



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING
GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT BOOK



YOUTH



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



YOUTH MEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
49 kg	TOTAL	1	184	Mukund Santosh Aher	04.07.2003	MHR
		2	176	Uday Anil Mahajan	13.10.2003	MHR
		3	173	Nameirakpam Tomchou Meetei	04.03.2006	MNP
55 kg	TOTAL	1	209	Golom Tinku	12.05.2006	ARN
		2	207	Prabal Pratim Gogoi	01.11.2004	ASM
		3	203	Sankar Lapung	22.09.2004	ARN
61 kg	TOTAL	1	230	Aniruddha Suresh Nipane	24.10.2003	MHR
		2	221	Bengia Tani	26.02.2004	ARN
		3	220	Lovedeep Singh	28.12.2004	PUN
67 kg	TOTAL	1	238	Kuldeep Sahu	15.01.2004	ORS
		2	224	R.S. Tarun Sharma	22.10.2004	U.P.
		3	217	Silvan MH Beihrothatlo	21.08.2004	MIZ
73 kg	TOTAL	1	251	Kiran Ravindra Marathe	07.05.2003	MHR
		2	245	Dhanavat Ganesh	13.06.2004	TEL
		3	244	Shiva Chaudhary	02.02.2004	DEL
81 kg	TOTAL	1	254	Shaik Lal Basheer	13.05.2004	A.P.
		2	249	G. Ravishankra	11.10.2004	A.P.
		3	248	Aditya Narang	30.01.2003	CHD
89 kg	TOTAL	1	251	Suditya Boruah	16.12.2004	ASM
		2	248	Ritesh Rajendra Mhaishale	05.02.2003	MHR
		3	243	Sanidhya Sanjay More	26.03.2005	MHR
96 kg	TOTAL	1	259	Manjula Ashok	21.12.2003	A.P.
		2	240	Ambala Komal Karthik	23.05.2004	A.P.
		3	228	Sujeeth R	04.12.2003	TND
102 kg	TOTAL	1	256	Gautam Singh	26.11.2004	U.P.
		2	247	Avinash Yadav	15.08.2003	U.P.
		3	225	Parwinder Singh	19.02.2003	CHD
+102 kg	TOTAL	1	217	Akhand Pratap Singh	15.01.2004	U.P.
		2	156	Nilesh Mahendra Yadav	27.07.2004	GUJ
		3	151	Prasanth K.M.	24.10.2003	KRL



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GUWAHATI - ASSAM

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YOUTH WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
40 kg	TOTAL	1	116	Soumya Sunil Dalvi	18.08.2005	MHR
		2	115	Aarati Raghavendra Tatgunti	22.06.2005	MHR
		3	103	Chitra Prova Chetia	10.07.2004	ASM
45 kg	TOTAL	1	139	Harshada Sharad Garud	08.11.2003	MHR
		2	137	Gyaneshwari Yadav	08.03.2003	C.G.
		3	125	Radha Soni	27.04.2003	U.P.
49 kg	TOTAL	1	145	Usha	09.02.2003	RAJ
		2	140	Sapna Kumari	07.06.2003	RAJ
		3	135	Rithika V.	25.07.2004	TND
55 kg	TOTAL	1	159	Boni Mangkhya	04.06.2004	RAJ
		2	153	Balo Yalam	08.08.2004	ARN
		3	152	Khundrakpam Priyaluxmi Devi	23.09.2004	MNP
59 kg	TOTAL	1	151	Shandrella Huyam	10.06.2005	MNP
		2	150	Anai Wangsu	10.04.2004	RAJ
		3	148	Sanapathi Pallavi	13.07.2003	A.P.
64 kg	TOTAL	1	165	Y. Poorna Sri	19.08.2004	TND
		2	150	Navdeep Kaur	15.11.2003	PUN
		3	144	Shaik Mahaboob Chand	09.05.2005	A.P.
71 kg	TOTAL	1	170	M. Lekhamaalya	19.08.2003	TND
		2	168	Warepam Sapna Devi	15.01.2003	MNP
		3	161	Anjana Sreejith	25.02.2003	KRL
76 kg	TOTAL	1	179	Jyoti Yadav	16.01.2004	HRN
		2	159	Shreya Ratnakar Ganmukhi	24.02.2004	MHR
		3	156	Chukka Sri Lakshmi	19.10.2004	A.P.
81 kg	TOTAL	1	134	Vaishanvi Santosh Pawar	17.11.2004	MHR
		2	128	Reddi Gayathri	21.11.2003	A.P.
		3	124	Lingudu Keerthi	11.07.2003	A.P.
+81 kg	TOTAL	1	158	Maibam Martina Devi	21.03.2006	MNP
		2	151	Priti Pramod Deshmukh	25.02.2003	MHR
		3	133	A. Mohana Priya	21.01.2003	TND



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 49 kg

Competition : 17.01.2020 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	136	[A] Mukund Santosh Aher	190	MHR	04.07.2003	48.600	78	78	82	82	1	98	102	109	102	1	184	1
2	92	[A] Uday Anil Mahajan	170	MHR	13.10.2003	49.000	75	79	81	81	2	95	100	100	95	2	176	2
3	57	[A] Nameirakpam Tomchou Meetei	160	MNP	04.03.2006	49.000	70	75	78	78	3	88	92	95	95	4	173	3
4	58	[A] Thamungjam Khambaton Singh	160	MNP	06.01.2006	49.000	68	72	72	68	6	90	95	100	95	3	163	4
5	163	[A] Raja Bharti	170	C.G.	19.12.2003	48.850	67	71	74	71	4	89	95	95	89	5	160	5
6	242	[A] Pranab Borsaikia Sonowal	145	ASM	31.03.2005	48.950	65	68	71	68	7	80	84	87	84	6	152	6
7	185	[A] Sahil Kumar	160	BHR	01.12.2004	48.900	66	69	72	69	5	80	80	85	80	7	149	7
8	130	[A] Ashu	70	U.P.	28.05.2005	48.950	35	40	45	40	8	52	57	62	57	8	97	8
	106	[A] Sonu Kumar	190	BHR	10.02.2005	48.750	75	75	75	--		--	--	--	--		--	

Jury

- Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
- Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
- Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
- Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
- Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]
- Left - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]
- Right - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]
- Reserve - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]

Chief Marshal

- Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
- Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

- Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

- Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
- Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

- Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

- Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 55 kg

Competition : 16.01.2020 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	105	[A] Golom Tinku	201	ARN	12.05.2006	55.000	90	93	93	93	2	112	116	123	116	2	209	1
2	195	[A] Prabal Pratim Gogoi	202	ASM	01.11.2004	54.650	90	90	90	90	4	113	117	117	117	1	207	2
3	220	[A] Sankar Lapung	210	ARN	22.09.2004	54.950	90	93	93	90	3	113	118	118	113	4	203	3
4	124	[A] Sachin Panwar	202	M.P.	29.08.2004	55.000	84	84	89	84	5	114	114	115	115	3	199	4
5	153	[B] Rama Chandra Madkani	170	ORS	02.02.2005	55.000	73	81	85	81	6	97	102	107	102	5	183	5
6	260	[B] Toman Kumar Bharti	190	C.G.	05.08.2003	54.700	80	85	85	80	7	95	100	103	100	6	180	6
7	103	[B] Shagolsem Shaulin Singh	160	MNP	02.05.2003	54.600	70	75	75	70	8	90	97	97	90	7	160	7
8	151	[B] Ashutosh Kumar Yadav	130	U.P.	02.09.2004	54.400	60	63	66	63	9	70	77	82	77	8	140	8
9	244	[B] Harsh Vardhan	100	U.P.	15.01.2007	53.600	43	47	50	50	10	53	57	60	57	9	107	9
10	95	[B] Suhail Malik	100	U.P.	10.12.2005	53.850	40	44	48	48	11	50	54	57	57	10	105	10
	173	[A] Madhavan Thirumurugan	210	TND	03.12.2004	54.750	95	99	101	99	1	112	112	112	--		--	

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]
Left - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]
Right - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]
Reserve - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 61 kg

Competition : 17.01.2020 16:30

Weigh in : 14:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	139	[A] Aniruddha Suresh Nipane	220	MHR	24.10.2003	60.300	97	100	102	102	1	125	128	131	128	1	230	1
2	81	[A] Bengia Tani	210	ARN	26.02.2004	60.800	93	96	98	98	2	123	123	--	123	4	221	2
3	108	[B] Lovedeep Singh	200	PUN	28.12.2004	61.000	90	95	97	97	3	117	123	127	123	3	220	3
4	82	[B] Vaibhav Kailash Pandav	210	MHR	29.02.2004	60.200	85	90	90	90	8	120	125	125	125	2	215	4
5	165	[A] Gulshan Kumar	220	BHR	01.01.2003	60.300	90	93	93	93	5	120	125	125	120	5	213	5
6	186	[A] Abhilash Sikdar	212	M.P.	29.12.2003	60.900	94	98	98	94	4	114	118	118	114	8	208	6
7	205	[B] Venkata Krishna Bellamkonda	195	A.P.	17.12.2006	60.550	83	87	90	90	7	105	110	116	116	6	206	7
8	2	[B] Bhagwat Singh Raghuvanshi	202	M.P.	06.11.2003	60.950	86	91	96	91	6	114	114	119	114	7	205	8
9	210	[B] Ayush Ria	182	ASM	03.09.2005	59.700	75	80	80	75	9	95	100	105	105	9	180	9
10	248	[B] Dheeraj Yadav	162	RAJ	03.01.2003	60.150	72	76	76	72	10	92	96	99	99	10	171	10
11	126	[B] Sakthi	50	PON	19.12.2003	59.300	70	70	70	70	11	80	90	95	90	11	160	11
12	118	[B] Sartaj Ali	90	U.P.	01.05.2003	59.750	45	50	50	50	12	55	60	60	60	12	110	12

Jury

1. Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
2. Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
3. Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
4. Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
5. Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]
Left - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]
Right - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]
Reserve - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]

Chief Marshal

1. Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
2. Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

1. Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
2. Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

1. Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 67 kg

Competition : 18.01.2020 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	107	[A] Kuldeep Sahu	235	ORS	15.01.2004	66.750	100	103	106	103	1	122	130	135	135	1	238	1
2	35	[A] R.S. Tarun Sharma	215	U.P.	22.10.2004	67.000	95	99	99	99	2	120	121	125	125	2	224	2
3	238	[A] Silvan MH Beihrothatlo	205	MIZ	21.08.2004	63.300	95	98	98	95	3	118	122	124	122	3	217	3
4	10	[A] Relli Rambabu	210	A.P.	10.06.2003	66.550	90	95	98	95	4	121	123	123	121	4	216	4
5	227	[A] Ahim Lapung	215	ARN	03.03.2003	64.300	95	95	95	95	5	120	120	120	120	5	215	5
6	171	[A] Niraj Pradhan	197	ASM	06.11.2005	65.600	85	90	95	90	6	105	110	120	110	6	200	6
7	293	[A] Banshi Lal	200	RAJ	01.07.2003	63.550	90	90	96	90	7	108	108	114	108	7	198	7
8	305	[A] Rishi M.	165	TND	17.09.2004	66.000	65	70	75	75	8	90	97	100	97	8	172	8
9	216	[A] Rushikesh Sunil Mali	160	MHR	17.01.2003	66.000	70	75	75	75	9	86	91	95	91	9	166	9
10	113	[A] Jayraj Rajesh Pardeshi	160	MHR	21.10.2004	66.350	68	72	74	68	10	85	91	91	85	10	153	10
11	133	[A] A. Karthik	50	PON	29.03.2003	63.700	63	68	68	63	11	80	80	83	83	11	146	11

Jury

- Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
- Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
- Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
- Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
- Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. K. Suryanarayna, Int. Cat. 2 [A.P.]
- Left - Mr. Yudhvir Singh, Int. Cat. 2 [J.K.]
- Right - Mr. Shanmugavel, Int. Cat. 2 [TND]
- Reserve - Mrs. Sushila Das, Nat. Cat. 2 [WB]

Chief Marshal

- Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
- Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

- Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

- Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
- Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

- Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

- Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 73 kg

Competition : 19.01.2020 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	150	[A] Kiran Ravindra Marathe	240	MHR	07.05.2003	71.000	108	111	111	111	1	137	140	143	140	1	251	1
2	315	[A] Dhanavat Ganesh	225	TEL	13.06.2004	72.150	103	107	110	107	3	133	138	141	138	3	245	2
3	264	[A] Shiva Chaudhary	238	DEL	02.02.2004	72.750	105	105	109	109	2	130	135	140	135	4	244	3
4	215	[A] Kant Kumar	240	U.P.	16.01.2003	71.950	102	102	106	102	5	130	139	144	139	2	241	4
5	65	[A] Kush Choudhary	220	M.P.	27.05.2005	72.550	97	102	105	102	4	123	128	130	123	6	225	5
6	182	[A] Adarsh Anil Pattekari	205	MHR	14.07.2003	72.150	90	95	100	95	6	115	120	125	125	5	220	6
7	321	[A] Sagar Kumar	210	BHR	02.08.2004	72.300	90	93	95	95	7	113	117	117	117	8	212	7
8	291	[A] Ayush Rawat	205	U.P.	18.06.2003	72.600	85	89	93	89	8	115	115	120	120	7	209	8
9	273	[A] Ananta Sonowal	160	ASM	12.07.2004	67.550	75	80	84	84	9	85	90	95	95	9	179	9
10	73	[A] Akash Pathania	140	H.P.	02.02.2004	71.950	55	60	65	65	10	75	81	85	85	10	150	10
	102	[A] Mohit	250	HRN	09.09.2003	72.000	105	105	105	--		--	--	--	--		--	

Jury

1. Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
2. Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
3. Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
4. Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
5. Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]
- Left - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]
- Right - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]
- Reserve - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]

Chief Marshal

1. Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
2. Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

1. Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
2. Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

1. Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 81 kg

Competition : 20.01.2020 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	263	[A] Shaik Lal Basheer	235	A.P.	13.05.2004	80.100	105	110	112	112	2	125	137	142	142	2	254	1
2	59	[A] G. Ravishankra	240	A.P.	11.10.2004	80.300	100	106	106	106	3	134	143	149	143	1	249	2
3	311	[A] Aditya Narang	245	CHD	30.01.2003	80.400	110	111	113	113	1	135	139	140	135	3	248	3
4	309	[A] Oinam Bikash Singh	215	MNP	05.03.2006	79.600	95	100	105	100	4	110	120	125	120	5	220	4
5	9	[A] Siddhant Rajkumar Binde	190	MHR	11.03.2003	79.950	83	87	89	89	6	114	119	124	124	4	213	5
6	117	[A] Natarajan Krishnabarathi	200	TND	24.01.2003	77.600	87	91	95	95	5	110	115	120	115	6	210	6
7	246	[A] Anmol Tyagi	190	DEL	08.01.2005	81.000	82	86	87	87	7	110	115	120	115	7	202	7
8	310	[A] Shekhar Rathi	150	U.P.	04.07.2004	80.900	86	86	86	86	8	105	111	116	111	8	197	8
9	128	[A] Sayan Mallick	190	W.B.	31.07.2003	79.650	85	90	90	85	9	100	105	110	110	9	195	9
10	267	[A] Kapil Sonowal	160	ASM	27.12.2006	78.750	70	75	80	80	10	90	95	95	90	10	170	10

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]
Left - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]
Right - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]
Reserve - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]
- RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 89 kg

Competition : 20.01.2020 12:30

Weigh in : 10:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	148	[A] Suditya Boruah	245	ASM	16.12.2004	81.500	105	110	114	114	1	132	137	145	137	1	251	1
2	189	[A] Ritesh Rajendra Mhaishale	235	MHR	05.02.2003	85.250	105	110	112	112	2	130	136	136	136	2	248	2
3	83	[A] Sanidhya Sanjay More	240	MHR	26.03.2005	82.650	102	106	109	109	3	131	131	134	134	3	243	3
4	88	[A] Ayush Bhardwaj	238	DEL	14.01.2004	85.000	102	106	109	109	4	122	128	132	132	4	241	4
5	167	[A] Aby Syril	195	KRL	06.10.2005	82.800	90	94	97	97	5	110	115	120	115	5	212	5
6	179	[A] Yogesh Sharma	170	U.P.	07.06.2003	88.050	87	92	92	92	6	108	111	115	111	6	203	6
7	245	[A] Parshant Kumar Kailley	210	PUN	26.04.2004	88.400	85	85	90	90	7	105	111	111	111	7	201	7

Jury

1. Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
2. Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
3. Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
4. Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
5. Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. Shanmugavel, Int. Cat. 2 [TND]
Left - Mr. Yudhvir Singh, Int. Cat. 2 [J.K.]
Right - Mr. K. Suryanarayana, Int. Cat. 2 [A.P.]
Reserve - Mrs. Sushila Das, Nat. Cat. 2 [WB]

Chief Marshal

1. Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
2. Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

1. Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
2. Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

1. Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

1. Dr. _____ [ASM]



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 96 kg

Competition : 21.01.2020 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	159	[A] Manjula Ashok	250	A.P.	21.12.2003	91.100	105	115	125	115	1	135	144	151	144	1	259	1
2	275	[A] Ambala Komal Karthik	240	A.P.	23.05.2004	92.900	100	110	110	110	2	130	143	143	130	2	240	2
3	212	[A] Sujeeth R	210	TND	04.12.2003	94.350	90	95	98	98	4	123	127	130	130	3	228	3
4	209	[A] Shiv Kripa Tripathi	200	U.P.	12.11.2003	93.550	92	96	100	100	3	120	127	127	127	4	227	4
5	134	[A] Navjot Singh Lal	220	C.G.	28.10.2004	94.600	91	91	95	91	5	112	119	119	112	5	203	5
6	208	[A] Prem Kumar S.	200	TND	18.07.2004	95.100	85	90	96	90	6	110	118	118	110	6	200	6
7	177	[A] Harshvardhan Digambar Kadam	160	MHR	11.02.2005	92.700	65	70	75	75	7	85	91	96	91	7	166	7
8	90	[A] Umeshwaran	50	PON	12.09.2004	91.500	60	65	70	70	8	75	80	90	80	8	150	8
9	168	[A] Ghanashyam Adhikari	120	ASM	17.01.2004	95.750	50	55	60	60	9	70	75	80	75	9	135	9
	258	[A] Netranjan Nilkanth Patil	215	MHR	03.06.2004	90.250	92	92	92	--		--	--	--	--		--	
	36	[A] Harkaran Singh	200	PUN	13.04.2004	89.850	90	90	90	--		--	--	--	--		--	

Jury

- Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
- Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
- Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
- Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
- Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]
- Left - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]
- Right - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]
- Reserve - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]

Chief Marshal

- Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
- Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

- Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

- Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
- Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

- Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

- Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN 102 kg

Competition : 21.01.2020 14:30

Weigh in : 12:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	1	[A] Gautam Singh	210	U.P.	26.11.2004	98.900	102	107	111	111	1	135	140	145	145	1	256	1
2	75	[A] Avinash Yadav	220	U.P.	15.08.2003	101.050	110	110	110	110	2	130	137	144	137	2	247	2
3	240	[A] Parwinder Singh	230	CHD	19.02.2003	99.700	95	100	103	103	3	118	118	122	122	3	225	3
4	55	[A] Kush Mithil Pai	220	MHR	06.05.2003	96.550	90	95	100	95	5	115	121	131	121	4	216	4
5	145	[A] Manmeet Singh	215	PUN	20.08.2004	97.400	91	97	97	97	4	117	117	130	117	5	214	5
	278	[A] Sourabh Sunil Wadkar	240	MHR	17.03.2003	101.250	95	95	95	--		--	--	--	--		--	

Jury

- Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
- Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
- Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
- Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
- Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]
Left - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]
Right - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]
Reserve - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]

Chief Marshal

- Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
- Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

- Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

- Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
- Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

- Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

- Dr. _____ [ASM]



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH MEN +102 kg

Competition : 22.01.2020 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	229	[A] Akhand Pratap Singh	200	U.P.	15.01.2004	110.900	97	105	105	97	1	111	120	125	120	1	217	1
2	25	[A] Nilesh Mahendra Yadav	155	GUJ	27.07.2004	103.650	60	65	70	65	2	80	85	91	91	2	156	2
3	175	[A] Prasanth K.M.	135	KRL	24.10.2003	105.150	62	66	66	62	3	76	81	89	89	3	151	3
4	67	[A] Ramya Konwar	130	ASM	14.07.2003	102.350	55	62	62	62	4	75	82	82	75	4	137	4

Jury

1. Mr. Pal Singh Sandhu, Int. Cat. 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]
Left - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]
Right - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]
Reserve - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 40 kg

Competition : 16.01.2020 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	206	[A] Soumya Sunil Dalvi	115	MHR	18.08.2005	40.000	50	53	53	50	1	60	63	66	66	1	116	1
2	89	[A] Aarati Raghavendra Tatgunti	115	MHR	22.06.2005	39.950	45	48	50	50	2	58	62	65	65	2	115	2
3	84	[A] Chitra Prova Chetia	90	ASM	10.07.2004	39.850	40	43	45	45	4	52	56	58	58	3	103	3
4	235	[A] Shivani Yadav	105	U.P.	01.07.2006	40.000	44	46	49	46	3	53	56	56	56	4	102	4
5	110	[A] Sandiya Gungli	90	ARN	27.12.2004	38.800	42	45	45	42	5	53	53	53	53	5	95	5
6	270	[A] A. Poshika	70	TND	24.09.2006	40.000	35	35	38	38	6	45	49	49	45	7	83	6
7	141	[A] Rumana Khatun	40	T.RI	05.07.2004	40.000	35	38	38	38	7	42	45	45	45	8	83	7
8	78	[A] Ritu Maan	70	HRN	22.07.2004	40.000	30	33	33	30	9	42	46	49	46	6	76	8
9	19	[A] Ganga Bhavani Ch.	70	TEL	01.10.2003	36.500	30	33	33	33	8	40	40	43	40	9	73	9
10	144	[A] L. Poonguzhali	50	PON	06.11.2004	39.400	25	28	30	28	10	30	34	34	34	10	62	10

Jury

1. Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
2. Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
3. Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
4. Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
5. Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]
- Left - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]
- Right - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]
- Reserve - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]

Chief Marshal

1. Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
2. Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

1. Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
2. Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

1. Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 45 kg

Competition : 16.01.2020 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	111	[A] Harshada Sharad Garud	130	MHR	08.11.2003	44.950	58	61	62	62	1	74	74	77	77	1	139	1
2	255	[A] Gyaneshwari Yadav	134	C.G.	08.03.2003	44.900	58	61	61	61	2	68	71	76	76	2	137	2
3	8	[A] Radha Soni	120	U.P.	27.04.2003	44.600	54	55	58	55	3	70	78	78	70	4	125	3
4	190	[A] Nikita Sunil Kamalakar	125	MHR	10.12.2005	44.700	53	53	53	53	5	65	69	71	71	3	124	4
5	53	[A] B. Jyothi	118	A.P.	03.01.2004	44.000	50	54	54	54	4	63	63	66	66	6	120	5
6	232	[A] Priyanka	110	TND	04.07.2005	43.650	47	51	54	51	6	65	69	69	69	5	120	6
7	295	[A] Diya Kishor Vyavhare	110	MHR	25.11.2003	43.300	45	49	51	49	7	55	59	62	62	7	111	7
8	18	[A] Nitumoni Khatowal	105	ASM	25.01.2005	44.600	40	44	48	48	8	56	61	63	56	8	104	8
	252	[A] Tadar Neha	115	ARN	08.07.2004	44.650	48	48	48	--		--	--	--	--		--	

Jury

- Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
- Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
- Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
- Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
- Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]
- Left - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]
- Right - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]
- Reserve - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]

Chief Marshal

- Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
- Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

- Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]
- RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

- Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
- Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

- Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

- Dr. _____ [ASM]



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 49 kg

Competition : 17.01.2020 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	274	[A] Usha	147	RAJ	09.02.2003	48.550	63	65	65	63	1	82	85	85	82	1	145	1
2	290	[A] Sapna Kumari	142	RAJ	07.06.2003	48.550	60	60	60	60	3	80	83	83	80	2	140	2
3	219	[A] Rithika V.	155	TND	25.07.2004	47.600	60	64	64	60	2	75	75	79	75	5	135	3
4	40	[B] Panchami Sonowal	120	ASM	05.05.2005	47.300	54	57	59	59	4	72	75	78	75	3	134	4
5	292	[A] Oddupalli Gayathri	124	A.P.	25.08.2005	48.650	50	55	58	58	5	70	75	78	75	4	133	5
6	70	[B] Shalu	100	U.P.	10.08.2003	47.900	51	55	56	51	7	66	66	66	66	6	117	6
7	207	[B] C. Ramdingpuii	110	MIZ	23.01.2003	48.850	49	49	50	50	8	60	63	63	60	8	110	7
8	181	[B] Amruta Bhausahab Shinde	115	MHR	21.02.2004	45.150	48	48	51	48	9	58	62	67	62	7	110	8
9	138	[B] Siddhi Sunil Nagare	105	MHR	01.04.2005	45.100	40	40	40	40	10	55	60	62	60	9	100	9
10	44	[B] Nishita Yadav	70	U.P.	05.12.2004	49.000	30	30	32	32	12	38	41	43	43	10	75	10
11	156	[B] Nainsi Mourya	60	U.P.	12.11.2004	48.750	30	33	33	33	11	40	45	45	40	11	73	11
	98	[A] Asha Sheuli	135	W.B.	25.02.2005	48.900	57	57	62	57	6	81	81	--	--		--	
	23	[B] Yukar Amak	90	ARN	08.02.2003	48.350	45	45	45	--		--	--	--		--		

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]
- Left - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]
- Right - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]
- Reserve - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 55 kg

Competition : 18.01.2020 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	223	[A] Boni Mangkhya	160	RAJ	04.06.2004	53.600	65	68	70	70	1	89	89	89	89	1	159	1
2	300	[A] Balo Yalam	145	ARN	08.08.2004	54.600	63	67	69	67	3	83	86	86	86	2	153	2
3	314	[A] Khundrakpam Priyaluxmi Devi	140	MNP	23.09.2004	53.250	63	67	69	69	2	78	83	86	83	3	152	3
4	32	[A] Tutumoni Khatuwal	125	ASM	05.05.2004	54.100	55	58	60	58	6	70	75	77	75	4	133	4
5	211	[A] Bethseby Lalnunfeli	125	MIZ	11.05.2004	54.500	56	60	62	60	5	68	72	75	72	5	132	5
6	131	[A] Japleen Kaur	125	PUN	19.08.2004	54.100	55	55	58	55	7	61	64	67	67	6	122	6
7	3	[A] Sandhya Bhaskar Sarode	120	MHR	24.08.2005	53.800	51	55	55	51	8	62	66	66	62	7	113	7
8	149	[A] Visithira	50	PON	13.05.2006	51.250	30	35	40	40	9	40	45	50	45	8	85	8
9	87	[A] Khushboo Yadav	60	U.P.	27.07.2005	52.850	35	39	39	39	10	41	45	50	45	9	84	9
10	112	[A] Preeti Yadav	70	U.P.	02.07.2007	53.250	30	31	33	31	11	38	41	43	41	10	72	10
	33	[A] Ankita	148	RAJ	10.04.2006	54.650	60	63	65	63	4	75	75	75	--		--	
	289	[A] Esther Lalthapuii	125	MIZ	01.01.2006	52.300	56	56	56	--		--	--	--	--		--	

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]
Left - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]
Right - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]
Reserve - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]
- RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 59 kg

Competition : 18.01.2020 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	198	[A] Shandrella Huyam	146	MNP	10.06.2005	58.050	63	66	66	66	2	83	85	87	85	2	151	1
2	99	[A] Anai Wangsu	147	RAJ	10.04.2004	56.950	62	65	67	65	3	82	85	87	85	1	150	2
3	176	[A] Sanapathi Pallavi	145	A.P.	13.07.2003	58.850	64	68	70	68	1	80	83	83	80	6	148	3
4	143	[A] Devadharshini B.	130	TND	13.05.2006	57.750	60	60	63	63	4	73	80	83	80	7	143	4
5	196	[A] Aarzo	150	PUN	10.05.2003	58.300	61	64	64	61	6	82	82	88	82	4	143	5
6	20	[A] Posen Kongkang	135	ARN	14.01.2003	56.950	58	61	63	61	7	78	81	83	81	5	142	6
7	85	[A] Bolugu Gangothri	125	TEL	18.06.2004	58.100	53	57	60	60	9	75	82	89	82	3	142	7
8	109	[A] Sangeeta Padhy	140	ORS	21.03.2003	57.750	63	63	63	63	5	73	77	77	77	8	140	8
9	46	[A] Rijumoni Khatowal	125	ASM	24.10.2006	55.850	55	58	60	60	10	70	73	73	73	9	133	9
10	286	[A] Niki Shrambutika	134	ORS	21.01.2006	58.550	60	63	63	60	8	70	72	--	70	10	130	10
	320	[A] Jyoti Yadav	120	U.P.	30.12.2003	58.250	63	63	63	--		--	--	--	--		--	

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]
- Left - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]
- Right - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]
- Reserve - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 64 kg

Competition : 19.01.2020 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	104	[A] Y. Poorna Sri	150	TND	19.08.2004	63.500	70	73	75	75	1	80	86	90	90	1	165	1
2	272	[A] Navdeep Kaur	155	PUN	15.11.2003	61.000	64	64	67	67	2	83	89	91	83	2	150	2
3	312	[A] Shaik Mahaboob Chand	130	A.P.	09.05.2005	61.500	55	60	64	64	3	75	80	85	80	3	144	3
4	201	[A] Anush M. Miriyala	100	TEL	22.08.2003	61.900	50	55	58	55	4	63	67	67	67	4	122	4
5	203	[A] Bolugu Sagarika	95	TEL	12.03.2005	64.000	47	50	52	52	5	55	55	58	58	6	110	5
6	249	[A] Vydhadi Devi	50	PON	09.04.2004	61.000	46	48	50	50	6	55	60	60	60	5	110	6
7	41	[A] Sheetal Rajput	100	M.P.	01.01.2006	62.400	45	45	49	49	7	55	55	60	55	9	104	7
8	282	[A] Swapna Palthiya	92	TEL	25.08.2006	59.950	45	45	47	45	10	55	58	58	55	7	100	8
9	271	[A] Shalini Kumari	110	BHR	18.06.2005	62.350	45	50	50	45	8	50	55	60	55	8	100	9
10	71	[A] Mamu Basumatary	105	ASM	01.01.2005	59.150	45	45	50	45	9	55	55	55	55	10	100	10

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mr. K. Suryanarayna, Int. Cat. 2 [A.P.]
- Left - Mr. Shanmugavel, Int. Cat. 2 [TND]
- Right - Mr. Yudhvir Singh, Int. Cat. 2 [J.K.]
- Reserve - Mrs. Sushila Das, Nat. Cat. 2 [WB]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 71 kg

Competition : 19.01.2020 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	13	[A] M. Lekhamaalya	160	TND	19.08.2003	70.450	70	75	75	75	1	90	95	95	95	2	170	1
2	76	[A] Warepam Sapna Devi	153	MNP	15.01.2003	70.450	66	70	73	73	3	90	95	98	95	1	168	2
3	47	[A] Anjana Sreejith	160	KRL	25.02.2003	68.600	68	73	76	73	2	88	96	97	88	3	161	3
4	56	[A] Palati Dhathri	160	A.P.	22.06.2003	68.550	70	70	75	70	4	85	92	92	85	5	155	4
5	116	[A] Bojanki Jhansi	135	A.P.	13.06.2005	64.250	53	60	64	60	6	80	86	86	86	4	146	5
6	140	[A] Songita Sadhanidar	130	ASM	16.08.2004	64.900	58	62	64	64	5	70	75	78	75	7	139	6
7	226	[A] Srishti Yadav	110	U.P.	06.06.2005	64.600	57	60	62	60	7	68	72	76	76	6	136	7
8	132	[A] Dhanshri Vinod Bedade	120	MHR	28.05.2004	65.650	52	55	57	57	8	60	65	70	70	8	127	8
9	77	[A] Priyanka	125	DEL	17.07.2003	70.800	50	55	58	55	9	60	65	70	65	9	120	9
10	253	[A] Rangila Majhi	120	ORS	01.12.2005	65.500	51	51	53	51	10	64	64	67	64	10	115	10
11	142	[A] Pragya Sharma	100	H.P.	20.02.2006	65.000	38	41	45	45	11	48	52	52	48	12	93	11
12	122	[A] R.H. Madhumitha	60	PON	23.03.2005	70.850	40	43	43	43	12	45	48	50	50	11	93	12

Jury

- Mrs. Hansa Sharma, Int. Cat. 1, Chairman [UKD]
- Mr. Bhabajyoti Goswami Int. Cat. 1, Member [ASM]
- Mr. Narayan Sahu, Int. Cat. 1, Member [ORS]
- Mr. SH Anande Gowda, Int. Cat. 2, Member [KRN]
- Mr. G. Rajakumar, Int. Cat. 2, Member [TND]

Referee

- Center - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]
- Left - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]
- Right - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]
- Reserve - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]

Chief Marshal

- Mr. Santosh Sinhasane, Int. Cat. 2 [MHR]
- Mr. Shailendra Joshi, Nat. Cat. 2 [M.P.]

Time Keeper

- Mrs. Khushbu Yadav, Nat. Cat. 2 [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

- Mr. Amarnath Tyagi, Int. Cat. 2 [U.P.]
- Mr. Ravi Sharma, Nat. Cat. 2 [RAJ]

Secretary

- Mr. Rajesh Kumar, Int. Cat. 2 [H.P.]

Competition Doctor

- Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 76 kg

Competition : 20.01.2020 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	14	[A] Jyoti Yadav	175	HRN	16.01.2004	71.150	65	73	78	73	1	93	100	106	106	1	179	1
2	308	[A] Shreya Ratnakar Ganmukhi	150	MHR	24.02.2004	75.050	63	67	70	70	2	85	89	92	89	2	159	2
3	60	[A] Chukka Sri Lakshmi	140	A.P.	19.10.2004	74.700	60	65	68	68	3	83	88	92	88	3	156	3
4	266	[A] Pragathi	105	TND	08.04.2003	72.100	57	62	66	66	4	68	68	71	68	5	134	4
5	174	[A] R. Rupavarshini	125	TND	09.01.2003	73.900	57	61	61	57	5	67	72	78	72	4	129	5
6	48	[A] Komala	60	PON	03.06.2003	72.250	50	55	55	50	7	65	70	70	65	6	115	6
7	170	[A] Sonam Yadav	100	U.P.	11.11.2003	75.300	48	51	51	51	6	60	63	66	63	8	114	7
8	135	[A] Pragti Kaushal	110	PUN	02.08.2003	74.050	50	53	53	50	8	60	64	68	64	7	114	8
9	231	[A] Astha Gogoi	80	ASM	11.03.2006	71.300	35	40	40	40	10	45	50	54	50	9	90	9
10	49	[A] Kamaljeet Kaur	90	PUN	15.10.2003	73.750	35	40	42	42	9	42	46	50	46	10	88	10
11	178	[A] Ekta Pandey	50	U.P.	05.08.2004	72.700	25	28	31	28	11	27	31	32	32	11	60	11

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mr. Pradeep Yadav, Nat. Cat. 1 [U.P.]
- Left - Mr. Pramod Cholkar, Nat. Cat. 1 [MHR]
- Right - Mr. Ramesh Padhy, Int. Cat. 2 [ORS]
- Reserve - Mr. Jayesh C. Naik, Nat. Cat. 1 [GOA]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN 81 kg

Competition : 20.01.2020 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	306	[A] Vaishanvi Santosh Pawar	130	MHR	17.11.2004	80.000	55	59	62	62	1	65	69	72	72	2	134	1
2	304	[A] Reddi Gayathri	120	A.P.	21.11.2003	80.550	52	56	56	52	4	71	76	83	76	1	128	2
3	94	[A] Lingudu Keerthi	115	A.P.	11.07.2003	79.900	51	55	55	55	3	65	69	73	69	3	124	3
4	268	[A] Jyoti Yadav	110	U.P.	31.12.2005	76.100	55	55	57	55	2	66	70	70	66	4	121	4
5	26	[A] Jasmeen Kaur	100	PUN	16.09.2004	78.500	40	45	50	50	5	53	60	60	60	5	110	5
6	269	[A] Pratibha Sawant	70	U.P.	15.09.2003	76.600	30	35	40	35	7	42	47	50	50	6	85	6
7	200	[A] Deepali Sharma	90	H.P.	19.02.2004	76.050	30	35	39	35	6	42	42	42	42	7	77	7

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]
Left - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]
Right - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]
Reserve - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management



3RD KHELO INDIA YOUTH GAMES - WEIGHTLIFTING

GUWAHATI - ASSAM

16/01/2020 to 22/01/2020



RESULT YOUTH WOMEN +81 kg

Competition : 22.01.2020 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	154	[A] Maibam Martina Devi	146	MNP	21.03.2006	100.650	65	69	71	71	1	83	87	90	87	1	158	1
2	188	[A] Priti Pramod Deshmukh	150	MHR	25.02.2003	88.850	62	66	69	69	2	82	87	90	82	2	151	2
3	217	[A] A. Mohana Priya	124	TND	21.01.2003	96.050	57	61	64	61	3	72	78	78	72	3	133	3
4	183	[A] Sona George	90	KRL	20.05.2004	102.750	48	55	60	55	4	62	68	79	68	4	123	4
5	288	[A] Ichha Patel	100	U.P.	08.09.2004	90.350	45	48	50	50	5	60	63	65	65	5	115	5
6	147	[A] Aradhya Pathak	90	U.P.	12.12.2004	107.550	45	45	49	49	6	52	57	57	57	7	106	6
7	187	[A] Rimjhim Mengi	110	C.G.	09.01.2003	81.550	45	45	48	48	7	58	58	63	58	6	106	7
8	120	[A] Gursimran Kaur	75	PUN	22.12.2005	87.650	29	33	35	35	8	35	40	40	40	8	75	8

Jury

1. Mr. Pal Singh Sandhu, Int. Cat 1, Chairman [U.P.]
2. Mrs. Shyamala Shetty, Int. Cat. 1, Member [KRN]
3. Mr. R.V.L.N. Ratnakar Rao, Int. Cat. 1, Member [A.P.]
4. Mr. Narendra Sharma, Int. Cat. 1, Member [U.P.]
5. Mr. Nirlep Singh, Int. Cat. 2 [U.P.]

Referee

- Center - Mr. Subrata Ghosh, Nat. Cat. 1 [WB]
Left - Mr. Kamaldeep Singh, Nat. Cat. 1 [CHD]
Right - Mrs. Ibethoi Devi, Nat. Cat. 1 [MNP]
Reserve - Mrs. Geetha Ananda, Nat. Cat. 1 [KRN]

Chief Marshal

1. Mr. Pradeep Sharma, Int. Cat. 2 [H.P.]
2. Mr. Rajkumar Jamwal, Nat. Cat. 2 [H.P.]

Time Keeper

1. Ms. Trupti Parasher, Nat. Cat. 2 [MHR]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Technical Controller

1. Mr. Yogendra, Nat. Cat. 1 [U.P.]
2. Mr. Basanta Das, Nat. Cat. 2 [ASM]

Secretary

1. Mr. Rajneesh Bhaskar, Int. Cat. 2 [DEL]

Competition Doctor

1. Dr. _____ [ASM]

Weightlifting Meet Management