53 kg Class**

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<b>Snatch</b>	S. Bindyarani Devi	Manipur	78	21/1/18	Moodbidri
<b>Jerk</b>	S. Bindyarani Devi	Manipur	100	21/1/18	Moodbidri
<b>Total</b>	S. Bindyarani Devi	Manipur	178	21/1/18	Moodbidri

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**58 kg Class**

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<b>Snatch</b>	S. Yamini	Andhra Pradesh	80	15/10/08	Pune
<b>Jerk</b>	S. Yamini	Andhra Pradesh	98	15/10/08	Pune
<b>Total</b>	S. Yamini	Andhra Pradesh	178	15/10/08	Pune

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**63 kg Class**

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<b>Snatch</b>	G. Aruna Rani	Andhra Pradesh	80	29/10/07	Amman
<b>Jerk</b>	G. Aruna Rani	Andhra Pradesh	97	1/9/07	Bangalore
<b>Total</b>	G. Aruna Rani	Andhra Pradesh	174	1/9/07	Bangalore

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**69 kg Class**

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<b>Snatch</b>	Srishti Singh	Uttar Pradesh	81	29/10/07	Amman
<b>Jerk</b>	Srishti Singh	Uttar Pradesh	107	29/10/07	Amman
<b>Total</b>	Srishti Singh	Uttar Pradesh	188	29/10/07	Amman

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**75 kg Class**

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<b>Snatch</b>	Anjali Joshi	Punjab	76	25/2/18	Visakhapatnam
<b>Jerk</b>	A. Anju Devi	Manipur	95	25/2/18	Visakhapatnam
<b>Total</b>	A. Anju Devi	Manipur	168	25/2/18	Visakhapatnam

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**+75 kg Class**

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<b>Snatch</b>	Purnima Pandey	Uttar Pradesh	90	25/1/18	Moodbidri
<b>Jerk</b>	Purnima Pandey	Uttar Pradesh	111	25/1/18	Moodbidri
<b>Total</b>	Purnima Pandey	Uttar Pradesh	201	25/1/18	Moodbidri

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**INDIAN WEIGHTLIFTING FEDERATION  
NEW DELHI**

**NATIONAL RECORDS  
JUNIOR (MEN)**

*Updated upto 8.8.2018*

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**56 kg Class**

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<b>Snatch</b>	Jeremy Lalrinnunga	Mizoram	115	21/2/18	Visakhapatnam
<b>Jerk</b>	Jamjang Deru	Arunachal Pradesh	141	1/1/15	Doha, Qatar*
<b>Total</b>	Jeremy Lalrinnunga	Mizoram	250	25/4/18	Urgench

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**62 kg Class**

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<b>Snatch</b>	Jeremy Lalrinnunga	Mizoram	126	08/08/18	Patiala
<b>Jerk</b>	M. Raja	Tamil Nadu	150	5/9/17	Gold Coast
<b>Total</b>	Jeremy Lalrinnunga	Mizoram	273	08/08/18	Patiala

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**69 kg Class**

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<b>Snatch</b>	Deepak Lather	SSCB	138	5/9/17	Gold Coast
<b>Jerk</b>	Achinta Sheuli	West Bengal	162	9/7/18	Tashkent, Uzbekistan
<b>Total</b>	Deepak Lather	SSCB	295	5/9/17	Gold Coast

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**77 kg Class**

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<b>Snatch</b>	Ajay Singh	Rajasthan	144	28/10/16	Penang, Malaysia
<b>Jerk</b>	Ajay Singh	SSCB	182	23/1/18	Moodbidri
<b>Total</b>	Ajay Singh	SSCB	326	23/1/18	Moodbidri

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**85 kg Class**

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<b>Snatch</b>	R.V. Rahul	RSPB	156	7-Sep-17	Gold Coast
<b>Jerk</b>	R.V. Rahul	RSPB	195	7-Sep-17	Gold Coast
<b>Total</b>	R.V. Rahul	RSPB	351	7-Sep-17	Gold Coast

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**94 kg Class**

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<b>Snatch</b>	Pardeep Singh	Punjab	141	22/1/15	Yamuna Nagar
<b>Jerk</b>	Pardeep Singh	Punjab	182	15/10/15	Pune
<b>Total</b>	Pardeep Singh	Punjab	320	22/1/15	Yamuna Nagar

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**105 kg Class**

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<b>Snatch</b>	Lovepreet Singh	Chandigarh	152	25/1/18	Moodbidri
<b>Jerk</b>	Lovepreet Singh	Chandigarh	181	25/1/18	Moodbidri
<b>Total</b>	Lovepreet Singh	Chandigarh	333	25/1/18	Moodbidri

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**+105 kg Class**

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<b>Snatch</b>	Tejpal Singh Sandhu	Punjab	147	25/1/18	Moodbidri
<b>Jerk</b>	Tejpal Singh Sandhu	Punjab	181	25/1/18	Moodbidri
<b>Total</b>	Tejpal Singh Sandhu	Punjab	328	25/1/18	Moodbidri

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**INDIAN WEIGHTLIFTING FEDERATION  
NEW DELHI**

**NATIONAL RECORDS  
JUNIOR (WOMEN)**

*Updated upto 8.8.2018*

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**48 kg Class**

<b>Snatch</b>	S. Mirabai Chanu	Manipur	75	26/12/13	Guwahati
<b>Jerk</b>	S. Mirabai Chanu	Manipur	97	11/8/13	NIS, Patiala
<b>Total</b>	S. Mirabai Chanu	Manipur	171	11/8/13	NIS, Patiala

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**53 kg Class**

<b>Snatch</b>	Matsa Santoshi	Andhra Pradesh	78	16/12/12	New Delhi
<b>Jerk</b>	Mandeep	Haryana	104	22/2/18	Visakhapatnam
<b>Total</b>	Matsa Santoshi	Andhra Pradesh	181	16/12/12	New Delhi

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**58 kg Class**

<b>Snatch</b>	Renubala	Uttar Pradesh	90	20/12/03	Kozhikode
<b>Jerk</b>	S. Thasana Chanu	Karnataka	109	23/2/16	Patna
<b>Total</b>	Renubala	Uttar Pradesh	197	20/12/03	Kozhikode

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**63 kg Class**

<b>Snatch</b>	Vandana Gupta	Uttar Pradesh	87	27/12/13	Guwahati
<b>Jerk</b>	S. Thasana Chanu	Karnataka	116	23/1/18	Moodbidri
<b>Total</b>	S. Thasana Chanu	Karnataka	202	23/1/18	Moodbidri

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**69 kg Class**

<b>Snatch</b>	Sushila Panwar	Uttar Pradesh	91	18/12/12	New Delhi
<b>Jerk</b>	A. Janeshowri Devi	Karnataka	112	21/12/03	Kozhikode
<b>Total</b>	A. Janeshowri Devi	Karnataka	202	21/12/03	Kozhikode

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**75 kg Class**

<b>Snatch</b>	Simple Kaur	Maharashtra	95	21/12/03	Kozhikode
<b>Jerk</b>	Simple Kaur	Maharashtra	125	21/12/03	Kozhikode
<b>Total</b>	Simple Kaur	Maharashtra	220	21/12/03	Kozhikode

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**90 kg Class**

<b>Snatch</b>	Purnima Pandey	Uttar Pradesh	85	19/6/17	Patiala
<b>Jerk</b>	Purnima Pandey	Uttar Pradesh	110	19/6/17	Patiala
<b>Total</b>	Purnima Pandey	Uttar Pradesh	195	19/6/17	Patiala

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**+90 kg Class**

<b>Snatch</b>	Simple Kaur	Maharashtra	100	10/1/03	Chennai
<b>Jerk</b>	Simple Kaur	Maharashtra	142	12/9/04	Mumbai
<b>Total</b>	Simple Kaur	Maharashtra	240	10/1/03	Chennai

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