

भारतीय भारोत्तोलन संघ Indian Weightlifting Federation



Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,
Commonwealth Weightlifting Federation and Indian Olympic Association
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

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All affiliated States / Units
and Executive Members
of Indian Weightlifting Federation

Sub.: Revision of minimum qualifying standard for participation of athletes during 15th Youth (Sub-Junior Boys & Girls) and 56th Men & 32nd Women Junior National Weightlifting Championships-2019-20 at Bodh Gaya (Bihar) from 13-22 October 2019 and during 72nd Men & 35th Women Senior National Weightlifting Championships-2019-20 at Kolkata, West Bengal from 2nd to 8th February 2020.

Dear All,

As per resolution adopted in the Annual General Council Meeting held at Visakhapatnam (Andhra Pradesh) on 22nd February 2019, the revised qualifying standard for participation of athletes in the subject Championships are as under:-

Weight Category	Youth (Boys)			Junior (Men)			Senior (Men)		
	Snatch	C&J	Total	Snatch	C&J	Total	Snatch	C&J	Total
49 kg	62	85	147						
55 kg	66	96	162	84	112	196	90	112	202
61 kg	80	103	183	90	120	210	94	119	213
67 kg	85	118	203	95	130	225	99	125	224
73 kg	88	115	203	100	130	230	105	129	234
81 kg	85	110	195	105	135	240	107	132	239
89 kg	90	110	200	106	136	242	111	137	248
96 kg	85	110	195	106	137	243	118	145	263
102 kg	90	115	205	100	135	235	120	147	267
+102 kg	90	116	206						
109 kg				100	132	232	121	150	271
+109 kg				100	133	233	127	155	282

Weight Category	Youth (Girls)			Junior (Women)			Senior (Women)		
	Snatch	C&J	Total	Snatch	C&J	Total	Snatch	C&J	Total
40 kg	27	37	64						
45 kg	35	47	82	47	64	111	47	65	112
49 kg	50	62	112	51	69	120	50	68	118




Weight Category	Youth (Girls)			Junior (Women)			Senior (Women)		
	Snatch	C&J	Total	Snatch	C&J	Total	Snatch	C&J	Total
55 kg	52	63	115	55	75	130	55	75	130
59 kg	50	60	110	58	76	134	55	76	131
64 kg	45	55	100	60	79	139	58	79	137
71 kg	43	55	98	58	79	137	60	82	142
76 kg	46	58	104	59	79	138	62	87	149
81 kg	48	57	105	61	78	139	64	90	154
+81 kg	48	58	106						
87 kg				55	78	133	66	91	157
+87 kg				57	78	135	66	92	158

N.B.:- If any State Association does not qualify with the minimum starting weight in any weight category whatsoever, such State Associations will be allowed with 1 WILD Card Entry, each in Men and Women section.

Kindly take a note of it.

Yours Sincerely,


[Sandeep Yadav]
Secretary General

