



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING
CHAMPIONSHIPS
KOLKATA - WEST BENGAL



2/2/2019 to 8/2/2020

RESULT BOOK





72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



SENIOR MEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
55 kg	TOTAL	1	243	SANKET SARGAR	16.10.2000	MHR
		2	241	A. GUNASEKAR	11.05.1996	RSPB
		3	239	CH. RISHIKANTA SINGH	05.07.1998	MNP
61 kg	TOTAL	1	272	SHUBHAM KOLEKAR	1.11.1999	MHR
		2	271	GURURAJA	15.08.1992	SSCB
		3	256	RAMKUMAR S.	05.05.1994	RSPB
67 kg	TOTAL	1	299	JEREMY LALRINNUNGA	26.10.2002	MIZ
		2	272	APURBA CHETIA	03.03.1991	ASM
		3	271	GURJEET KUMAR	20.05.1996	SSCB
73 kg	TOTAL	1	310	N. AJITH	27.01.1999	TND
		2	306	ACHINTA SHEULI	24.11.2001	W.B.
		3	290	KANHU CH. SAHU	03.05.1997	ORS
81 kg	TOTAL	1	317	PAPUL CHANGMAI	01.01.1994	SSCB
		2	309	AMARJIT GURU	23.07.1995	RSPB
		3	307	U. SIVAPRAKASH	17.02.1996	PON
89 kg	TOTAL	1	333	SAMBO LAPUNG	06.03.1997	SSCB
		2	323	R.V. RAHUL	16.03.1997	RSPB
		3	314	RAM KARAN PRAJAPATI	15.07.1998	UKD
96 kg	TOTAL	1	346	VIKAS THAKUR	14.11.1993	SSCB
		2	327	JAGDISH VISHWAKARMA	11.08.1994	C.G.
		3	310	SURESH KR. YADAV	23.08.1994	ORS
102 kg	TOTAL	1	325	SHUBHAM	10.06.1994	SSCB
		2	316	ASHUTOSH KUMAR SINGH	17.12.1995	UKD
		3	313	VISHAL RAJWAR	04.07.1995	UKD
109 kg	TOTAL	1	330	CHANDRAKANT MALI	28.08.1987	SSCB
		2	316	V.A. CHRISTOPHER	15.07.1986	RSPB
		3	308	BHUPINDER SINGH	13.03.1994	CHD
+109 kg	TOTAL	1	367	GURDEEP SINGH	01.10.1995	RSPB
		2	363	VIPAN KUMAR	30.01.1994	SSCB
		3	341	JASPREET SINGH	05.10.1992	AIPSCB



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KOLKATA - WEST BENGAL



2/2/2019 to 8/2/2020

SENIOR WOMEN'S MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
45 kg	TOTAL	1	160	JHILLI DALABEHERA	03.02.1999	RSPB
		2	159	M.V. THUSHMITA	15.10.1996	RSPB
		3	157	H. JINARANI DEVI	15.12.1996	MNP
49 kg	TOTAL	1	203	SAIKHOM MIRABAI CHANU	08.08.1994	RSPB
		2	185	KH. SANJITA CHANU	02.01.1994	RSPB
		3	168	T. PRIYADARSHINI	03.03.2000	TEL
55 kg	TOTAL	1	180	MANALISHA SONOWAL	01.01.1995	AIPSCB
		2	179	PH. RANIBALA DEVI	10.02.1998	MNP
		3	179	MANDEEP	10.04.1997	HRN
59 kg	TOTAL	1	203	E. DEEXITHA	25.09.1997	RSPB
		2	202	POPY HAZARIKA	08.12.1998	ASM
		3	198	DAVINDER KAUR	11.03.1995	PUN
64 kg	TOTAL	1	210	RAKHI HALDER	06.07.1993	RSPB
		2	200	HARJINDER KAUR	14.10.1996	CHD
		3	187	K. ROSHILATA DEVI	11.07.1999	MNP
71 kg	TOTAL	1	217	LALCHHANHIMI	14.04.1992	MIZ
		2	198	POOJA YADAV	15.07.1996	U.P.
		3	196	POMPI SAIKIA	09.01.1996	AIPSCB
76 kg	TOTAL	1	207	R. AROCKIYA ALISH	05.11.2000	TND
		2	187	A. TUMINA DEVI	26.01.1999	MNP
		3	183	SWATHI KISHOR	09.02.1998	KRL
81 kg	TOTAL	1	195	BALJINDER KAUR	18.05.1985	CHD
		2	194	T. DHARSHINI	31.12.1998	TND
		3	192	SWAPNA PRIYA BARUAH	24.09.1996	ASM
87 kg	TOTAL	1	219	P. ANURADHA	25.05.1992	AIPSCB
		2	200	MADHUSMITA BARUAH	01.02.1999	ASM
		3	195	KOMAL WAKLE	01.11.1990	MHR
+87 kg	TOTAL	1	210	MONIKA	13.11.1992	RSPB
		2	208	ASHWINI MALAGE	24.08.1998	MHR
		3	206	JASBIR KAUR	08.08.1988	PUN



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 55 kg

Competition : 04.02.2020 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	197	[A] SANKET SARGAR	240	MHR	16.10.2000	55.000	103	106	108	108	1	126	132	135	135	2	243	1
2	301	[A] A. GUNASEKAR	240	RSPB	11.05.1996	54.900	102	106	106	106	2	130	135	138	135	1	241	2
3	153	[A] CH. RISHIKANTA SINGH	241	MNP	05.07.1998	55.000	103	106	106	106	3	133	136	138	133	3	239	3
4	69	[A] SADAM HUSEN NAZEER	235	SSCB	24.01.1995	53.350	100	103	106	103	5	125	125	125	125	4	228	4
5	178	[A] M. RAJENDRA PRASATH	220	PON	18.10.1999	54.130	98	103	105	103	4	115	119	121	119	7	222	5
6	136	[A] KARAN LAHRE	207	C.G.	28.07.2000	54.930	93	96	98	96	7	115	120	123	120	5	216	6
7	176	[A] PIYUSH SINGH	210	M.P.	27.12.1999	54.950	93	97	101	97	6	116	124	124	116	8	213	7
8	311	[A] VIJAY MAHESHWARI	220	C.G.	15.02.1996	54.390	89	89	92	89	9	120	120	125	120	6	209	8
9	94	[A] K. EZHILARASAN	215	TND	25.01.1998	52.130	90	90	90	90	8	112	116	116	116	9	206	9
10	106	[A] NAGARAJ	200	KRN	05.10.1999	54.430	88	88	91	88	10	110	114	116	114	10	202	10
	336	[A] D. PRITHVIRAJ	210	FCI	14.07.2000	54.100	95	95	95	--		--	--	--	--		--	
	124	[A] PRADEEP BHOORE	198	M.P.	23.10.1990	53.200	88	88	88	--		--	--	--	--		--	

BREAK RECORDS

SR SENIOR MEN 55 kg SNATCH : R. MADHAVAN [PON] 106 ----> CH. RISHIKANTA SINGH [MNP] 106
 SR SENIOR MEN 55 kg SNATCH : CH. RISHIKANTA SINGH [MNP] 106 ----> CH. RISHIKANTA SINGH [MNP] 106
 SR SENIOR MEN 55 kg SNATCH : CH. RISHIKANTA SINGH [MNP] 106 ----> SANKET SARGAR [MHR] 108
 SR SENIOR MEN 55 kg CLEAN&JERK : SHUBHAM TODKAR [MHR] 134 ----> A. GUNASEKAR [RSPB] 135
 SR SENIOR MEN 55 kg CLEAN&JERK : A. GUNASEKAR [RSPB] 135 ----> SANKET SARGAR [MHR] 135
 SR SENIOR MEN 55 kg TOTAL : CH. RISHIKANTA SINGH [MNP] 239 ----> CH. RISHIKANTA SINGH [MNP] 239
 SR SENIOR MEN 55 kg TOTAL : CH. RISHIKANTA SINGH [MNP] 239 ----> CH. RISHIKANTA SINGH [MNP] 239
 SR SENIOR MEN 55 kg TOTAL : CH. RISHIKANTA SINGH [MNP] 239 ----> A. GUNASEKAR [RSPB] 241
 SR SENIOR MEN 55 kg TOTAL : A. GUNASEKAR [RSPB] 241 ----> SANKET SARGAR [MHR] 243

Jury

1. HANSA SHARMA, CHAIRMAN [UKD]
 2. BHABAJYOTI GOSWAMI, MEMBER [ASM]
 3. RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

Center - P.A. JOSE [KRL]
 Left - PRAMOD CHOLKAR [MHR]
 Right - K. SURYANARAYANA [A.P.]
 Reserve - GOPAL LAL SHARMA [RAJ]

Chief Marshal

1. RAMESH PADHY [ORS]
 2. RAJKUMAR JAMWAL [HIMACHAL P]
Time Keeper
 1. KHUSHBU YADAV [U.P.]

Technical Controller

1. PRADEEP YADAV [U.P.]
 2. TRUPTI PARASHER [MHR]

Secretary

1. PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 61 kg

Competition : 03.02.2020 13:30

Weigh in : 11:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	38	[A] SHUBHAM KOLEKAR	270	MHR	1.11.1999	60.660	112	115	115	115	2	147	152	157	157	1	272	1
2	184	[A] GURURAJA	265	SSCB	15.08.1992	60.660	115	119	121	119	1	147	152	157	152	2	271	2
3	19	[A] RAMKUMAR S.	260	RSPB	05.05.1994	60.820	113	113	117	113	3	139	143	150	143	4	256	3
4	75	[A] JIMJANG DERU	242	ARN	01.10.1998	60.920	103	107	111	107	7	138	138	144	144	3	251	4
5	48	[A] LALZUIDIKA	250	MIZ	26.06.1997	60.910	111	111	111	111	4	136	136	142	136	6	247	5
6	50	[A] TBC LALCHHANHIMA	250	MIZ	21.03.1997	60.970	104	108	110	104	10	143	143	148	143	5	247	6
7	7	[A] JACOB VANLALTLUANGA	250	NGL	17.02.2002	60.950	110	114	114	110	5	131	131	136	131	7	241	7
8	273	[B] HRUSHIKESH CHAVAN	225	MHR	18.01.1998	60.960	103	107	110	107	6	128	135	135	128	10	235	8
9	219	[B] JAGDISH NAHAK	230	ORS	13.08.1998	60.960	100	105	105	105	9	130	130	130	130	8	235	9
10	93	[A] L. CHINGLENMANI	240	MNP	16.02.1999	59.860	100	104	108	104	11	130	130	135	130	9	234	10
11	310	[B] GANESH R.	230	NGL	12.05.1996	59.900	105	108	108	105	8	122	122	131	122	12	227	11
12	148	[A] SUBHASH LAHRE	230	C.G.	12.11.2002	59.530	96	99	100	96	13	120	125	130	125	11	221	12
13	155	[B] SUBHAM	211	CHD	29.08.1998	60.610	95	95	97	97	12	118	121	121	118	13	215	13
14	323	[B] SOURABH S.	215	KRL	23.09.1999	59.260	93	96	96	93	16	118	121	121	118	14	211	14
	183	[A] PANCHAM GEORGE	230	BHR	15.11.2000	60.820	95	99	100	95	14	120	120	120	--	--	--	--
	21	[B] M. RAJ KUMAR	211	TEL	15.05.2003	60.640	94	94	97	94	15	118	118	--	--	--	--	--
	250	[B] AMEER M.P.	216	KRL	09.02.2000	60.700	93	93	95	93	17	118	118	118	--	--	--	--
	220	[B] ABHISHEK	220	H.P.	27.08.1996	60.980	93	93	93	93	18	--	--	--	--	--	--	--

BREAK RECORDS

SR SENIOR MEN 61 kg SNATCH : GURURAJA [SSCB] 118 ---> GURURAJA [SSCB] 119

SR SENIOR MEN 61 kg CLEAN&JERK : M. RAJA [RSPB] 148 ---> GURURAJA [SSCB] 152

SR SENIOR MEN 61 kg CLEAN&JERK : GURURAJA [SSCB] 152 ---> SHUBHAM KOLEKAR [MHR] 157

SR SENIOR MEN 61 kg TOTAL : M. RAJA [RSPB] 265 ---> GURURAJA [SSCB] 271

SR SENIOR MEN 61 kg TOTAL : GURURAJA [SSCB] 271 ---> SHUBHAM KOLEKAR [MHR] 272

SR SENIOR MEN 61 kg TOTAL : GURURAJA [SSCB] 271 ---> SHUBHAM KOLEKAR [MHR] 272

3. RVLN RATNAKAR RAO, MEMBER [A.P.]

27/7/2020 17:01:49

Jury

1. YANSA SHARMA, CHAIRMAN

2. PRADIP KUMAR SWAMI, MEMBER [ASM]

3. RVLN RATNAKAR RAO, MEMBER [A.P.]

4. N. S. SINGH, MEMBER [A.P.]

5. R. S. SINGH, MEMBER [A.P.]

6. R. S. SINGH, MEMBER [A.P.]

7. R. S. SINGH, MEMBER [A.P.]

8. R. S. SINGH, MEMBER [A.P.]

9. R. S. SINGH, MEMBER [A.P.]

Referee

Center - GEEETHA ANANDA [KRN]

Left - SARALA SHETTY [MHR]

Right - NIRLEP SINGH [U.P.]

1. KHUSHBU YADAV [U.P.]

2. KHUSHBU YADAV [U.P.]

3. KHUSHBU YADAV [U.P.]

4. KHUSHBU YADAV [U.P.]

5. KHUSHBU YADAV [U.P.]

6. KHUSHBU YADAV [U.P.]

Chief Marshal

1. RAMESH PADHY [ORS]

2. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

3. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

4. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

5. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

6. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

7. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

8. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

9. RAJKUMAR JAMWAL [HIMACHAL PRADESH]

Technical Controller

1. PRADEEP YADAV [U.P.]

2. TRUPTI PARASHER [MHR]

3. TRUPTI PARASHER [MHR]

4. TRUPTI PARASHER [MHR]

5. TRUPTI PARASHER [MHR]

6. TRUPTI PARASHER [MHR]

7. TRUPTI PARASHER [MHR]

8. TRUPTI PARASHER [MHR]

9. TRUPTI PARASHER [MHR]

Secretary

1. PRAMOD SHETTY [KRN]

2. PRAMOD SHETTY [KRN]

3. PRAMOD SHETTY [KRN]

4. PRAMOD SHETTY [KRN]

5. PRAMOD SHETTY [KRN]

6. PRAMOD SHETTY [KRN]

7. PRAMOD SHETTY [KRN]

8. PRAMOD SHETTY [KRN]

9. PRAMOD SHETTY [KRN]

Time Keeper

1. KHUSHBU YADAV [U.P.]

RESULT BY PRECIOUS TIME TRADING (THAILAND)

Weightlifting Meet Management



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 67 kg

Competition : 03.02.2020 18:30

Weigh in : 16:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	309	[A] JEREMY LALRINUNGA	290	MIZ	26.10.2002	65.550	132	132	132	132	1	160	167	170	167	1	299	1
2	348	[A] APURBA CHETIA	270	ASM	03.03.1991	64.130	120	125	127	125	2	147	152	152	147	4	272	2
3	65	[A] GURJEET KUMAR	265	SSCB	20.05.1996	66.870	120	120	125	120	3	146	151	154	151	2	271	3
4	303	[A] NAVEEN CHANDRA	270	KRN	01.03.1989	66.950	113	116	119	119	6	144	148	154	148	3	267	4
5	213	[A] NITU TAMULI	260	ASM	16.03.1997	66.830	108	114	119	119	5	140	140	146	140	7	259	5
6	74	[A] RUSTAM SARANG	260	AIPSCB	12.12.1988	66.950	109	113	115	113	9	137	141	145	145	5	258	6
7	129	[A] T. SUDHEER	255	A.P.	10.08.1995	66.950	110	115	115	115	7	135	141	146	141	6	256	7
8	101	[A] ROBO MECH	250	NGL	07.10.1995	66.960	114	114	117	114	8	124	--	--	124	13	238	8
9	115	[B] KARTHIK KUMAR	227	KRN	13.04.1996	66.960	100	105	108	108	11	127	--	--	127	11	235	9
10	316	[B] RAGHUNATH KHILLA	235	ORS	28.03.2002	63.590	99	105	105	105	12	129	131	131	129	9	234	10
11	352	[B] P. SRINIVASA RAO	221	M.P.	07.06.1999	66.990	98	102	105	102	13	123	128	131	131	8	233	11
12	113	[B] NIRBHAY PRATAP SINGH PATH	221	J.K.	22.06.2003	67.000	100	105	105	100	14	123	128	128	128	10	228	12
13	149	[B] SHANKAR KUMAR	230	BHR	15.06.2003	65.130	98	100	102	100	15	123	127	130	127	12	227	13
14	4	[B] MITHLESH SONKAR	230	C.G.	09.01.2001	66.400	99	104	104	99	16	123	--	--	123	14	222	14
15	139	[B] YASHMIT SHARMA	228	M.P.	07.09.2000	66.510	99	99	103	99	18	123	123	127	123	16	222	15
16	188	[B] SARATH SANKAR	222	KRL	09.10.1998	66.420	98	98	100	98	19	123	126	126	123	15	221	16
17	225	[A] SAURAYA PRATAP SINGH	235	BHR	01.07.2004	66.830	98	100	100	98	20	123	123	123	123	17	221	17
	246	[A] SACHIN RAUTA	270	ORS	10.04.1997	66.960	112	112	119	119	4	143	143	145	--		--	



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2/2/2019 to 8/2/2020



RESULT SENIOR MEN 67 kg

Competition : 03.02.2020 18:30

Weigh in : 16:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	203	[A] SHUBHAM LANDE	270	MHR	09.12.1995	66.660	110	115	115	110	10	140	140	140	--		--	
	55	[B] VINESH	230	RAJ	06.07.1996	64.740	99	--	--	99	17	123	--	--	--		--	
	317	[B] ZAKHUMA	235	MIZ	01.04.2001	62.300	100	--	--	--		--	--	--	--		--	
	287	[B] GURKERIT SINGH	221	CHD	14.07.1995	66.930	98	98	98	--		--	--	--	--		--	
	15	[A] AJAY KUMAR	235	J.K.	25.07.1993	66.950	98	98	98	--		--	--	--	--		--	
	241	[B] TARUN	221	H.P.	10.08.1997	66.500	98	98	98	--		--	--	--	--		--	
	295	[B] SUMAN DAS	225	W.B.	22.06.1991	66.980	98	98	98	--		--	--	--	--		--	

BREAK RECORDS

SR SENIOR MEN 67 kg CLEAN&JERK : JEREMY LALRINNINGA [MIZ] 166 ---> JEREMY LALRINNINGA [MIZ] 167

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

- Center - NIRLEP SINGH [U.P.]
Left - GEETHA ANANDA [KRN]
Right - SARALA SHETTY [MHR]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 73 kg

Competition : 04.02.2020 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	344	[A] N. AJITH	290	TND	27.01.1999	72.900	135	140	144	140	1	165	170	175	170	1	310	1
2	296	[A] ACHINTA SHEULI	300	W.B.	24.11.2001	72.830	134	138	141	138	2	160	168	173	168	2	306	2
3	265	[A] KANHU CH. SAHU	287	ORS	03.05.1997	72.100	123	128	128	128	5	152	158	162	162	3	290	3
4	145	[A] RANJEET CHAVAN	290	MHR	20.02.1998	72.950	124	127	129	127	7	159	164	164	159	4	286	4
5	232	[A] KAPIL SINGH RATHORE	288	RAJ	16.03.1993	72.240	123	125	129	129	4	156	161	163	156	5	285	5
6	341	[A] K. LALHANBA MEETEI	290	MNP	02.03.1988	72.980	126	126	126	126	8	156	161	161	156	6	282	6
7	12	[A] DEVA PREEDHAN	290	KRL	08.10.1998	72.710	125	129	129	125	9	155	155	163	155	7	280	7
8	221	[A] AKSHAY GAIKWAD	290	MHR	16.04.1996	73.000	125	128	128	125	10	150	156	--	150	8	275	8
9	337	[A] RAJESH MITTAL	290	RAJ	30.05.1985	72.070	128	128	128	128	6	145	152	155	145	12	273	9
10	49	[B] R. VARUN	255	A.P.	08.04.1990	72.380	110	115	115	115	14	135	142	148	148	9	263	10
11	165	[B] AKASH	259	U.P.	11.04.2002	72.950	111	115	119	119	13	138	143	149	143	15	262	11
12	215	[A] ATISH PATIL	270	C.G.	27.03.1996	72.070	115	115	120	115	15	145	145	150	145	13	260	12
13	31	[B] L. SUNDERJIT SINGH	260	MNP	20.01.1999	72.950	111	115	116	111	17	141	146	150	146	10	257	13
14	6	[B] ADITYA PANWAR	250	U.P.	01.04.1997	73.000	105	110	113	110	19	140	144	144	144	14	254	14
15	120	[B] R. SHIVALINGESWARA SAI	251	TEL	25.07.2001	72.950	104	104	108	108	20	140	145	145	145	11	253	15
16	206	[B] GAGANDEEP KUMAR	250	PUN	04.07.1996	69.620	110	115	115	110	18	130	140	--	130	16	240	16
17	25	[B] VISHAL PANWAR	220	J.K.	29.12.1993	72.550	103	106	106	106	21	129	132	132	129	17	235	17
18	122	[B] DHILJITH D.S.	230	KRL	19.02.2001	72.150	102	102	105	102	24	129	--	--	129	18	231	18



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 73 kg

Competition : 04.02.2020 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	138	[B] KANHAIYA KUMAR	235	BHR	03.03.2002	67.190	102	102	106	102	25	128	--	--	128	19	230	19
	284	[A] DEEPAK LATHER	294	HRN	25.03.2000	72.800	133	137	141	137	3	159	159	159	--		--	
	154	[A] LALU TAKU	280	ARN	08.12.1998	72.840	121	121	125	121	11	157	157	157	--		--	
	252	[A] BADAL BAR	275	W.B.	04.04.1998	72.430	120	120	120	120	12	152	152	152	--		--	
	212	[B] GANGA SINGH	250	CHD	22.09.1994	73.000	112	112	115	112	16	140	140	140	--		--	
	54	[B] BHAVESH SARANG	245	C.G.	27.05.2002	72.100	105	110	110	105	22	128	128	128	--		--	
	305	[B] D. GANESH	240	TEL	13.06.2004	72.430	105	110	110	105	23	135	135	135	--		--	
	190	[B] NARINDER KUMAR	230	H.P.	19.03.1998	72.850	102	102	102	--		--	--	--	--		--	
	276	[B] SHEKHAR REHAN	230	H.P.	25.06.1998	68.200	102	102	102	--		--	--	--	--		--	
	86	[A] MIHIR KANTA SETHI	290	SSCB	21.11.1996	72.620	126	126	126	--		--	--	--	--		--	

BREAK RECORDS

SR SENIOR MEN 73 kg SNATCH : ACHINTA SHEULI [W.B.] 137 ---> DEEPAK LATHER [HRN] 137
SR SENIOR MEN 73 kg SNATCH : DEEPAK LATHER [HRN] 137 ---> ACHINTA SHEULI [W.B.] 138
SR SENIOR MEN 73 kg SNATCH : ACHINTA SHEULI [W.B.] 138 ---> N. AJITH [TND] 140
SR SENIOR MEN 73 kg CLEAN&JERK : ACHINTA SHEULI [W.B.] 170 ---> N. AJITH [TND] 170
SR SENIOR MEN 73 kg TOTAL : ACHINTA SHEULI [W.B.] 305 ---> ACHINTA SHEULI [W.B.] 306
SR SENIOR MEN 73 kg TOTAL : ACHINTA SHEULI [W.B.] 306 ---> N. AJITH [TND] 310

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

- Center - PRAMOD CHOLKAR [MHR]
Left - K. SURYANARAYANA [A.P.]
Right - GOPAL LAL SHARMA [RAJ]
Reserve - P.A. JOSE [KRL]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 81 kg

Competition : 05.02.2020 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	263	[A] PAPUL CHANGMAI	314	SSCB	01.01.1994	80.310	138	145	151	145	1	172	186	--	172	1	317	1
2	182	[A] AMARJIT GURU	305	RSPB	23.07.1995	77.550	137	137	137	137	3	166	172	176	172	2	309	2
3	256	[A] U. SIVAPRAKASH	300	PON	17.02.1996	80.610	127	132	136	136	4	167	171	174	171	3	307	3
4	185	[A] GAURAV DUBEY	295	U.P.	12.10.1990	80.780	131	135	138	135	5	162	168	173	168	4	303	4
5	233	[A] GOURAV	310	AIPSCB	28.06.1995	80.570	136	140	140	140	2	162	167	167	162	6	302	5
6	121	[A] S. ARBIND SINGH	305	MNP	08.03.2001	80.890	128	128	132	128	8	165	165	170	165	5	293	6
7	238	[A] ANIL KUMAR SAHU	290	ORS	12.10.1994	80.900	125	125	131	125	11	160	169	169	160	7	285	7
8	266	[A] LAKSHY MEENA	291	RAJ	23.09.1994	80.990	128	133	133	128	7	155	161	161	155	10	283	8
9	112	[A] V. ARUN ADAIKALRAJ	290	MHR	16.03.1992	80.770	125	129	129	125	9	156	156	161	156	8	281	9
10	2	[A] SANKAR GANESH	290	GOA	06.06.1992	78.290	128	133	133	128	6	152	160	160	152	12	280	10
11	237	[A] KH. JOJO MEETEI	290	ARN	05.03.1998	80.990	125	125	128	125	10	155	155	160	155	11	280	11
12	346	[B] SKILTIN PAUL	270	KRL	12.05.2000	75.550	117	123	124	124	12	150	155	160	155	9	279	12
13	292	[B] A. ARJUN SINGH	270	MNP	01.02.1998	79.570	120	120	123	123	13	145	145	---	145	16	268	13
14	231	[B] HARINDER SINGH	270	CHD	12.12.2001	80.070	120	120	125	120	14	147	147	147	147	13	267	14
15	242	[B] N. JAMALUDEEN	265	TND	27.07.2001	80.490	116	116	120	120	15	146	149	149	146	14	266	15
16	307	[B] ANANT MANDAVI	250	C.G.	07.08.1998	79.870	111	111	115	115	17	141	146	146	141	17	256	16
17	107	[B] ANSHUL	270	HRN	20.07.1998	79.770	110	116	116	110	19	140	145	148	145	15	255	17
18	135	[B] K. SRINU	260	A.P.	24.11.2001	75.470	106	106	111	111	18	134	138	141	138	19	249	18



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 81 kg

Competition : 05.02.2020 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	108	[B] SUCHIN KUMAR M.	240	KRN	26.06.1998	79.230	105	114	118	118	16	130	140	140	130	23	248	19
20	228	[B] NIMMA SAINI	255	H.P.	20.08.1996	79.870	105	112	115	105	21	130	140	144	140	18	245	20
21	299	[B] SANDEEP KUMAR	240	DEL	19.07.1998	81.000	105	108	111	105	22	135	140	140	135	20	240	21
22	20	[B] NATARAJA N.E.	240	KRN	01.06.1991	80.750	105	105	105	105	24	130	134	137	134	21	239	22
23	10	[B] SOUVIK MONDAL	235	W.B.	16.08.2003	73.700	105	105	108	105	23	130	131	136	131	22	236	23
	71	[B] SAHIL KUTLEHRIA	250	H.P.	25.11.1997	79.870	105	108	110	105	20	130	130	130	--		--	
	180	[A] PAWAN	285	HRN	09.09.1999	80.980	125	125	125	--		--	--	--	--		--	

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - NIRLEP SINGH [U.P.]
Left - GEETHA ANANDA [KRN]
Right - SARALA SHETTY [MHR]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 89 kg

Competition : 05.02.2020 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	349	[A] SAMBO LAPUNG	320	SSCB	06.03.1997	88.650	140	145	145	145	1	175	180	188	188	1	333	1
2	226	[A] R.V. RAHUL	320	RSPB	16.03.1997	88.900	137	141	144	144	2	173	179	183	179	2	323	2
3	18	[A] RAM KARAN PRAJAPATI	320	UKD	15.07.1998	89.000	135	138	138	138	4	171	176	176	176	3	314	3
4	189	[A] SANDEEP KUMAR	310	CHD	06.01.1996	88.900	135	139	142	139	3	167	171	171	171	4	310	4
5	17	[A] SUNIL KUMAR	290	HRN	11.11.1991	88.350	131	135	138	135	5	169	174	176	169	5	304	5
6	53	[A] MANISH	310	HRN	20.12.1998	88.770	132	135	135	132	6	166	166	171	166	7	298	6
7	13	[A] GURPREET RALH	285	PUN	23.05.1998	88.350	120	127	130	130	9	162	168	168	168	6	298	7
8	324	[A] NARENDRA SINGH	291	RAJ	08.04.1997	88.700	131	136	136	131	7	160	166	166	160	8	291	8
9	126	[A] SATISH RAJ	290	MHR	18.08.1992	83.680	125	130	131	131	8	155	165	165	155	9	286	9
10	76	[B] ASHOK KUMAR	258	M.P.	17.10.1987	87.870	121	126	130	126	10	147	147	147	147	10	273	10
11	85	[B] MANISH SHARMA	255	U.P.	05.08.1999	88.100	115	117	125	125	11	136	136	136	136	13	261	11
12	248	[B] JANIS ABBAS	250	KRL	17.01.2000	84.200	110	110	115	110	15	140	146	146	140	11	250	12
13	150	[B] TANUSH MEHTA	260	DEL	08.10.1994	87.790	111	114	114	111	13	136	136	139	136	12	247	13
14	313	[B] BHOLA SINGH	245	BHR	05.05.2004	88.800	110	110	117	110	16	135	135	140	135	14	245	14
	260	[B] ABHISHEK	260	H.P.	18.01.1998	82.000	110	115	119	115	12	136	136	136	--		--	
	63	[B] NINGANAGOWDA S.H.	250	KRN	26.06.2000	88.660	110	113	113	110	14	135	135	135	--		--	
	95	[A] H. KARTHIK	271	TEL	24.06.2003	87.630	115	115	115	--		--	--	--	--		--	
	72	[B] UJJWAL SHARMA	245	J.K.	24.07.2001	87.430	110	110	111	--		--	--	--	--		--	



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 89 kg

Competition : 05.02.2020 17:00

Weigh in : 15:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	245	[B] PANKAJ SAINI	265	H.P.	30.05.2001	85.220	110	110	110	--		--	--	--	--	--	--	
	40	[A] SATISH S.	310	GOA	10.03.1996	85.400	134	134	134	--		--	--	--	--	--	--	
	207	[B] VICKY	260	BHR	25.06.1998	88.160	125	125	125	--		--	--	--	--	--	--	
	200	[B] RAFEEQUE C.	235	KRL	06.04.1998	81.800	110	110	110	--		--	--	--	--	--	--	

BREAK RECORDS

SR SENIOR MEN 89 kg CLEAN&JERK : HARSHAD WADEKAR [RSPB] 187 ---> SAMBO LAPUNG [SSCB] 188

SR SENIOR MEN 89 kg CLEAN&JERK : SAMBO LAPUNG [SSCB] 188 ---> SAMBO LAPUNG [SSCB] 188

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - G RAJAKUMAR [TND]
Left - HARBANS SINGH [PUN]
Right - SANTOSH SINHASANE [MHR]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 96 kg

Competition : 06.02.2020 10:30

Weigh in : 8:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	230	[A] VIKAS THAKUR	330	SSCB	14.11.1993	95.730	147	151	154	154	1	185	192	198	192	1	346	1
2	24	[A] JAGDISH VISHWAKARMA	336	C.G.	11.08.1994	94.600	142	147	151	147	2	180	193	193	180	2	327	2
3	314	[A] SURESH KR. YADAV	320	ORS	23.08.1994	94.480	135	140	144	140	3	170	185	188	170	3	310	3
4	223	[A] SHIVAM SAINI	310	RSPB	25.05.1996	96.000	131	131	135	135	4	160	165	170	165	6	300	4
5	98	[A] HIMANSHU	285	PUN	06.10.1993	89.900	125	129	131	129	7	162	167	172	167	4	296	5
6	210	[A] JASWANT SINGH	280	U.P.	01.01.1990	93.720	128	133	137	133	5	155	160	165	160	9	293	6
7	57	[B] SAURAV GOGOI	275	ASM	01.03.1995	90.230	116	121	126	121	11	153	160	165	165	5	286	7
8	236	[A] AMAN	280	HRN	08.03.2003	95.480	120	125	125	125	9	161	169	169	161	7	286	8
9	80	[A] VIJENDRA SINGH	280	M.P.	05.08.1997	95.410	125	130	133	130	6	155	159	159	155	11	285	9
10	277	[A] B. SURESH	285	A.P.	23.06.1992	95.440	115	118	121	121	13	150	160	166	160	8	281	10
11	68	[B] RAKESH JENA	275	ORS	24.06.1994	95.580	120	120	125	125	8	155	155	155	155	10	280	11
12	279	[B] SACHIN SHINDE	280	MHR	27.08.1996	84.060	121	121	127	121	12	150	156	156	150	12	271	12
13	102	[B] BUNTI CHAUDHARY	265	U.P.	25.12.2001	89.910	116	120	120	120	14	141	146	150	146	13	266	13
	171	[B] P. KARTHICK	258	TND	15.02.1997	91.590	118	123	127	123	10	151	151	151	--		--	
	119	[B] BHEEM SINGH	260	UKD	05.10.1992	95.890	115	--	--	115	15	140	140	140	--		--	
	272	[B] PRINCE KUMAR	270	DEL	05.01.1996	94.490	115	117	117	115	16	140	140	--	--		--	
	127	[A] PREM NARAYAN	285	RAJ	02.07.1981	92.080	128	130	130	--		--	--	--	--		--	
	87	[B] CHHAGAN LAL	257	RAJ	29.01.1997	93.130	115	115	115	--		--	--	--	--		--	



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 96 kg

Competition : 06.02.2020 10:30

Weigh in : 8:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	288	[B] ASHWANI GURRA	255	CHD	15.07.2001	91.230	115	115	115	--		--	--	--	--		--	

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

- Center - SANTOSH SINHASANE [MHR]
Left - G RAJAKUMAR [TND]
Right - HARBANS SINGH [PUN]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 102 kg

Competition : 06.02.2020 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	151	[A] SHUBHAM	324	SSCB	10.06.1994	98.220	145	149	149	145	1	180	192	192	180	1	325	1
2	89	[A] ASHUTOSH KUMAR SINGH	320	UKD	17.12.1995	101.720	135	140	140	140	3	169	176	176	176	2	316	2
3	304	[A] VISHAL RAJWAR	320	UKD	04.07.1995	99.800	138	143	146	143	2	164	170	176	170	5	313	3
4	300	[A] KRISHNAKUMAR C.R.	300	KRL	17.05.1994	99.400	126	127	133	133	8	168	175	181	175	3	308	4
5	218	[A] SK. MD. ABUZAR ASLAM	300	A.P.	02.07.1995	99.600	127	132	137	137	4	163	170	177	170	4	307	5
6	172	[A] LUCKY MARKAM	310	C.G.	04.10.1994	101.450	130	134	137	137	5	160	165	166	166	7	303	6
7	9	[A] SARVANAN KUMAR	300	MHR	14.09.1996	100.480	130	130	136	130	10	160	167	171	167	6	297	7
8	278	[A] YATHISH SHETTY K.	295	KRN	04.09.1995	97.730	126	126	131	126	12	163	163	172	163	8	289	8
9	166	[A] IMRAN KHAN	290	M.P.	06.04.1994	101.780	128	133	137	133	7	155	160	160	155	9	288	9
10	297	[A] AKASH KAUSHAL	285	M.P.	27.12.2002	100.680	117	122	127	127	11	150	154	156	154	10	281	10
11	90	[A] S. ATHIYAPAN	270	TND	02.05.1994	99.500	118	125	130	125	13	150	157	157	150	12	275	11
12	118	[A] AMANDEEP SINGH	260	CHD	13.03.1990	101.100	117	117	117	117	14	152	157	157	152	11	269	12
	244	[A] MOHD. JAVED	285	U.P.	17.02.1997	101.490	131	134	134	134	6	152	152	152	--		--	
	261	[A] C.S. NIVESH	290	FCI	19.06.1997	101.300	125	130	133	130	9	158	158	158	--		--	

BREAK RECORDS

SR SENIOR MEN 102 kg SNATCH : PARDEEP SINGH [RSPB] 150 ---> PARDEEP SINGH [RSPB] 151

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - HARBANS SINGH [PUN]
Left - SANTOSH SINHASANE [MHR]
Right - G RAJAKUMAR [TND]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN 109 kg

Competition : 07.02.2020 09:00

Weigh in : 7:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	99	[A] CHANDRAKANT MALI	328	SSCB	28.08.1987	108.750	146	149	149	149	1	181	191	--	181	1	330	1
2	342	[A] V.A. CHRISTOPHER	320	RSPB	15.07.1986	108.950	135	140	144	140	3	165	171	176	176	2	316	2
3	132	[A] BHUPINDER SINGH	310	CHD	13.03.1994	108.560	134	134	137	134	7	168	174	183	174	3	308	3
4	202	[A] MOHIT TEAVITYA	311	U.P.	14.10.1992	107.160	136	141	141	136	4	165	171	177	171	5	307	4
5	298	[A] B.S.D. VISHNU VARDHAN	300	A.P.	14.06.1998	107.640	130	135	135	130	9	165	173	179	173	4	303	5
6	274	[A] MANISH KUMAR	300	AIPSCB	24.03.1998	108.430	129	134	138	134	6	166	178	--	166	6	300	6
7	174	[A] ASWIN MENON K.	300	KRL	18.04.1995	108.900	127	133	133	133	8	164	174	177	164	7	297	7
8	97	[A] CHAMPAK DUTTA	305	ASM	30.12.1995	108.130	122	127	127	122	11	163	163	166	163	8	285	8
9	270	[A] B. MUKESH	293	TND	29.03.1999	103.970	121	121	124	121	12	161	161	167	161	9	282	9
	137	[A] GURBHINDER SINGH	300	PUN	04.12.1996	108.340	142	147	149	147	2	161	161	161	--	--	--	--
	109	[A] V. PRABHAKAR	302	A.P.	29.12.1991	108.900	130	136	139	136	5	160	160	160	--	--	--	--
	271	[A] R. RAHUL DARSHAN	305	TEL	14.12.1990	109.000	125	125	130	125	10	165	165	165	--	--	--	--
	27	[A] BHAGWAN SINGH	265	RAJ	05.04.1986	108.980	120	120	124	120	13	--	--	--	--	--	--	--
	257	[A] DHARAMENDRA PALIWAL	300	M.P.	16.02.1984	106.780	135	135	135	--	--	--	--	--	--	--	--	--
	333	[A] MD. JAMEER HUSSAIN	340	ASM	03.04.1993	105.970	145	145	145	--	--	--	--	--	--	--	--	--
	251	[A] AKASH VIRDHY	310	J.K.	15.05.1994	108.900	140	140	142	--	--	--	--	--	--	--	--	--
	227	[A] SURAJ JOSHI	310	UKD	10.12.1993	106.920	135	135	135	--	--	--	--	--	--	--	--	--

BREAK RECORDS

SR SENIOR MEN 109 kg SNATCH : ANKIT CHHOKER [RSPB] 148 ---> CHANDRAKANT MALI [SSCB] 149

SR SENIOR MEN 109 kg SNATCH : CHANDRAKANT MALI [SSCB] 149 ---> CHANDRAKANT MALI [SSCB] 149

SR SENIOR MEN 109 kg CLEAN&JERK : ANKIT CHHOKER [RSPB] 176 ---> V.A. CHRISTOPHER [RSPB] 176

SR SENIOR MEN 109 kg CLEAN&JERK : V.A. CHRISTOPHER [RSPB] 176 ---> V.A. CHRISTOPHER [RSPB] 176

SR SENIOR MEN 109 kg CLEAN&JERK : V.A. CHRISTOPHER [RSPB] 176 ---> CHANDRAKANT MALI [SSCB] 181

SR SENIOR MEN 109 kg CLEAN&JERK : CHANDRAKANT MALI [SSCB] 181 ---> CHANDRAKANT MALI [SSCB] 181

SR SENIOR MEN 109 kg TOTAL : ANKIT CHHOKER [RSPB] 324 ---> CHANDRAKANT MALI [SSCB] 330

SR SENIOR MEN 109 kg TOTAL : CHANDRAKANT MALI [SSCB] 330 ---> CHANDRAKANT MALI [SSCB] 330

SR SENIOR MEN 109 kg TOTAL : CHANDRAKANT MALI [SSCB] 330 ---> CHANDRAKANT MALI [SSCB] 330

SR SENIOR MEN 109 kg TOTAL : CHANDRAKANT MALI [SSCB] 330 ---> CHANDRAKANT MALI [SSCB] 330

SR SENIOR MEN 109 kg TOTAL : CHANDRAKANT MALI [SSCB] 330 ---> CHANDRAKANT MALI [SSCB] 330

SR SENIOR MEN 109 kg TOTAL : CHANDRAKANT MALI [SSCB] 330 ---> CHANDRAKANT MALI [SSCB] 330

SR SENIOR MEN 109 kg TOTAL : CHANDRAKANT MALI [SSCB] 330 ---> CHANDRAKANT MALI [SSCB] 330

Technical Controller

1. PRADEEP YADAV [U.P.]
2. TRUPTI PARASHER [MHR]

Secretary

1. PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR MEN +109 kg

Competition : 07.02.2020 11:30

Weigh in : 9:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	60	[A] GURDEEP SINGH	340	RSPB	01.10.1995	150.900	150	157	162	162	1	197	205	212	205	2	367	1
2	36	[A] VIPAN KUMAR	340	SSCB	30.01.1994	156.400	152	158	163	158	2	195	205	210	205	1	363	2
3	294	[A] JASPREET SINGH	350	AIPSCB	05.10.1992	132.200	152	152	156	156	3	185	198	202	185	3	341	3
4	312	[A] KEDAR SATPUTE	330	RSPB	22.05.1994	140.800	141	150	150	141	5	172	185	201	185	4	326	4
5	103	[A] AVINASH	300	PUN	20.08.2000	120.300	140	145	148	148	4	152	160	160	160	9	308	5
6	164	[A] VISHAL SAVAGAVE	310	NGL	05.06.1994	114.300	136	138	142	138	7	162	166	172	166	5	304	6
7	179	[A] VIPIN KUMAR	290	UKD	30.05.1988	109.100	132	137	141	141	6	161	161	162	162	7	303	7
8	181	[A] GURPREET SINGH	310	GOA	19.11.1992	130.500	130	130	137	130	11	165	175	175	165	6	295	8
9	196	[A] MOHNISH SHARMA	275	CHD	08.08.1994	111.500	130	136	139	136	8	156	162	163	156	10	292	9
10	5	[A] HITESH KUMAR	310	HRN	12.09.1997	124.350	130	140	--	130	10	160	--	--	160	8	290	10
	175	[A] SHYOPAT SINGH	310	RAJ	17.11.1989	121.150	135	140	140	135	9	--	--	--	--		--	

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

- Center - G RAJAKUMAR [TND]
Left - HARBANS SINGH [PUN]
Right - SANTOSH SINHASANE [MHR]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 45 kg

Competition : 03.02.2020 15:00

Weigh in : 13:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	29	[A] JHILLI DALABEHERA	160	RSPB	03.02.1999	44.780	67	69	71	69	1	88	91	93	91	2	160	1
2	195	[A] M.V. THUSHMITA	160	RSPB	15.10.1996	45.000	66	69	69	66	4	89	93	93	93	1	159	2
3	339	[A] H. JINARANI DEVI	157	MNP	15.12.1996	44.050	63	66	69	66	6	87	91	91	91	3	157	3
4	201	[A] POOJA GUPTA	152	U.P.	08.10.1998	44.740	64	67	67	67	3	85	89	89	85	4	152	4
5	340	[A] DIPALI GURSALE	155	MHR	10.11.1996	44.890	65	65	69	69	2	82	82	86	82	6	151	5
6	330	[A] CHANDRIKA TARAFDAR	140	W.B.	12.10.1996	44.740	62	62	65	65	7	83	87	87	83	5	148	6
7	162	[A] VEENA THAKUR	135	C.G.	19.03.1998	44.520	60	60	63	63	8	81	81	84	81	7	144	7
8	160	[A] SAKSHI MAHSKE	155	MHR	23.03.2001	44.890	63	66	69	66	5	76	81	81	76	9	142	8
9	22	[A] TECHI NADAM	130	ARN	25.03.1999	45.000	55	57	59	57	9	75	78	81	78	8	135	9
10	59	[A] B. JYOTHI	123	A.P.	03.01.2004	43.960	50	54	56	56	10	63	67	70	70	10	126	10
11	105	[A] MANISH KUMARI	130	H.P.	22.07.1995	42.190	55	55	62	55	11	65	67	70	67	12	122	11
12	1	[A] SANDHYA RANI NAYAK	115	ORS	04.04.2003	44.980	50	50	53	50	12	64	68	70	68	11	118	12

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

- Center - SANTOSH SINHASANE [MHR]
Left - G RAJAKUMAR [TND]
Right - HARBANS SINGH [PUN]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 49 kg

Competition : 04.02.2020 13:00

Weigh in : 11:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	258	[A] SAIKHOM MIRABAI CHANU	200	RSPB	08.08.1994	48.920	85	88	90	88	1	111	115	117	115	1	203	1
2	321	[A] KH. SANJITA CHANU	195	RSPB	02.01.1994	49.000	80	80	85	80	2	105	110	110	105	2	185	2
3	322	[A] T. PRIYADARSHINI	160	TEL	03.03.2000	46.760	65	70	70	70	3	90	94	98	98	3	168	3
4	51	[A] EPHAM QUASAR KHANAM	175	ARN	25.03.2001	48.960	69	73	73	69	4	90	90	94	90	5	159	4
5	110	[A] KH. ROSHIBINA DEVI	162	MNP	05.03.2001	48.680	63	67	70	67	6	87	91	94	91	4	158	5
6	83	[A] SUSHILA MAJHI	150	ORS	25.01.1995	48.620	64	68	71	68	5	85	88	92	88	6	156	6
7	198	[A] CHETANA GHOJAGE	160	MHR	05.08.1996	48.660	66	70	70	66	7	83	86	88	86	7	152	7
8	152	[A] P. AKILA	133	TND	16.01.2001	48.620	55	60	65	60	9	78	81	--	81	8	141	8
9	315	[A] V. RITHIKA	130	TND	25.07.2004	48.950	55	60	63	60	10	70	75	--	70	9	130	9
10	280	[A] KHNBS MANIKANTESWARI	135	A.P.	07.05.1998	48.780	55	58	61	61	8	68	68	71	68	10	129	10
	334	[A] MONIKA DHARUW	135	C.G.	05.08.2000	48.080	59	59	62	59	11	75	75	75	--		--	
	291	[A] DHAPU LOHAR	116	RAJ	28.01.1994	48.680	49	52	52	49	12	67	--	--	--		--	

BREAK RECORDS

SR SENIOR WOMEN 49 kg SNATCH : S. MIRABAI CHANU [RSPB] 87 ---> SAIKHOM MIRABAI CHANU [RSPB] 88

SR SENIOR WOMEN 49 kg CLEAN&JERK : S. MIRABAI CHANU [RSPB] 114 ---> SAIKHOM MIRABAI CHANU [RSPB] 115

SR SENIOR WOMEN 49 kg TOTAL : S. MIRABAI CHANU [RSPB] 201 ---> SAIKHOM MIRABAI CHANU [RSPB] 203

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - SARALA SHETTY [MHR]
Left - NIRLEP SINGH [U.P.]
Right - GEETHA ANANDA [KRN]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 55 kg

Competition : 04.02.2020 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	26	[A] MANALISHA SONOWAL	165	AIPSCB	01.01.1995	54.620	75	78	81	81	1	95	99	103	99	2	180	1
2	58	[A] PH. RANIBALA DEVI	173	MNP	10.02.1998	53.720	78	81	81	81	2	95	98	102	98	5	179	2
3	328	[A] MANDEEP	180	HRN	10.04.1997	54.800	76	80	80	80	3	99	99	103	99	3	179	3
4	293	[A] S. BINDYARANI DEVI	175	MNP	27.01.1999	51.150	72	72	75	75	6	95	100	105	100	1	175	4
5	163	[A] B. USHA	170	A.P.	30.03.1991	53.360	74	77	79	79	4	95	95	95	95	7	174	5
6	240	[A] GAURI PANDEY	177	U.P.	15.06.1998	54.900	70	75	77	75	5	98	104	105	98	4	173	6
7	133	[A] SNEHA SOREN	165	ORS	02.01.2001	51.390	69	72	74	72	10	95	95	99	95	6	167	7
8	77	[B] PRAMILA KRISANI	160	ORS	09.01.1996	52.560	67	71	73	71	12	89	94	94	94	8	165	8
9	320	[A] HARSHDEEP KAUR	170	PUN	25.08.1994	54.840	74	74	74	74	7	91	97	97	91	10	165	9
10	239	[B] SHRABANI DAS	145	W.B.	16.03.2002	54.960	65	68	70	70	14	85	89	93	93	9	163	10
11	283	[A] LAKSHMI B.	163	KRN	25.06.1998	54.890	73	76	76	73	8	90	94	94	90	11	163	11
12	332	[A] G. SINDHU	166	TEL	06.08.1998	54.980	65	68	72	72	11	89	89	94	89	12	161	12
13	32	[B] ABHIRAMI P. MATHEW	160	KRL	21.03.2000	53.800	68	68	72	72	9	87	91	91	87	13	159	13
14	329	[B] DIPTI SAIKIA	135	RAJ	06.05.1995	54.310	63	68	71	71	13	76	82	82	82	15	153	14
15	331	[B] B. KRISHNA KALA	150	TEL	15.05.2000	51.200	62	66	66	62	16	85	89	89	85	14	147	15
16	130	[B] VANLALRINMAWII	140	MIZ	18.11.2001	51.980	58	63	63	63	15	72	77	77	77	16	140	16
17	253	[B] PREETHIKA D.	125	KRN	18.01.1998	53.690	52	57	62	57	17	72	76	76	76	17	133	17
18	92	[B] KIRAN POTAI	132	C.G.	24.08.1996	50.060	52	55	57	55	18	72	74	--	72	18	127	18



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 55 kg

Competition : 04.02.2020 16:00

Weigh in : 14:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
19	211	[B] K. NANDHINI	126	TND	01.07.1998	52.250	53	53	56	53	19	72	75	--	72	19	125	19
20	275	[B] GOPIKA V.S.	120	KRL	12.11.2000	54.000	52	52	52	52	20	72	72	72	72	20	124	20

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - P.A. JOSE [KRL]
Left - PRAMOD CHOLKAR [MHR]
Right - K. SURYANARAYANA [A.P.]
Reserve - GOPAL LAL SHARMA [RAJ]

Chief Marshal

- RAMESH PADHY [ORS]
 - RAJKUMAR JAMWAL [HIMACHAL P]
- ### Time Keeper
- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
 - TRUPTI PARASHER [MHR]
- ### Secretary
- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 59 kg

Competition : 04.02.2020 19:00

Weigh in : 17:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	158	[A] E. DEEXITHA	200	RSPB	25.09.1997	58.870	85	88	90	88	2	109	115	120	115	1	203	1
2	209	[A] POPY HAZARIKA	190	ASM	08.12.1998	56.270	88	91	94	94	1	108	113	113	108	4	202	2
3	187	[A] DAVINDER KAUR	180	PUN	11.03.1995	58.500	80	84	87	84	3	105	109	114	114	2	198	3
4	208	[A] K. SHIREESHA	200	RSPB	19.06.1993	58.950	82	87	87	82	5	102	109	114	109	3	191	4
5	140	[A] RUPA HANAGANDI	180	MHR	22.05.1998	58.810	80	80	80	80	6	101	106	106	106	5	186	5
6	11	[A] AMANDEEP KAUR	186	PUN	15.09.1994	58.330	81	84	86	84	4	101	101	106	101	6	185	6
7	100	[A] P. SAKHENBI DEVI	170	MNP	03.04.1998	58.690	75	80	80	75	7	95	100	100	95	7	170	7
8	52	[A] V. DHANA LAKSHMI	150	A.P.	28.11.2001	58.820	65	70	70	70	9	85	90	93	90	9	160	8
9	229	[A] K. PRIYATHARSHINI	152	TND	07.02.2000	55.560	60	64	64	64	11	87	92	95	92	8	156	9
10	82	[B] P. PADMAVATHI	148	A.P.	07.12.1998	58.720	60	65	70	70	8	80	85	85	80	11	150	10
11	306	[B] B. GANGOTHRI	130	TEL	18.06.2004	57.600	55	60	60	60	16	82	82	85	82	10	142	11
12	286	[B] SONALI YADU	140	C.G.	19.09.2002	56.270	60	64	64	60	13	80	83	83	80	12	140	12
13	173	[B] SUSHMA DHIMAR	140	C.G.	14.09.2000	57.100	55	60	65	60	15	72	79	79	79	13	139	13
14	157	[B] SANGEETA PADHY	142	ORS	21.03.2003	58.620	61	65	68	65	10	73	76	77	73	16	138	14
15	222	[B] TANUSHREE MONDAL	140	W.B.	28.02.2003	55.340	57	61	66	61	12	75	81	81	75	15	136	15
16	64	[B] POOJA POOJARY	130	KRN	16.06.1999	56.140	55	60	63	60	14	72	76	80	76	14	136	16
17	243	[B] SANIGA P.V.	124	KRL	12.10.1998	58.040	52	57	62	57	17	72	72	76	72	17	129	17
	45	[B] SATROOPA KUSHWAHA	124	M.P.	18.02.2000	58.820	52	55	55	55	18	72	72	72	--		--	



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 59 kg

Competition : 04.02.2020 19:00

Weigh in : 17:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
	81	[B] ARTI VERMA	124	RAJ	12.01.1994	56.450	52	--	--	52	19	72	72	--	--	--	--	

BREAK RECORDS

SR SENIOR WOMEN 59 kg SNATCH : DAVINDER KAUR [PUN] 87 ---> E. DEEXITHA [RSPB] 88

SR SENIOR WOMEN 59 kg SNATCH : E. DEEXITHA [RSPB] 88 ---> E. DEEXITHA [RSPB] 88

SR SENIOR WOMEN 59 kg SNATCH : E. DEEXITHA [RSPB] 88 ---> POPY HAZARIKA [ASM] 94

SR SENIOR WOMEN 59 kg CLEAN&JERK : E. DEEXITHA [TEL] 115 ---> E. DEEXITHA [RSPB] 115

SR SENIOR WOMEN 59 kg CLEAN&JERK : E. DEEXITHA [RSPB] 115 ---> E. DEEXITHA [RSPB] 115

SR SENIOR WOMEN 59 kg TOTAL : E. DEEXITHA [TEL] 200 ---> POPY HAZARIKA [ASM] 202

SR SENIOR WOMEN 59 kg TOTAL : POPY HAZARIKA [ASM] 202 ---> E. DEEXITHA [RSPB] 203

SR SENIOR WOMEN 59 kg TOTAL : E. DEEXITHA [RSPB] 203 ---> E. DEEXITHA [RSPB] 203

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - SANTOSH SINHASANE [MHR]
Left - G RAJAKUMAR [TND]
Right - HARBANS SINGH [PUN]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 64 kg

Competition : 05.02.2020 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	194	[A] RAKHI HALDER	210	RSPB	06.07.1993	63.800	88	91	93	93	1	117	121	125	117	1	210	1
2	217	[A] HARJINDER KAUR	200	CHD	14.10.1996	63.810	85	85	90	90	2	110	115	115	110	2	200	2
3	14	[A] K. ROSHILATA DEVI	185	MNP	11.07.1999	62.410	80	80	83	80	4	105	107	110	107	3	187	3
4	205	[B] S. NIRUPAMA DEVI	170	ARN	05.10.2000	63.950	75	80	83	80	3	100	105	108	105	4	185	4
5	345	[A] SHIVANI MORE	175	MHR	12.02.1999	59.640	73	76	76	76	7	95	99	103	103	5	179	5
6	39	[A] SARASWATI ROUT	170	ORS	10.06.1995	62.020	73	76	79	76	6	95	95	97	95	7	171	6
7	67	[A] SUKARNA ADAK	170	W.B.	29.09.2003	60.450	70	75	80	75	8	95	100	100	95	6	170	7
8	37	[B] DEBAKI KHILLA	150	ORS	27.03.2002	63.510	62	66	68	66	11	86	89	92	89	8	155	8
9	267	[B] R. RAMYA	155	A.P.	08.06.1994	63.520	60	65	68	68	10	80	85	88	85	9	153	9
10	249	[B] SONAM	159	U.P.	05.07.1999	62.960	64	69	74	69	9	81	--	--	81	10	150	10
11	268	[B] NAGASHREE	140	KRN	12.03.2001	62.540	60	60	64	60	15	80	80	80	80	11	140	11
12	116	[B] GAGANDEEP KAUR	135	RAJ	05.10.1999	61.530	58	65	65	58	16	78	82	85	78	12	136	12
	255	[A] SWATI	180	HRN	13.02.1995	62.400	78	78	81	78	5	105	105	105	--		--	
	168	[B] T. THANIJA	137	TND	19.01.2001	60.330	58	62	65	62	12	78	78	--	--		--	
	111	[B] KAJAL CHAUDHARY	150	H.P.	07.07.2002	60.090	58	58	62	62	13	78	--	--	--		--	
	123	[B] RAKSHA DEVI	150	H.P.	08.08.1996	63.950	57	60	62	60	14	78	--	--	--		--	
	79	[A] KH. NUNGSHITON CHANU	185	MNP	02.03.1998	59.630	83	83	83	--		--	--	--	--		--	

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - K. SURYANARAYANA [A.P.]
Left - GOPAL LAL SHARMA [RAJ]
Right - P.A. JOSE [KRL]
Reserve - PRAMOD CHOLKAR [MHR]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 71 kg

Competition : 05.02.2020 18:30

Weigh in : 16:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	290	[A] LALCHHANHIMI	210	MIZ	14.04.1992	70.990	90	90	95	95	1	116	116	122	122	1	217	1
2	62	[A] POOJA YADAV	200	U.P.	15.07.1996	69.690	85	88	90	90	2	105	108	108	108	4	198	2
3	326	[A] POMPI SAIKIA	195	AIPSCB	09.01.1996	68.600	84	88	90	88	3	103	108	108	108	3	196	3
4	28	[A] MANPREET KAUR	200	AIPSCB	02.01.1996	70.480	83	86	89	86	4	110	110	115	110	2	196	4
5	33	[A] KH. SARJUBALA	190	MNP	10.01.1999	69.010	83	86	90	86	5	104	104	110	104	5	190	5
6	177	[A] NIKEETA KALE	175	MHR	22.07.2000	68.040	75	80	82	82	6	98	102	105	102	6	184	6
7	56	[A] SNEHA M.S.	170	KRL	25.02.1996	67.410	72	76	80	76	7	95	100	100	100	7	176	7
8	254	[A] ANJANA SREEJITH	160	KRL	25.02.2003	67.510	68	72	76	76	8	88	94	100	94	9	170	8
9	193	[A] PH. ROSHNI	175	ARN	12.08.2000	69.580	75	79	80	75	9	95	100	100	95	8	170	9
10	143	[A] KOMAL GUPTA	140	C.G.	25.02.1996	69.900	59	65	67	67	10	80	84	88	84	10	151	10
11	343	[A] RADHIKA	138	H.P.	22.08.2000	69.380	58	62	65	65	11	80	83	83	80	11	145	11
	234	[A] POOJA	138	H.P.	23.06.1996	70.060	58	58	60	60	12	80	--	--	--		--	

BREAK RECORDS

SR SENIOR WOMEN 71 kg SNATCH : LALCHHANHIMI [MIZ] 93 ---> LALCHHANHIMI [MIZ] 95

SR SENIOR WOMEN 71 kg CLEAN&JERK : LALCHHANHIMI [MIZ] 115 ----> LALCHHANHIMI [MIZ] 122

SR SENIOR WOMEN 71 kg TOTAL : LALCHHANHIMI [MIZ] 207 ----> LALCHHANHIMI [MIZ] 217

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

- Center - PRAMOD CHOLKAR [MHR]
Left - K. SURYANARAYANA [A.P.]
Right - GOPAL LAL SHARMA [RAJ]
Reserve - P.A. JOSE [KRL]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 76 kg

Competition : 06.02.2020 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	199	[A] R. AROCKIYA ALISH	180	TND	05.11.2000	74.170	80	85	89	89	1	110	118	123	118	1	207	1
2	264	[A] A. TUMINA DEVI	175	MNP	26.01.1999	74.980	75	80	83	83	2	100	104	104	104	3	187	2
3	43	[A] SWATHI KISHOR	180	KRL	09.02.1998	73.050	76	76	77	77	6	102	106	111	106	2	183	3
4	44	[A] OINAM GEETA DEVI	170	ARN	26.10.1993	74.150	75	78	78	78	4	98	101	101	98	4	176	4
5	144	[A] NEELAM PATEL	177	U.P.	10.12.1991	74.760	73	77	77	77	5	95	95	101	95	5	172	5
6	96	[A] ANUSHA S.P.	150	KRN	03.07.2000	74.080	60	64	68	68	7	85	85	88	85	8	153	6
7	128	[A] NICEMOL THOMAS	145	KRL	09.12.1999	74.110	63	63	67	67	8	85	88	88	85	6	152	7
8	167	[A] MANEESHA SHARMA	145	H.P.	18.02.1993	74.530	60	66	66	60	10	85	90	90	85	7	145	8
	42	[A] N. LALITHA	180	A.P.	13.05.1996	75.990	78	78	82	82	3	98	98	98	--		--	
	169	[A] MANISHA	145	H.P.	14.11.1997	73.900	60	65	68	65	9	85	85	85	--		--	

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - P.A. JOSE [KRL]
Left - PRAMOD CHOLKAR [MHR]
Right - K. SURYANARAYANA [A.P.]
Reserve - GOPAL LAL SHARMA [RAJ]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 81 kg

Competition : 05.02.2020 11:00

Weigh in : 9:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	114	[A] BALJINDER KAUR	190	CHD	18.05.1985	76.310	77	81	83	83	3	108	112	115	112	1	195	1
2	131	[A] T. DHARSHINI	185	TND	31.12.1998	76.300	85	90	90	85	1	105	109	109	109	2	194	2
3	66	[A] SWAPNA PRIYA BARUAH	180	ASM	24.09.1996	80.890	78	81	84	84	2	105	105	108	108	3	192	3
4	191	[A] JASMAIL KAUR	170	DEL	28.04.1991	80.190	75	80	84	80	5	98	104	111	104	5	184	4
5	61	[A] AKSHATA BASAVANT KAMATI	185	KRN	02.08.1999	80.560	75	75	78	75	9	107	115	118	107	4	182	5
6	350	[A] VAISHALI SHARMA	185	DEL	07.07.1995	78.280	78	78	78	78	6	97	102	106	102	6	180	6
7	70	[A] RAJESWARI BEHERA	180	ORS	05.05.1997	77.570	77	81	84	81	4	96	96	96	96	9	177	7
8	161	[A] SHASHI YADAV	175	U.P.	17.09.1993	79.350	77	81	81	77	7	95	99	99	99	8	176	8
9	259	[A] MAYURI DEVARE	182	MHR	28.02.1999	80.390	75	79	79	75	8	92	97	101	101	7	176	9
10	289	[A] CHRISTINA TAYENG	155	ARN	11.07.1998	80.690	65	69	72	72	10	87	87	90	90	11	162	10
11	84	[A] T. SATYAJYOTHI	165	A.P.	30.08.1998	78.650	70	75	75	70	12	90	95	95	90	10	160	11
12	285	[A] MUNNI	160	HRN	05.02.1995	80.870	64	68	71	71	11	87	87	89	87	13	158	12
13	262	[A] PRATHIBHA KUMARI M.P.	155	KRL	17.05.2001	76.050	63	66	70	66	14	87	91	91	87	12	153	13
	30	[A] SHALINI	160	H.P.	06.11.1997	76.900	63	63	67	67	13	87	87	87	--		--	

Jury

- HANSA SHARMA, CHAIRMAN [UKD]
- BHABAJYOTI GOSWAMI, MEMBER [ASM]
- RVLN RATNAKAR RAO, MEMBER [A.P.]

Referee

- Center - NIRLEP SINGH [U.P.]
Left - GEETHA ANANDA [KRN]
Right - SARALA SHETTY [MHR]

Chief Marshal

- RAMESH PADHY [ORS]
- RAJKUMAR JAMWAL [HIMACHAL P]

Time Keeper

- KHUSHBU YADAV [U.P.]

Technical Controller

- PRADEEP YADAV [U.P.]
- TRUPTI PARASHER [MHR]

Secretary

- PRAMOD SHETTY [KRN]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN 87 kg

Competition : 06.02.2020 18:30

Weigh in : 16:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	156	[A] P. ANURADHA	205	AIPSCB	25.05.1992	85.720	91	94	97	97	1	116	116	122	122	1	219	1
2	35	[A] MADHUSMITA BARUAH	190	ASM	01.02.1999	85.910	87	87	87	87	3	113	113	115	113	2	200	2
3	34	[A] KOMAL WAKLE	200	MHR	01.11.1990	85.310	84	88	88	88	2	101	107	112	107	4	195	3
4	281	[A] B.N. USHA	210	RSPB	02.04.1995	87.000	85	89	89	85	4	110	116	116	110	3	195	4
5	325	[A] M. OOHA SAI	170	A.P.	18.02.1997	85.840	68	72	74	74	6	98	105	105	98	5	172	5
6	247	[A] BANITA GHADAI	165	ORS	15.06.1998	82.650	67	72	74	74	5	90	95	95	90	7	164	6
7	347	[A] USHA S.R.	160	KRN	21.08.2000	84.990	68	68	68	68	7	90	95	98	95	6	163	7

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

- Center - GOPAL LAL SHARMA [RAJ]
Left - P.A. JOSE [KRL]
Right - PRAMOD CHOLKAR [MHR]
Reserve - K. SURYANARAYANA [A.P.]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL

2/2/2019 to 8/2/2020



RESULT SENIOR WOMEN +87 kg

Competition : 06.02.2020 18:30

Weigh in : 16:30

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	235	[A] MONIKA	210	RSPB	13.11.1992	114.860	90	93	95	95	1	110	115	120	115	3	210	1
2	88	[A] ASHWINI MALAGE	205	MHR	24.08.1998	106.270	85	89	92	89	2	112	116	119	119	1	208	2
3	282	[A] JASBIR KAUR	200	PUN	08.08.1988	100.800	89	89	93	89	3	112	117	120	117	2	206	3
4	159	[A] ANNMARIYA M.T.	190	KRL	21.08.1998	109.140	83	83	84	84	5	105	112	118	105	4	189	4
5	335	[A] T. SEETHA BHAWANI	175	A.P.	27.11.1993	94.370	70	75	75	75	7	95	101	110	101	5	176	5
6	269	[A] MEHAK SHARMA	155	H.P.	01.04.1995	107.320	70	75	80	75	6	90	95	100	100	6	175	6
	3	[A] MANPREET KAUR	195	PUN	15.09.1989	112.290	88	91	91	88	4	114	114	115	--		--	
	204	[A] T. SUKANYA	164	TEL	15.12.1995	87.200	74	78	78	74	8	90	90	90	--		--	

BREAK RECORDS

SR SENIOR WOMEN +87 kg CLEAN&JERK : PARDEEP KAUR [PUN] 110 ----> MONIKA [RSPB] 115
SR SENIOR WOMEN +87 kg CLEAN&JERK : MONIKA [RSPB] 115 ----> MONIKA [RSPB] 115
SR SENIOR WOMEN +87 kg CLEAN&JERK : MONIKA [RSPB] 115 ----> JASBIR KAUR [PUN] 117
SR SENIOR WOMEN +87 kg CLEAN&JERK : JASBIR KAUR [PUN] 117 ----> ASHWINI MALAGE [MHR] 119
SR SENIOR WOMEN +87 kg TOTAL : PARDEEP KAUR [PUN] 194 ----> JASBIR KAUR [PUN] 206
SR SENIOR WOMEN +87 kg TOTAL : JASBIR KAUR [PUN] 206 ----> ASHWINI MALAGE [MHR] 208
SR SENIOR WOMEN +87 kg TOTAL : ASHWINI MALAGE [MHR] 208 ----> MONIKA [RSPB] 210
SR SENIOR WOMEN +87 kg TOTAL : MONIKA [RSPB] 210 ----> MONIKA [RSPB] 210

Jury

1. B. VENKATRAMAIAH, CHAIRMAN [A.P.]
2. SHYAMALA SHETTY, MEMBER [KRN]
3. NARAYAN SAHU, MEMBER [ORS]
4. PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

Referee

Center - GOPAL LAL SHARMA [RAJ]
Left - P.A. JOSE [KRL]
Right - PRAMOD CHOLKAR [MHR]
Reserve - K. SURYANARAYANA [A.P.]

Chief Marshal

1. YOGENDRA [U.P.]
2. PRASHANT BENDRE [MHR]

Time Keeper

1. BIKU SARITA [ARN]

Technical Controller

1. AMARNATH TYAGI [U.P.]
2. SANGEETA CHHABRA [UKD]

Secretary

1. MADAN LAL SALVI [RAJ]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL



2/2/2019 to 8/2/2020

GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

HANSA SHARMA, CHAIRMAN [UKD] *President of Jury
BHABAJYOTI GOSWAMI, MEMBER [ASM]
RVLN RATNAKAR RAO, MEMBER [A.P.]

JURY Member Group 2 :

B. VENKATRAMAIAH, CHAIRMAN [A.P.] *President of Jury
SHYAMALA SHETTY, MEMBER [KRN]
NARAYAN SAHU, MEMBER [ORS]
PAL SINGH SANDHU, RESERVE MEMBER [U.P.]

REFEREE Member Group 1 :

G RAJAKUMAR [TND]
HARBANS SINGH [PUN]
SANTOSH SINHASANE [MHR]

REFEREE Member Group 2 :

P.A. JOSE [KRL]
GOPAL LAL SHARMA [RAJ]
PRAMOD CHOLKAR [MHR]
K. SURYANARAYANA [A.P.]

REFEREE Member Group 3 :

GEETHA ANANDA [KRN]
SARALA SHETTY [MHR]
NIRLEP SINGH [U.P.]



72ND MEN AND 35TH WOMEN SENIOR NATIONAL WEIGHTLIFTING CHAMPIONSHIPS

KOLKATA - WEST BENGAL



2/2/2019 to 8/2/2020

GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

RAMESH PADHY [ORS]
RAJKUMAR JAMWAL [HIMACHAL P]

CHIEF MARSHAL Member Group 2 :

YOGENDRA [U.P.]
PRASHANT BENDRE [MHR]

TIMEKEEPER Member Group 1 :

KHUSHBU YADAV [U.P.]

TIMEKEEPER Member Group 2 :

BIKU SARITA [ARN]

TECHNICAL CONTROLLER Member Group 1 :

PRADEEP YADAV [U.P.]
TRUPTI PARASHER [MHR]

TECHNICAL CONTROLLER Member Group 2 :

AMARNATH TYAGI [U.P.]
SANGEETA CHHABRA [UKD]

SECRETARY Member Group 1 :

PRAMOD SHETTY [KRN]

SECRETARY Member Group 2 :

MADAN LAL SALVI [RAJ]

TECHNICAL DELEGATE Member Group 1 :

SAHDEV YADAV, SECRETARY GEN. IWLF [IWLF]

COMPETITION DIRECTOR Member Group 1 :

PAL SINGH SANDHU [U.P.]

SPEAKER Member Group 1 :

KRISHNARAJ K. [KRN]

FOP INCHARGE Member Group 1 :

YASHPAL SINGH [U.P.]

RESERVE REFEREE Member Group 1 :

RAJESH JANGHEL [C.G.]

TSR OPERATOR Member Group 1 :

AJAY KUMAR DAS [SSCB]
SUNEET CHOPRA [IWLF]
PURAN BHATT [IWLF]

SPEAKER Member Group 2 :

NARENDRA SHARMA [U.P.]

RESERVE REFEREE Member Group 2 :

MINU TAJO [ARN]